

Hello families and students in Wellington North area,

Please find the most updated information that we currently have related to food and income security as well as supports for your area.

Food Supports

- Both of the food banks in Wellington North continue to provide service. You may wish to contact them directly to see what procedures they have currently implemented.
- Community Pantry-Mount Forest Phone-519-323-0323 Email- communitypantry@wightman.ca
- Arthur Food Bank Phone-519-848-3272
- Food and Friends has created a Fresh Food for Kids basket program. Please apply using this link <https://docs.google.com/forms/d/e/1FAIpQLSf4MgRkHFnbJMBuZUfaeARdNCc0WbWvk-73BwmJMfGMLnE4Uw/viewform> or by calling Anita Macfarlane 519-826-9551 ext. 22

Income and Service Supports

- The Ministry of Education has provided money available to parents of children - it is a one time application for \$200 per child 0-12 or \$250 for children with special needs 0-21- https://www.iaccess.gov.on.ca/FamilyAppWeb/public/index.xhtml?fbclid=IwAR3bVPCLOyRyhZsDmHgXkzgz_hQaXLautQpnBFAeW74wkeTBBxBjhFT5uF8
- CERB, EI, Eviction information and other financial supports are available through the most recent information available in the attached chart
- Contact Service Canada 1 800-622-6232 or EI 1 800-959-8281 for application or support by phone

Internet, Technology, and Print Resources

- Our school board is currently organizing processes to support families who have limited internet or technology for online learning based on contact you should have received over the last two weeks. Should your needs around internet or technology have changed, please contact your school Administration at your school phone number.

Wellness and Crises Support

- CMHA (non crisis) 1-844-CMHA-WW3 (264-2993).
- Here247 (crisis) 1-844-HERE247
- KidsHelp Phone – 1-800-668-6868 Text: CONNECT to 686868
- Child Protection and Support F&CS (519) 824-2410

We hope these resources will be of help to you and your family. A directory of supports during COVID-19 are available by calling 211 (211ontario.ca) or accessing ugdsb.ca