

Video: Reading Nonverbal Cues

Video Assignment

 **Ensure all videos are well captioned with good sentence structure.**

Watch the assigned video on YouTube: [Reading Nonverbal Cues](#)

Purpose of This Assignment

Please watch the assigned video and read the articles in the module to deepen your understanding of fashion, culture, and the theory of dress.

These materials are provided to help you explore how clothing reflects identity, values, and traditions across different cultures and societies.

What You Will Gain from This Resource

Engaging with these resources will:

- Strengthen your critical thinking skills
 - Help you make meaningful connections between fashion, cultural expression, and personal identity
 - Build key concepts in understanding the true meaning of dress around the world
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Key Concepts to Consider While Watching

As you view this video on reading nonverbal cues, pay attention to:

How to Read Nonverbal Cues

- Techniques for observing and interpreting body language
- What different nonverbal signals mean
- How to become more aware of the cues others send

Types of Nonverbal Cues

- Facial expressions and what they communicate
- Body posture and positioning
- Gestures, eye contact, and tone of voice

Applying Nonverbal Reading Skills

- How to use these skills in professional settings
- Reading nonverbal cues during interviews and meetings

- Improving interpersonal communication through observation
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Connection to Course Concepts

This video connects to key themes in our study of dress, culture, and theory:

- **Nonverbal Communication:** Learning to interpret the messages people send without words
 - **First Impressions:** How reading nonverbal cues helps us understand initial perceptions
 - **Symbolic Interaction Theory:** How we interpret symbols and signals from others
 - **Self-Presentation:** Understanding how others manage the impressions they create
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Reflection Questions

After watching the video, consider the following:

1. What techniques from the video can help you better read nonverbal cues?
 2. How does dress contribute to the nonverbal messages you observe in others?
 3. How can reading nonverbal cues improve your communication in professional settings?
 4. What connections do you see between this video and the course concepts on nonverbal communication?
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Next Steps

After watching this video, be prepared to:

- Discuss your observations in the weekly Discussion Activity
- Connect the video content to your chapter readings on nonverbal communication
- Practice reading nonverbal cues in everyday interactions
- Apply these skills to understand how dress communicates identity and values