



Women's Money Matters
Financial Futures
Mondays • 6:30-8:00 pm EST • Virtual

12/15 Introduction

Participants will meet fellow program members and coaches while gaining an overview of Women's Money Matters and the Financial Futures program. They will get introduced to My Finances, a tool to support budgeting throughout the series.

12/22 My Money Personality

Participants will identify their money personality type and explore how their thoughts, emotions, and behaviors influence financial decisions. They will create SMART financial goals and build healthy financial habits to support long-term well-being.

No workshop 12/29 due to school vacation week*

1/5/26 Earn, Spend, Save

Participants will explore the connection between earning, spending, and saving through the Money Equation. They will create a personal budget, identify financial priorities, and develop realistic strategies for building savings.

1/12 Managing Your Money

Participants will evaluate different financial institutions and tools to make informed choices about where and how to manage their money. They will discover innovative banking solutions that align with their personal needs and financial goals.

No workshop 1/19 due to holiday!*

1/26 Build and Fix Your Credit

Participants will learn what credit is, why it matters, and how to access their credit reports. They will explore practical strategies to build, improve, and repair credit, including how to address errors and disputes.

2/2 Protecting Yourself from Fraud and Identity Theft

Participants will learn how to recognize fraud, scams, and phishing attacks. They will explore practical steps to protect their identity and finances, and learn where to turn for help if they become victims.

2/9 Healthy Eating on a Budget

Participants will apply nutrition basics to meal planning and budgeting. They will



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learn how to stretch food dollars, make healthy choices on a budget, and access available food and community resources.

No workshop 2/16 due to holiday!*

2/23 Moving On & Graduation

Participants will reflect on their financial growth and celebrate their achievements. They will set long-term financial goals and identify strategies to maintain progress and plan for future success.