



ROOTED

FREQUENTLY ASKED QUESTIONS



About Rooted

- **What is Rooted?**

Rooted is a life-changing, [10-week small group experience](#) designed to help you grow deeper in your relationship with God, build meaningful connections with others, and discover how your faith fits into everyday life. Each week, you'll meet for two hours with a small group of people where you'll explore the Bible, engage in prayer, have honest conversations, and practice spiritual rhythms inspired by the early church in Acts 2.

Rooted creates space to ask questions, share your story, and experience God in a personal and powerful way. Throughout the week, you'll use a Participant Guide that includes five short daily devotionals, helping you stay connected and reflect on what you're learning between group meetings.

Rooted is for anyone—whether you're new to faith, returning to church, or looking to deepen your spiritual walk. Many groups naturally continue meeting after the 10 weeks, forming ongoing small groups and friendships that last well beyond the Rooted experience.

- **Why is Rooted right for me?**

Rooted is designed for everyone who wants to grow in their faith, connect with others, and explore the Bible. If you don't have a relationship with Jesus, are a new believer, or have been following Jesus for years, Rooted is a great next step for you. Rooted is more than a Bible study—it's a journey that can spark real life change, build a strong foundation for your faith, and serve as the on-ramp to deeper discipleship at Cornerstone. *If you're longing for deeper faith, authentic community, and a clearer sense of purpose, Rooted is a great next step.*

- **How is Rooted different from a Small Group?**

Rooted is a structured, 10-week experience designed to help people form meaningful relationships while growing together in their faith. Everyone in the group goes on the same journey at the same time, using shared content and guided conversations that create trust, depth, and connection.

A traditional Small Group is ongoing and less structured - often centered around a variety of discussion topics or studies chosen by the group.

The hope is that your Rooted group won't end after 10 weeks - but that it will continue meeting as an ongoing Small Group. Groups that form out of Rooted are given broader discussion topics and resources, allowing them to keep growing together in a way that fits their season of life. In short, Rooted is the starting point for Small Groups to form, and Small Groups are the place where community and spiritual growth continue long-term.

What to Expect During the Rooted Experience

- **How does Rooted work week-to-week?**

Each week, you'll gather with your Rooted group for a time to connect relationally, engage in guided discussion, and explore Scripture together using the Rooted Participant Guide. Between meetings, you'll complete short daily readings that help you reflect, pray, and apply what you're learning throughout the week.

In addition to your [weekly group time](#), you'll participate in three key experiences designed to deepen your faith and bring the journey to life:

- **The Prayer Experience (Week 3):** In addition to your regular group meeting, your group will gather for a dedicated time of guided prayer. This powerful experience creates space to listen to God and pray boldly - experiencing prayer in a fresh and meaningful way.
- **The Serve Experience (Weeks 6–7):** Your Rooted group will serve together in the community, putting faith into action. This experience reflects the heart of Christ and allows your group to represent the active, serving body of the Church while building deeper bonds through shared purpose.
- **The Rooted Celebration (The Sunday After Week 10):** The journey concludes with a special worship night that brings all Rooted groups together. The evening includes a catered dinner, stories of life change, meaningful worship, and a shared celebration of what God has done. It's a time to reflect on the journey, honor the growth that's taken place, and look ahead to what God is going to continue to do beyond the Rooted experience.

- **How long is each week's group session?**

Each group session lasts two hours, which includes a time to connect, learn, discuss, and pray.

- **Are there daily devotionals?**

Yes! Rooted includes five short daily devotionals found each week to help you stay grounded in Scripture and prayer. Each devotion will take no more than 20 minutes to complete.

- **What should I bring to each session?**

Your Rooted Participants Guide (*which will be provided during Week 1*), a Bible (or Bible app), and something to write with.

Participation & Expectations

- **What is expected?**

- Be present for Week 1, which sets the foundation for the Rooted experience, and attend each of the weekly sessions (missing no more than two sessions).
- Exercise confidentiality - what's shared in the group stays in the group
- Engage openly and honestly with the group while also practicing active listening
- Complete five short daily devotionals each week
- Participate in the Prayer Experience, Serve Experiences, and the Rooted Celebration Service

- **Do I need a Bible or prior knowledge of Scripture?**

No prior Bible knowledge is required. You are encouraged to bring a Bible (or Bible app) to help with discussion, but all materials and guidance are provided.

- **What if I'm new to faith or still exploring?**

Rooted is a safe environment for exploring faith. You're encouraged to ask questions, share your story at your own pace, and grow in community.

- **What if I'm not comfortable praying out loud or sharing my story?**

You're never required to pray aloud or share more than you're comfortable with. Rooted encourages participation, but respects your boundaries.

- **What if I have been hurt by the church—will Rooted help with that?**

While Rooted can help with past hurts, it isn't a counseling program. Rooted is designed to foster community and encourage healing in a supportive, welcoming environment. We ask that all participants share openly while also making space for others, so no one person dominates the conversation.

- **Will the Rooted Experience be emotional?**

It's normal for some people to experience emotion when sharing personal experiences.

Facilitators and the Rooted team are there to provide support, and participants are encouraged to care for themselves and others.

Registration & Cost

- **How do I [register for Rooted](#)?**

Registration opens Friday, April 24, 2026, and will remain open until the groups are full. You can [register here](#). You'll select your preferred day/time, childcare needs, and group preferences. Married couples joining the same group can register together. Rooted Group slots are limited so sign up early!

- **Is there a waiting list if all of my group preferences are full?**

Yes. If your preferred group options are full, you may add your name to the [waiting list](#), and we'll save your information. If a spot opens up, we'll contact you. If not, you'll be notified when registration opens for the next Rooted session.

- **Is there a cost to participate?**

\$20 per person or \$30 per married/engaged couple (if participating in the same group), which helps cover your Rooted workbook, supplies, a light meal during Week 1, and the catered Rooted Celebration dinner. Scholarships are available—no one will be turned away because of cost. Please contact Breana at the Rooted team at bhoward@cornerstonelive.net to request a scholarship.

- **Is childcare available?**

Childcare and children's/student programming is provided only for groups meeting on **Wednesday nights at Cornerstone** and is available through our regular Wednesday night programming:

- C-Kids (birth–5th grade): 6:15–8:30 PM (Space is limited)
- The Warehouse (6th–12th grade): 6:15–8:30 PM
- Childcare for birth–5th grade will also be available during the Rooted Celebration

Group Logistics

- **[When and where do groups meet?](#)**

Rooted groups meet once a week for 10 weeks. Groups are offered on various days, times, and locations to fit your schedule. Most groups meet at Cornerstone or at First Christian Church, Greensburg. When you register, you'll select your preferred day and time and choose the group that feels like the best fit for you.

- **Are groups in-person or online?**

Rooted groups meet in person, so you can fully experience the friendships, conversations, and community that make the journey so meaningful. If any virtual Rooted Groups are available, they will appear on the registration page.

- **How are groups formed?**

Groups are formed based on participant preferences during the registration process, such as day/time availability, stage of life, childcare needs, and other factors.

- **Can I choose my own group or facilitator?**

Yes. Our online registration platform allows you to filter groups based on your preferences and select the option that works best for you.

- **What types of Rooted Groups are there?**

Rooted offers different types of groups to help participants grow and connect in ways that fit their life stage and interests: Married/Engaged Couples Groups, Co-ed Mixed Groups, Men's Groups, and Women's Groups may be available. These groups are intended to provide a safe, supportive space to explore faith, share life, and build meaningful community.

- **What if I have a scheduling conflict mid-way through the 10 weeks?**

While we ask that participants commit to the full 10 weeks. If you need to miss a session, please limit absences to no more than two sessions. Please be sure not to miss Week 1.

- **What if there is bad weather?**

The group facilitator will determine if that week's session will be postponed to another date because of weather conditions and notify the group via text or email.

- **Can I join a group late if I missed the first week?**

To get the most out of Rooted, attendance at Week 1 is crucial, as it sets the foundation for the entire 10-week journey. That said, depending on the situation and availability, some exceptions may be considered, so it's worth reaching out to discuss your options.

- **What if my group isn't a good fit—can I switch groups?**

Switching groups mid-session is generally not recommended. If issues arise, please contact the Rooted team at bhoward@cornerstonelive.net.

- **What if the Rooted Groups fill up?**

If a group fills up, you're more than welcome to join the [Rooted Waiting List](#). If a spot becomes available, we'll definitely let you know. If no spot opens up, we'll notify you the next time Rooted is offered so you can join a group then.

After Rooted & Next Steps

- **After Rooted, can my group stay together to form a Small Group?**

Yes! Rooted is designed as the on-ramp to our [Post-Rooted Small Groups](#). It is our hope and intention that your Rooted group will grow into your ongoing Small Group so that every participant will be part of a group that does life together and lives out God's purposes personally, in our church & in our community!

- **I'm already in a small group - can I still participate in Rooted?**

Absolutely! Existing small groups are strongly encouraged to go through Rooted together, but individuals are also welcome to join a new Rooted group if that works better. We do ask that you check in with your current Small Group Facilitator before making a decision.

- **Can I invite friends or family to join my group?**

Yes! Your friends or family (18+ years old) should complete their own registration form and select the same group as you, as long as they meet the group criteria. This helps ensure everyone is placed correctly and can participate fully. Married/engaged couples participating in the same Rooted group only need to complete one registration form.

- **Do I have to be a member or attend Cornerstone to participate?**

No! Everyone is welcome to participate in Rooted at Cornerstone, whether you're a member, a regular attendee, or visiting from another church. While we hope you stay connected with your home church, Rooted is open to all who want to grow in their faith and community.

- **Are you looking for future [Rooted Facilitators](#)?**

Yes! Many participants may feel called and have the gifting to facilitate a future Rooted group after completing it as a participant. If you're interested, you and your Rooted Facilitator will work with the Rooted team to explore next steps and see if facilitation is the right fit for you. Also, some Rooted groups are designed for "Potential Future Rooted Facilitators," so if

Contact & Support

- **Who can I contact if I have questions or need help?**

Contact Breana from the Rooted team at bhoward@cornerstonelive.net.