

## **Only a Second**

A second is all it takes to change someone's life. Only a second can turn a person's life upside down. It can create unresolved problems; it can cause them misery for the rest of their lives. A second can change the path someone set for himself.

"Her BP is dropping, she is crashing again."

"Charge the battery to 360."

"Emma, Emma! Don't give up yet Emma!"

Sirens, noises, ambulances... Doctors and many people; they are here praying, shouting and talking. I could feel them.

It all happened in a second.

"Emma, watch out!"

A second is what the car took to go upside down, and what it took for the truck to change its course suddenly and hit us.

Have you ever wondered what does it feel like for your life to change in a second? Well, that is what happened to my fiancée Joseph and I in that car accident.

I have always watched people die, I suffered from losses and my heart ached from losing the people I love. I know very well how it feels to be lost, hurt and in great pain because someone I know, love and care about dearly has died. But today it was different; I was not in the observer's seat any more, I was the one dying. I was not the one in pain, I was causing it.

"Emma, please don't go!"

"There is still no pulse doctor!"

I could feel them, fighting desperately to get me back to life. Doctors are doing their best but there is no way out, they have to accept it.

My sweet Joseph is the one who will not let them! I can feel him pleading for me not to go. He will not accept the fact that I am gone now. Not after all what we have been through together, not after we were that close to having all of our dreams come true. But all of that changed in a second. When the clock strikes there is no going back.

It is true what a friend of mine told me once when we were talking about death. I asked him not to talk about dying ever, praying nothing bad or harmful happens to him when he answered

"When I die, I am not going to be in pain or be harmed, you are the ones who are going to get

hurt and feel hurt! But dying is peaceful; it is the best thing that could happen to anyone!"  
It is all crystal clear now, it is peaceful! I can feel it. Even though I can also feel the pain of the ones I left behind and I am indeed sorry to leave them, but I cannot help it; it is much better this way.

A second is what it took for my heart beat to stop. In a second I was saved in another life. And in that same exact second my friend's, family's and fiancée's lives turned upside down. Indeed time is cruel especially when all of that happens in a second.

"Time of death 4:12 PM"