

Band Camp Schedule

Be prompt and early at the start of each day. Frequent water breaks will be given through all blocks. This schedule is typical yet approximated and is subject to daily alterations.

9:00 AM - 12:00 PM: Visual Block*

9:00 AM - 9:20 AM: *Stretch/Physical Training*

9:25 AM - 10:25 AM: *Marching Basics*

10:30 AM - 11:55 AM - *Drill Rehearsal*

12:00 PM - 1:00 PM: Lunch

1:05 PM - 4:00 PM: Sectionals (Hornline, Percussion, Color Guard)

4:00 PM - 4:25 PM: Snack Break

4:25 PM - 6:00 PM: Ensemble Block

4:25 PM - 5:50 PM: *Ensemble Rehearsal*

5:50 PM - 6:00 PM: *End of the Day Meeting/Clean Up/Dismissal*

*Front Ensemble will be rehearsing music during this time

9 hours of sleep each night are recommended. It is also recommended to drink one gallon of water each day.

Band Camp Survival Guide

Everything you need to ensure a successful, healthy and fun experience!

Band camp is the most important week of rehearsal during the season as it is when a majority of the show is learned.

Bring

- 1 gallon water jug (temperature retainable) filled at the start of each day
- LUNCH AND SNACK
- Sunscreen
- Sunglasses
- Hat
- Running Sneakers - NO sandals, flip flops, high top or skateboard (flat) sneakers!
- Cool/comfortable clothing - Athletic clothing recommended. Shirts must be worn at all times. No bathing suits. No jeans.
- Beach towel (for physical training on the grass)
- Bug spray

Additional Rehearsal Items

- 3 ring binder
 - Plastic protective sheets
- Dot book - an index size wire bound book to write in drill notes
- Pencil (mechanical is the best choice)
- Brass - valve oil (Hetman's recommended)
- Woodwinds - extra reeds

Ensure to eat a good breakfast at the start of each morning and get good sleep each night to give your body the proper nutrients required to work in the sun each day. You will be working hard! Prioritize your health.