

IBERIA RANGERS



ATHLETIC HANDBOOK

MISSION STATEMENT

Our mission is to provide a safe environment with opportunities for our students to grow and mature emotionally, socially and physically. Our desire is to place the overall welfare of the student first, while developing a program that adds to the total educational curriculum. Our desire is that this program be an educational opportunity for the entire student body at Iberia R-V School.

IBERIA RANGERS SPORTSMANSHIP CODE

For Players, Coaches and Fans:

1. Maintain pride in yourself and your school.
2. Avoid actions that will offend or embarrass any individual athlete.
3. Strive to keep high standards of conduct.
4. Cheering is always encouraged for one's own team.
5. No taunts, chants, noises, cheers, jeers, songs, profanity, signs or motions shall be directed towards the opposing team, school coach or officials. Treat everyone with respect.
6. No disrespect will be shown to the opposing team during introductions.
7. Show appreciation of good play by both teams.
8. Accept the decisions and judgments of the coaches and officials.
9. No continuous standing.
10. Accept victory or defeat graciously.

MSHSAA By-Law 810

A school may be suspended from membership in the MSHSAA and from participating in interscholastic activities with other member schools for the unsportsmanlike conduct of teams, coaches, students and fans at games both home and away.

Policies of the Athletic Department

1. Athletes will be allowed to play as many sports in one season as they would like. The sport that was in place first would be the sport that receives top priority. For example, baseball has been the existing sport for boys in the spring season for a number of years. If a student wants to participate in baseball and track and a baseball game and track are scheduled on the same day, the athlete must attend the baseball game. However, if the baseball team is involved in district competition and only the varsity team is playing, the student would then be allowed to participate in the track meet as long as both coaches agree. Events will take priority over practice unless the practice is the day before an event. At no time will an athlete be punished for attending an event and not practicing.
2. Each athlete is required to ride the team bus with the team to a sports event. The only exception to this rule would be a doctor or dental appointment preventing an athlete's arrival at school at departure time, or illness or death. The student would then be allowed to travel to the game with a parent.
3. Sign-out sheets: The parent must sign a sign-out sheet if the student is returning home from the game with the parent. Arrangements for a student athlete to return home from a game with another parent, in the absence of the student's parent, must have been with the administrator by 3:00 p.m. the day of the game. Students are not permitted to return home with another student driver.
4. Should an athlete choose to miss a school athletic activity to attend another function without the approval of the coach, the athlete will not be permitted to attend an activity that would keep them out of school all day, such as an all day track meet, or tournament. These "other activities" would be summer ball practice or event, hunting, hair appointments or anything not considered to be important to the welfare of the athlete.
5. Coaches who have held tryouts and made cuts will not be allowed to add a student to a team. Exceptions to this rule would be extenuating circumstances such as, but not limited to, transfer students, injury, sickness, or death in the family.

6. Students wishing to join a sports team or try out for a sports team are encouraged to do so on the first day of practice; however, a student who has not participated in tryouts may join the team after the season has started if approved by the coach and athletic director. Whether a student is allowed to join a team will be based on the following: number of athletes already on the existing team, student's athletic ability, student's citizenship and the student's grades. Once the individual joins the team he/she will have to complete the number of practices required by MSHSAA and all extra work and practice assigned by the coach before being allowed to play. No student can join after the 14th day of practice unless there are extenuating circumstances determined by the Athletic Director and Principal.

7. Cheerleading: Junior high students will be allowed to participate in both basketball and cheerleading to enable the student to make a decision about which sport he/she would like to participate in when attending high school. It would be difficult to make the team as a freshman if he/she had not participated during the two years of junior high. Basketball would be considered the priority sport in both playing and practice sessions.

8. Extra-Curricular Program Participation Policy: As stated in the student handbook, for a student to be eligible to participate in extracurricular activities, the student must be in school 4 hours of the day on which the activity is scheduled, unless the absence is pre-arranged with the principal. For an athlete to be able to participate in a Saturday activity he/she must be in school one-half of the last school day. A half day is determined as being 8:10 a.m. to noon or noon to 3:20 p.m. The student must not be under any disciplinary action by the principal. Ineligibility due to disciplinary reasons will be determined by the athletic discipline policy.

9. Grades: In order to participate and continue to participate in extracurricular activities, a student must:

A. not be earning a failing grade in any course on the day grades are cut off to determine eligibility.

B. must meet attendance policy.

Eligibility checks will be conducted at each mid-term progress-reporting period and at the end of each quarter throughout the school year to determine the eligibility list. If a student has a failing grade in any class for that check period, he/she will be ineligible from the effective date for this reporting period until the effective date of the next reporting period. The fourth quarter grades will be used to determine

eligibility for the beginning of the next school year. If, at that time, the student is ineligible, he/she will be out until the next effective date.

10. Parents will be expected to pick their child up after practice and games in a timely manner. Failure to do so will result in the following:

First occurrence: warning

Second occurrence: warning

Third occurrence: dismissal from the team

PHYSICAL EXAMS AND INSURANCE

Athletic By-Law 309 (a) and (b) in the MSHSAA handbook states: **The school shall require each student participating in athletics a physician's certificate stating that he or she is physically able to participate in athletic contests. This certificate must be on file before the student will be allowed to participate with any team. Verification of insurance must also be present for the student to be allowed to participate.**

CONDITIONING

Athletic By-Law 310 in the MSHSAA handbook states: **Each squad must have 14 days of conditioning practice and each individual must have participated in 14 school conditioning practices on 14 different days prior to the date of the first interscholastic contest in all sports.**

EXTRA-CURRICULAR PARTICIPATION

The Iberia R-V School District extra-curricular programs are intended to supplement the educational experience. Participation in extracurricular activities is a privilege, not an entitlement. Participants are expected to conform to a higher standard of conduct than is applicable to non-participants. They serve as representatives of the school and should set a positive example for other students. Therefore, every participant must abide by the following rules:

1. A participant must meet the eligibility requirements set out by the Missouri State High School Activities Association (MSHSAA) and must conform to all applicable MSHSAA rules and regulations.

2. A participant must meet any additional eligibility requirements as determined by the local area athletic conference and must conform to all applicable conference rules and regulations.
3. A participant must conform to district eligibility requirements, rules, regulations, and standards for participation as set forth below and as set forth in the Activities Handbook.
4. A participant must be a credible school citizen as set forth below and as set forth in the Activities Handbook.
5. Rules, Regulations, and Standards
 - a. All policies that apply to the regular school day apply also to extra-curricular activities. Coaches and sponsors may establish policies for their groups in addition to those stated herein.

STUDENT RESPONSIBILITY

- A. A participant who drops out of an athletic activity cannot participate in another athletic activity until the season for the first activity has ended unless approved by the coaches of both activities and the Activities Director.
- B. The district's junior high school and high school are members of MSHSAA. In all interscholastic competition matters, the district will adhere to the rules and regulations of MSHSAA.
- C. A participant must demonstrate good citizenship in the school and community. Participants must conform to all general school rules and regulations, rules established by the coach/sponsor for the activity in which he/she is participating, and the laws of the community.

In addition, participants must conform to the following rules:

1. A participant shall not be eligible to participate in any extra-curricular activity while under out-of-school suspension.
2. A participant who has been expelled or who withdraws from school following the administration's recommendation for suspension or expulsion shall not be eligible for 365 days from the date of expulsion or withdrawal.
3. A participant being removed from any activity for disciplinary reasons will be brought under advisement of the Activities Director, sponsor in charge, and building principal; and appropriate action will be taken which may result in exclusion from other activities. A participant removed from class for misbehavior on the day of a scheduled event may be ineligible to participate in the event and will be counseled by the principal or Activities Director as to their eligibility if other violations occur.

4. A participant may not use or possess tobacco or use or possess a vaping device. The consequences set forth below will be assessed against participants who (1) use or possess tobacco on school property; (2) use or possess tobacco while participating or attending a school-sponsored activity, whether on or away from school property; (3) are observed by school personnel using or possessing tobacco, whether on or away from school property; or (4) viewed on social media. Suspected violations reported by school or non-school personnel may require a written report including the date, time, place, individuals involved, description of the incident, and possible other observers. Discretion is used when acting on anonymous tips, phone calls, emails, etc. Once an alleged violation is observed or first known to have occurred, it should be reported immediately to administration. If the administration deems the violation reporting to have been “held on to” and not reported in a timely fashion so as to have the consequence assessed at an “inopportune” time, it may deem the report insubstantial. Time frame will be considered from the opening day of practice for fall season and ending at the conclusion of the spring season as determined by the MSHSAA calendar.

1st Offense: A participant will be suspended for 15 school days beginning with the first day after infraction from all scheduled contests/performances/practices that are played in all MSHSAA recognized activities.

2nd Offense: A participant will be suspended for 45 school days beginning with the first day after infraction from all MSHSAA recognized activities.

5. A participant may not use, possess or distribute drugs, look-alike drugs, alcoholic beverages, look-alike alcoholic beverages, controlled substances or look-alike controlled substances, drug paraphernalia, or items represented to be such. A participant will be in violation of this policy if the use, possession, or distribution (1) occurs on school property or at a school-sponsored event (whether on or away from school property); (2) is reported or confirmed by a law enforcement agency; (3) is observed by school personnel (whether on or away from school property); or (4) viewed on social media.

Suspected violations reported by school or none-school personnel may require a written report including the date, time, place, individuals involved, description of the incident, and possible other observers. Discretion is used when acting on anonymous tips, phone calls, emails, etc. Once an alleged violation is observed or first known to have occurred, it should be reported immediately to administration. If the administration deems the violation reporting to have been “held on to” and not reported in a timely fashion so as to have the consequence assessed at an “inopportune” time, it may deem the report insubstantial. Time frame will be considered from the opening day of practice for fall season and ending at the conclusion of the spring season as determined by the MSHSAA calendar.

ALCOHOL

1st Offense: A participant will be suspended for 45 school days from all scheduled contests/performances/practices that are played in all MSHSAA recognized activities.

2nd Offense: A participant will be suspended for 365 days from all scheduled contests/performances/practices that are played in MSHSAA recognized activities and all other team/group performances/practices 365 days from the date of the incident.

DRUGS

1st Offense: A participant will be suspended for 45 school days from all scheduled contests/performances/practices that are played in all MSHSAA recognized activities.

2nd Offense: A participant will be suspended for 365 days from all

scheduled contests/performances/practices that are played in MSHSAA-recognized activities.

6. A participant may not **STEAL**

A participant will be in violation of this policy if (1) the theft is reported or confirmed by a law enforcement agency or by school personnel, or (2) the theft occurs on school property or at a school-sponsored activity.

1st Offense: Theft of items valued at less than \$100.00 will result in a suspension for 15 school days from all scheduled contests/performances/practices that are played in all MSHSAA recognized activities and all other team/group performances/practices. Theft of items valued at \$100.00 or more will result in a suspension from all MSHSAA-recognized activities and all other team/group performances/practices for 45 days from the date of the incident.

2nd Offense: Regardless of the value of the items stolen, a second offense will result in a 365-day suspension from all MSHSAA recognized activities and all other team/group performances.

7. A participant may not cause or attempt to cause physical harm to another person. A participant will be in violation of this policy if this incident is (1) reported or confirmed by a law enforcement agency, or (2) observed by school personnel. A participant who attempts to cause or causes physical harm to another person will be suspended from all MSHSAA recognized activities and all other team/group performances/practices for 15 school days from the date of the incident.

8. A participant who is found to be in possession of a weapon as defined by the Safe Schools Act will be suspended from all MSHSAA-recognized activities and all other team/group performances for 365 days from the date of the incident.

9. A participant may not be arrested for, charged with, or convicted of a felony or misdemeanor under either criminal or juvenile law, whether the offense occurs on or away from school property. Violations of this subparagraph (x) may result in a suspension for up to 365 days from all MSHSAA recognized activities and all other team/group performances/practices, as well as additional discipline under the school discipline policy.

CITIZENSHIP REQUIREMENTS

Students who represent a school in interscholastic activities must be creditable citizens and judged so by the proper authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered "creditable citizens." Conduct shall be satisfactory in accord with the standards of good discipline.

- a. Law enforcement: A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court cost, etc.) or special

condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied.

If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies. Moving traffic violations shall not affect eligibility, unless they involve drugs, alcohol, or injuries to others. After a student has completed all court appearances and penalties, and has satisfied all special conditions of probation and remains under general probation only, local school authorities shall determine eligibility.

b. Local School:

1. A student who violates a local school policy is ineligible until completion of the prescribed school penalties.
2. The eligibility of a student who is serving detention or in-school suspension shall be determined by local school authorities.
3. A student shall not be considered eligible while serving an out-of-school suspension.
4. A student who is expelled or who withdraws from school because of disciplinary measures shall not be considered eligible for 365 days of expulsion or withdrawal.
5. If a student misses class(es) without being excused by the principal, the student shall not be considered eligible on that date. Further, the student cannot be certified eligible to participate on any subsequent date until the student attends a full day of classes.
6. Each individual school has the authority to set more restrictive citizenship standards and shall have the authority and responsibility to judge its students under those standards.
7. Each school shall diligently and completely investigate any issue that could affect student eligibility.

c. Student Responsibility: Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the Board of Directors.

PROTECT YOUR ELIGIBILITY

The Missouri State High School Activities Association, of which the Iberia School District is a member, is a voluntary, nonprofit, educational association of junior and senior high schools established for the purpose of working cooperatively in adopting standards for supervising and

regulating interscholastic activities and contests. One of the primary functions of MSHSAA is to establish eligibility standards that must be met by all students to sustain the privilege of representing their school in interscholastic activities. Eligibility is a privilege to be granted by the school to a student. Eligibility is not a student's right by law. Previous legal cases have determined that eligibility is a privilege to be granted only if the student meets all standards adopted by the school.

1. Transferring schools

- A. If you transfer schools and your parents do not move to your new school district, you will be ineligible for 365 days, unless you meet one of the exceptions to the transfer or promotion rules.
- B. If you move with your parents to your new school district you will be eligible immediately.

2. Participation Limits

- A. Your eligibility to participate in high school activities begins when you first enter the ninth grade and lasts for the first eight semesters that you are enrolled in high school. Your eighth semester must immediately follow your seventh semester.

3. Award Standards

- A. You may not receive cash, merchandise or gift certificates for participating in an athletic contest.
- B. You may accept awards that are symbolic in nature such as medals, trophies, ribbons, plaques, etc. for participating in a school athletic program. These awards may be received only from your school, from a school hosting an event or from MSHSAA.
- C. You may accept awards for participating in a non-school sponsored athletic competition only if the awards are symbolic in nature.

4. If you reach the age of 19 prior to July 1, you will be ineligible for interscholastic competition the next school year.

General Lettering Policy

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The following policies apply to all activities in which a school letter is awarded:

1. A student must complete the season or length of activity. (An exception is made in the event of an injury that prevents a student from continuing in that activity. The discretion of the coach is considered in these instances.)
2. A student suspended from the activity by a sponsor, coach, or principal will not letter.
3. Students must abide by the rules and regulations established by the coach.
4. Only one letter will be awarded. Letter recipients will receive service bars and insignias after receiving their letter.
5. Support personnel will be given letters based upon the recommendation of the coach.
6. Any athlete not attending the athletic awards ceremony will be responsible for contacting the coach to receive awards.

All of the Iberia R-V athletic programs offer an athletic letter. Each sport offers objective criteria and qualifications for lettering set by the individual sport coaching staff. The additional factors of good school citizenship and constructive, positive attitude are integral criteria of the lettering process.

Girls Basketball

In order to earn a varsity letter, the following criteria must be achieved:

1. A player must participate in 50% of the total varsity games.
2. A player must demonstrate good citizenship on and off the court.
3. Statisticians and student managers will letter if they have met the attendance at practices and games established at the beginning of the season by the coaches.
4. The final lettering of athletes will be left to the coach's discretion.

Boys Basketball

In order to earn a varsity letter, the following criteria must be achieved:

1. A player must play in 50% of the varsity games for the year.
2. A player must demonstrate good citizenship on and off the court.
3. The final lettering of athletes will be left to the coach's discretion.

Track and Field

In order to earn a varsity letter, the following criteria must be achieved:

1. An athlete must compete in half of the varsity meets.
2. An athlete competes in the district meet.
3. An athlete must demonstrate good citizenship on and off the track or field.
4. The final lettering of athletes will be left to the coach's discretion.

Soccer

In order to earn a varsity letter, the following criteria must be achieved:

1. An athlete must demonstrate good citizenship on and off the pitch.
2. An athlete must participate in at least 50% of the varsity games for the season.
3. Competed in the district tournament.
4. The final lettering of athletes will be left to the coach's discretion.

Baseball

In order to earn a varsity letter, the following criteria must be achieved:

1. An athlete must participate in 30% of the varsity game innings.
2. A player must demonstrate good citizenship on and off the field.
3. The final lettering of athletes will be left to the coach's discretion.

In order to earn a varsity letter, the following criteria must be achieved:

1. Play in at least 50% of the games played during the season.
2. Competed in the district or state team.
3. Become a starter after an injury has occurred but does not meet the required number of games played, but does outstanding work and the coaching staff feels a letter was earned.
4. Players may earn letters based on the coaching staff's evaluation of play if the athletes did not play in the required games.
5. A player must demonstrate good citizenship on and off the field.
6. The final lettering of athletes will be left to the coach's discretion.

Cheerleading/Dance

In order to earn a varsity letter, the following criteria must be achieved:

1. Any varsity cheerleader/dance member who has no more than 5 demerits and has attended 90% of the games will receive a letter, bar, and megaphone.
2. The cheerleader/dance member will forfeit his/her right to letter if he/she sees fit to quit the squad or is removed from the squad before fulfilling his/her obligation.

Golf

In order to earn a varsity letter, the following criteria must be achieved:

1. Must be in the top 5 golfers for at least 3 tournaments/matches.
2. A player must demonstrate good citizenship on and off the course.

The final lettering of athletes will be left to the coach's discretion

IBERIA R-V SCHOOL DISTRICT-ATHLETIC DEPARTMENT

- TRAVEL RELEASE

The undersigned, one of the parents or legal guardian of _____,
a minor, hereby consents for said child to travel from Iberia R-V Junior-Senior High School to
_____ on _____.
Estimated departure time _____ Estimated return time _____.

I authorize the coach and other adult sponsors of said trips to give their consent to and arrange
for any emergency medical, surgical and dental treatment and care which they deem
necessary for said child while in their care, and I agree to pay for such services. I further
authorize the coach and other adult sponsors of said trips to exercise control over said
child and to administer reasonable disciplinary measures to said child to the extent they
may deem necessary or expedient.

Signature

Relationship to child

Telephone Number

Date

If you are not able in the event of an emergency, who shall we contact in your absence?

Name,
Address, Telephone Number

FAMILY PHYSICIAN _____

ADDRESS _____ PHONE _____

INSURANCE COMPANY _____

POLICY HOLDER _____ POLICY # _____

POLICY HOLDER'S EMPLOYER _____

Special circumstances we should be aware of (allergies, asthma, diabetes, medications,
ect.) _____

**** Note-This travel release covers all scheduled trips/dates for the current school year****

IBERIA R-V SCHOOL DISTRICT

201 PEMBERTON DR- IBERIA, MO 65486

573-793-2228 www.iberia.k12.mo.us

Attention Parents & Spectators

Parents and spectators are encouraged to cheer their teams with enthusiasm while exhibiting good sportsmanship. The school will not tolerate being on the floor before, during, and after the game, or berating the officials. These actions will have the following consequences:

1st Offense- meeting with the administrative staff and will not be allowed to attend the next competition at that level.

2nd Offense-meeting with the administrative staff and will not be allowed to attend any other games for that season.

These apply to home and away games. Suspensions not fulfilled will be carried over into the following year.

ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES AT ANY TIME

1. Pressure to increase playing time.
2. Team Strategy.
3. Play calling.
4. Other student-athletes/participants.

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issue of concern.

1. Call to set up an appointment with the coach.
2. Please do not attempt to confront a coach or interfere with the players before, during or after a contest or practice unless their student has been injured. Parents and spectators should not enter the locker room, dugout, or be on the sidelines before, during, or after a contest or practice unless their student has been injured and they have the coach's permission. These can be emotional times for both the parent and the coach. Meetings of this nature usually do not promote resolution.

If these procedures are not followed the parent or spectator will face the following consequences:

1st offense- meeting with the administrative staff and will not be allowed to attend the next competition at that level.

2nd offense- meeting with the administrative staff and will not be allowed to attend any other games for that season.

These apply to home and away games. Suspensions not fulfilled will be carried over into the following year

Iberia Athletic Department Electronic Communication

Student Name _____

I understand that my son/daughter may be contacted through text messages or other social media about practice, games, camp or other events concerning sports by an Iberia R-V School coach.

Parent Signature _____

Date _____

Coach _____

Phone Number _____

ATHLETIC HANDBOOK RECEIPT

Student Name:_____

Please print

I have received a copy of the Iberia R-V Athletic Handbook and understand that I am responsible for all information contained herein. I agree to follow the rules and regulations of the athletic handbook .

Student signature:_____

Parent/

Guardian signature:_____