

Student Handbook

BS in Exercise and Sport Science

Department of Health and Rehabilitation Sciences



Updated June 2024

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Welcome to the Bachelor of Science in Exercise and Sport Science

Dear Exercise and Sport Science Students,

Welcome to the Exercise and Sport Science (ESS) program! Exercise and sport science is a discipline focused on how the human body works during exercise and how regular physical activity and sport participation promote health and performance. This is a dynamic and critical field of study that will prepare graduates to work in a variety of fitness settings and with diverse populations of individuals, including those with pre-existing conditions and athletes.

In choosing the ESS program, you are joining a vibrant, growing department, with dedicated and caring faculty, first class facilities, and talented students. Our faculty are experts in exercise physiology, strength and conditioning, exercise programming, and physical activity promotion. We are dedicated to student learning and success and committed to creating a supportive environment for students throughout your academic journey. Our doors are always open for you!

Our state-of-the-art facilities allow you to train on the equipment used by exercise and sport science professionals in the field. These facilities include equipment for cardiovascular fitness testing, body composition assessment, and technology used in strength and conditioning settings. Multiple hands-on learning opportunities integrated into your courses, service-learning opportunities, and culminating internship experiences provide practical learning opportunities for the application of the skills and knowledge obtained over your program of study.

What really makes the ESS program special though are our students. You are joining an engaged and innovative cohort of students that see themselves as change agents working to achieve a healthier future for all. Our students are dedicated to eliminating health disparities and promoting active, healthy lifestyles for all individuals, especially those that have the least access and resources for enjoying a physically active lifestyle. We look forward to having you join this elite company of students and unlocking your potential as a future leader in the field of physical activity and exercise science!

Please take the opportunity to review this student handbook, the Temple undergraduate school bulletin, and the ESS website. These policies and procedures are subject to change during your course of study, and we ask you to remain up to date on these changes.

As you progress through the ESS program, please do not hesitate to contact us with questions:

- Undergraduate Program Director: Sara J. Kovacs, sara.kovacs@temple.edu
- Senior Academic Advisor: Lauren McKenzie lhmc@temple.edu

We look forward to helping you excel as a leader in exercise and sport science!

Sincerely,



Sara J. Kovacs, PhD

Exercise and Sport Science Program Faculty

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* All offices are in Pearson Hall unless noted otherwise.

Exercise and Sport Science Program Staff

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* All offices are in Pearson Hall unless noted otherwise.

Admission Requirements

Temple University was founded in 1884 and became a state-related institution in the Commonwealth System of Higher Education in 1965. From its roots in the historic and cultural richness of Philadelphia, Temple has become a major international university and a world-class center of teaching, research, and health care. Through its 17 schools and colleges Temple University offers undergraduate degree programs in more than 150 areas. For additional information about Temple, visit www.temple.edu. For admissions information and an online application, visit: www.temple.edu/undergrad.

First-Year Applicants

If you are applying directly from high school or have taken fewer than 15 college credits, you should apply as a first-year applicant. Further information about applying can be found at:

<https://admissions.temple.edu/apply/first-year-students>

Transfer Applicants

Temple welcomes transfer students from accredited two- and four-year colleges and universities who have completed at least 15 college level credits and demonstrated the ability to perform well at the college level. SAT or ACT scores need **not** be submitted unless specifically requested by the admissions office. To graduate with a Temple degree, students must successfully complete at **least 45 of their last 60** credits at Temple as a matriculated (degree-seeking) student. There is otherwise no limit on the number of transfer credits that can be accepted provided they meet specific program requirements.

Transfer students who have completed 45+ credits prior to enrolling at Temple University are required to complete a modified General Education (GenEd) curriculum. These students are still required to take two (2) writing intensive courses at Temple. Further information pertaining to transfer students can found at:

<https://bulletin.temple.edu/undergraduate/about-temple-university/general-admissions-information/transfer-students/>

<https://admissions.temple.edu/apply/transfer-students>

Becoming an Exercise and Sport Science Major

The Department of Health and Rehabilitation Sciences is part of the College of Public Health. Prospective Bachelor of Science in Exercise and Sport Science majors are admitted directly into the Department of Health and Rehabilitation Sciences/BS in ESS program via the College of Public Health. On the application for admission, the program of study leading to this degree is housed on Temple University's Main Campus.

Academic Policies

At Temple University, academic policies and regulations generally apply to all undergraduate students and provide a framework within which schools and colleges may specify further conditions or variations appropriate to students in their courses or programs. Students are directed to the Temple Bulletin (<https://bulletin.temple.edu/undergraduate/academic-policies/>) for more specific information. As stated in the Bulletin, these academic policies and regulations are announcements only, and in no way serve as a contract between the student and Temple University.

To remain in good standing in the University, a matriculated undergraduate student must achieve a semester grade point average (GPA) of a least 2.0 for each semester and maintain a cumulative grade point average (CGPA) of at least 2.0 for all work completed at Temple University.

A student will receive notification of **Academic Warning** if his/her semester GPA falls below 2.0 or CGPA prior to 30 credits. A student on academic warning must meet with his/her advisor to register.

Academic Probation is a sanction given to a student whose CGPA is below 2.0 after having accumulated 30 credits. A student on academic probation must meet with his/her advisor to register.

Further information pertaining to academic standing can found at:

<https://bulletin.temple.edu/undergraduate/academic-policies/academic-standing/>

Academic Grievance Procedures

Only a final course grade may be appealed, and it must be in writing. Concerns regarding individual assignments, such as examinations, term projects/papers, lab grades, are to be handled between the course instructor (or coordinator) and the student.

The appeal of a final grade must be of a substantive nature. The written appeal must contain material to support the student's contention of inappropriate grade assignment and must identify the specific outcome the appellant wishes to effect, with evidence to support the desired outcome.

Following review of an appeal, one of two actions may be recommended: the grade may be supported as originally recorded or the faculty member may review and/or recalculate the grade in question and record accordingly.

The aforementioned procedure is a student-initiated one and the responsibility to keep the action in progress rests primarily with the student. It is understood that the time frame stated must be adhered to and that, in case of pending graduation, this procedure is made more expedient through mutual cooperation of all parties involved. The student is referred to the Appeal of Grades Procedures, College of Public Health at:

<https://cph.temple.edu/sites/cph/files/CPH%20Appeals%20Procedures%20and%20Grade%20Grievance-March%202020.pdf>

Bachelor of Science in Exercise and Sport Science

The Bachelor of Science in Exercise and Sport Science focuses on the science and practice of health, fitness, and sports performance. This degree prepares students for a range of professional certifications and physical fitness careers. The Exercise and Sport Science program focuses on providing training in two areas:

- **Exercise Physiology:** The application of exercise principles involving populations that are either healthy or have pre-existing medical conditions.
- **Sports Performance:** The application of sport science principles involving populations whose primary goals are competitive and related to sports performance.

Our students pursue a wide range of pathways following graduation from the Exercise and Sport Science program, including workforce opportunities, and pursuing advanced studies:

1. **Workforce Opportunities:** Our students work in a variety of university, corporate, commercial, community and clinical settings. Primary career opportunities include working exercise physiology, strength and conditioning, sport performance, and personal training.
2. **Graduate Training in Exercise and Sport Science:** Our students are prepared to attend graduate programs focused on exercise science, exercise physiology, kinesiology, and human performance.
3. **Graduate Training in Other Professional Fields:** Our students develop a strong foundation that allows for entry into other graduate programs including athletic training, occupational therapy, physical therapy, and recreational therapy.

In preparing students for these career pathways, our curriculum incorporates the didactic training and hands-on learning experiences required to sit for several professional examinations. We thoughtfully integrate multiple hands-on learning experiences that include laboratory experiences, service-learning opportunities integrated into classes and a culminating internship experience that provide students real-world experience implementing what was learned in the classroom throughout the Exercise and Sport Science program.

Program graduates are eligible to obtain several professional certifications, including the:

- Exercise Physiologist certification from the American College of Sports Medicine (ACSM) for students who want to work as exercise physiologists, group exercise instructors or personal trainers.
- Strength and Conditioning certification from the National Strength and Conditioning Association (NSCA) for students who want to become personal trainers or strength and conditioning specialists.

Exercise and Sport Science Student Learning Outcomes

Upon graduation from the Exercise and Sport Science program, students will have mastery over the following student learning outcomes (SLO):

SLO 1: Demonstrate knowledge of social determinants of health and how these can influence access to and participation in physical activity and related health behaviors.

SLO 2: Demonstrate and apply knowledge of the human body, the science of movement, and nutrition for healthy, clinical, and athletic populations.

SLO 3: Demonstrate professional behavior, language, and effective communication skills.

SLO 4: Read and critically evaluate scientific information focused on physical activity, exercise, and health outcomes.

SLO 5: Demonstrate knowledge, skills, and abilities to design, implement and evaluate exercise programs for healthy, clinical, and athletic populations.

SLO 6: Apply effective behavioral and motivational strategies to optimize participants' adoption and adherence to exercise programs and other healthy behaviors.

SLO 7: Demonstrate knowledge of risk management in health/fitness settings and professional responsibilities of the fitness professional.

Bachelor of Science in Exercise and Sport Science – Program of Study

The discipline of Exercise and Sport Science requires the understanding and application of a variety of scientific sub-disciplines. The Exercise and Sport Science program requires students to complete coursework in four broad areas: the University General Education (GenEd) curriculum, the exercise and sport science core courses, free electives and approved content electives. The program also includes two required internship experiences. The required courses and the suggested semester-by-semester plan are as follows:

General Education Requirements

The General Education (GenEd) Program serves as Temple University's liberal education requirements for all undergraduate students and provides a foundation for learning and development practices that help students succeed academically and professionally.

A recent survey of more than 300 employers nationwide conducted by the Association of American Colleges and Universities indicated that the majority of employers seek graduates with 4-year degrees with a mix of deep disciplinary skills and knowledge and a broad base of skills and abilities. Skills and abilities which employers ranked most important for schools and colleges to develop included communication skills, critical thinking skills, the ability to apply abstract theories and ideas to concrete experiences and practices, and problem-solving skills.

These are ten critical areas to provide the backbone for Temple University's General Education program. The table below identifies each of the ten critical areas of the GenEd program.

Area	Credits
Analytical Reading and Writing (GW)	4
Quantitative Literacy (GQ)*	4
Intellectual Heritage I (GY)	3
Intellectual Heritage II (GZ)	3
Arts (GA)	3-4
Human Behavior (GB)	3
Race and Diversity (GD)	3
Global/World Society (GG)	3
Science/Technology (GS)**	8
U.S. Society (GU)	3

All new students in the College of Public Health (incoming freshman, transfer students, and those wishing to change programs) are required to take a common class, Public Health: The Way We Live, Work, and Play (HRPR 1001).

* The **Quantitative Literacy requirement** can be satisfied by completion of a course designated as GQ or completion of Math 1031, 1041, 1042, 1941, 1942, 2043, Statistics 2101, 2102, 2103 or 2903.

** The **Science & Technology requirement** must be satisfied by completing KN 1223 and KN 1224. Students must complete the entire sequence to satisfy the GenEd Science & Technology requirement and must earn a C or higher since these 2 courses also fulfill a major requirement. All other GenEd courses may be a C- or higher.

Additional information about Temple University's General Education requirement, can be found in the Undergraduate Bulletin at: <https://bulletin.temple.edu/undergraduate/general-education/> .

Advanced transfer students (45+ credits) and **GenEd to GenEd transfer students** with articulation agreements from certain community colleges may have their GenEd requirements modified according to each respective agreement. In order to review what GenEd requirements fit your situation, review the Undergraduate Bulletin at: <https://bulletin.temple.edu/undergraduate/about-temple-university/general-admissions-information/transfer-students/>

Exercise and Sports Science Core Courses

Exercise and Sport Science core courses prepare students to work with diverse populations and in a variety of settings. Core courses include:

Exercise and Sport Science Core Courses	Credits
KINS 1203 Intro to Exercise and Sport Science	3
KINS 1223 Human Anatomy and Physiology I	4
KINS 1224 Human Anatomy and Physiology II	4
KINS 2001 Determinants of Health and Well-being	3
KINS 2203 Physiology of Physical Activity	4
SBS 2204 Diet and Weight Management	3
HRPR 2421 Emergency Medical Care for Health Professionals	3
KINS 2424 Functional Anatomy	3
KINS 3196 Psychology of Physical Activity	3
KINS 3202 Biomechanics of Physical Activity	4
KINS 3203 Exercise Assessment and Programming	4
KINS 3316 Principles of Personal Fitness	4
KINS 3368 Health Fitness Program Management	3
KINS 4364 Business Management for Exercise Professionals	3
KINS 4311 Advanced Exercise Physiology	3
KINS 4385 Internship I	3
KINS 4396 Research Methods, Design, Writing	3
KINS 4485 Internship II	3
Kinesiology Physical Activity Program (ACTV/KPAP)	4

All core requirements must be completed with a minimum grade of C

Approved Electives in Exercise and Sport Science

Approved elective courses in the Exercise and Sport Science program provides student flexibility in reaching their degree requirements. Students have the opportunity to select 12 credits of coursework from the following list of classes:

Approved Electives	Credits
HRPR 1444 Move Injuries: Care and Prevention	3
KINS 3362 Olympic and Powerlifting	3
KINS 3363 Basic EKG	3
KINS 4283 Dir Readings and Study in Kinesiology	1 to 6
KINS 4290 Special Topics in Kinesiology	3
KINS 4315 Applied Performance Nutrition	3
KINS 4316 Principles of Strength and Cond	4
KINS 4333 Clinical Cardiovascular Pulmonary Exercise Physiology	3
KINS 4335 Clinical Exercise Physiology	3
CHEM 1031 General Chemistry I	3
CHEM 1033 General Chemistry Laboratory I	1
CHEM 1032 General Chemistry II	3
CHEM 1034 General Chemistry Laboratory II	1
BIOL 1011 General Biology I	4
BIOL 1012 General Biology II	4
PHYS 1021 Introduction to General Physics I	4
MATH 1021 College Algebra	4
MATH 1022 Precalculus	4
MATH 1041 Calculus I	4

Some elective courses include prerequisites. Please discuss all elective courses with your academic advisor.

Free Electives in Exercise and Sport Science

Free electives offer Exercise and Sport Science students flexibility to personalize their program of study and select courses to achieve academic and professional goals. Free elective courses include courses within the department, as

well as courses outside of the department. These free electives allow students to pursue an academic minor if desired. Students have the opportunity to complete 12 credits of free elective coursework.

The Exercise and Sport Science Internship

The Exercise and Sport Science Internships are the culminating, practical experience for students in the program. Under the supervision of a Temple University faculty member (ESS internship faculty supervisor) and a trained professional in the field (site supervisor), students have the opportunity to independently apply their knowledge and skills learned in the classroom in a

professional setting, including locations focused on health and/or performance related fitness, cardiac rehabilitation, data analytics, wellness and/or therapeutic exercise programming.

The Exercise and Sport Science curriculum includes two internship courses and experiences: *KINS 4385 Internship I in Exercise and Sport Science* and *KINS 4485 Internship II in Exercise and Sport Science*. **Each internship requires students to complete a minimum of 180 hours of hands-on learning at the internship site in addition to the internship course requirements.** Internship sites include fitness facilities for apparently healthy individuals or clinical populations, strength and conditioning facilities, corporate wellness sites, and cardiac rehabilitation sites.

To be eligible to complete this course, students are required to meet all health and background compliance required by the college and internship site. A list of all costs associated with health and background compliance required by the college can be found in Appendix A. Students are encouraged to check with prospective internship sites about added compliance requirements and costs beyond what is include in Appendix A.

Please see the *Exercise and Sport Science Internship Handbook* for more guidance about the internship experience, required internship courses and costs associated with health and background compliances.

Year 1 - Fall	Cr.	Year 1 – Spring	Cr.
KINS 1223 Human Anatomy and Physiology I	4	KINS 1224 Human Anatomy and Physiology II	4
KINS 1203 Introduction to ESS	3	Gen Ed Quantitative Literacy (GQ)	4
HRPR 1001 Public Health: The Way We Live, Work and Play	3	ENG 0802, 0812, or 0902	4
KPAF (ACTV)	2	Gen Ed Race & Diversity	3
Gen Ed Breadth Course	3	KPAF (ACTV)	2
	15		17
Year 2 - Fall		Year 2 – Spring	
KINS 2203 Physiology of Physical Activity	4	IH 0852 or 0952 Intellectual Heritage II	3
IH 0851 or 0951 Intellectual Heritage I	3	HRPR 2421 Emergency Med Care for Health Prof	3
KINS 2424 Functional Anatomy	3	SBS 2204 Diet and Weight Management	3
KINS 2001 Determinants of Health and Physical Activity	3	Gen Ed Breadth Course	3
Free Elective	3	KINS 3202 Biomechanics of Physical Activity	4
	16		16
Year 3 - Fall		Year 3 – Spring	
KINS 3203 Exercise Assessment & Programming	4	KINS 3316 Principles of Personal Fitness	4
KINS 3196 Psychology of Physical Activity	3	KINS 3368 Health Fitness Program Management	3
Gen Ed Breadth Course	3	Free Elective	3
Gen Ed Breadth Course	3	Approved Elective in ESS	3
Free Elective	3		13
	16		
Year 4 - Fall		Year 4 – Spring	
KINS 4311 Advanced Exercise Physiology	3	KINS 4396 ESS Writing & Research	3
KINS 4364 Business Management for Exercise Professionals	3	KINS 4485 Internship II in ESS	3
KINS 4385 Internship 1 in ESS	3	Approved Elective in ESS	3
Approved Elective in ESS	3	Free Elective	3
Approved Elective in ESS	3		12
	15		

*ESS: Exercise and Sport Science

Total Credits = 120

A minimum grade of a “C” must be earned in all major college courses (Including KINS 1223/1224).

Some courses are only offered in the semester they are designated in the 8-semester curriculum grid above. Please check with your academic advisor or program director to learn more about the semester classes that are planned to be offered. Courses with inadequate enrollment may be cancelled. The semester-by-semester suggested academic plan can also be accessed in the Temple Bulletin linked [HERE](#).

Graduation Policies

One year prior to graduating students should schedule an appointment with their Academic Advisor in the Department of Health and Rehabilitation Sciences to complete their pre-graduation clearance. At this appointment, they will review graduation requirements, the graduation application process, and the graduation timeline. Students should schedule this appointment approximately three months prior to their intended graduation date or they may not be able to graduate until the following commencement.

The three graduation dates at Temple University are the:

- Last Friday in July
- Third Thursday in December
- First Friday in May

Temple University and College of Public Health each hold one graduation ceremony in May. All Summer, Fall, and Spring graduates are invited to walk in each ceremony (University in the morning and College later in the same day).

If students are within 8 credits of graduating in May of any given year, they are offered the opportunity to apply and walk in the May ceremony, as long as they are scheduled to complete their remaining credits that same summer. For these students, the application to walk in the May ceremony is not the same thing as applying to graduate in May. Since students only walking in May are not actually completing their degrees until July, they must apply to graduate in July even though they applied to walk in May. *Again, applying to walk is not the same thing as applying to graduate.*

The graduation application is available through Self Service Banner in the TUportal page.

Deadlines for Notice of Anticipation of Graduation

- October 1st for Fall graduation
- February 1st for Spring graduation
- June 1st for Summer graduation

To qualify for graduation, students must have a minimum cumulative grade point average and major grade point average of 2.00.

Students are responsible for adhering to all academic policies and procedures and for understanding and satisfying all published degree requirements.

All irregular grades must be cleared prior to graduation. If the agreement is not satisfied by that time, the appropriate university official will automatically change the grade of I to the default grade.

Further information pertaining to graduation can be found at:

<https://bulletin.temple.edu/undergraduate/academic-policies/graduation-procedures/>

Academic Honors

Dean's List

Dean's List eligibility is determined by the semester GPA corresponding to cut-off points that will yield the top 16% of GPAs based on the five previous fall and spring semesters for each school or college. Students must have 12 graded credits (A to F grades) in order to be eligible for dean's list for the fall or the spring semesters.

Students who begin in the fall as part-time (i.e., registered for fewer than 12 credits) and continue as part-time in the spring will be eligible for dean's list in the spring if they accumulate at least 12 graded credits (A to F grades) over the fall and spring semesters and meet the GPA criteria listed on the chart for the school or college. If a student is enrolled part-time in the fall but full-time in the spring, eligibility for dean's list will be based on spring semester grades.

The cut-offs for dean's list eligibility can be found at:

<https://bulletin.temple.edu/undergraduate/academic-policies/deans-list/>

Graduation with Honors

To be eligible, students must have completed at least 60 credits at Temple and have one of the following designations:

- *Summa Cum Laude* – Top 2% of the college's distribution of CGPAs for the graduating cohort
- *Magna Cum Laude* – Next 5% of the college's distribution of CGPAs for the graduating cohort
- *Cum Laude* – Next 9% of the college's distribution of CGPAs for the graduating cohort

Awards Calendar and Criteria

The University offers numerous opportunities for scholarship awards. To investigate which of these awards you might be eligible for, visit the Office of Student Financial Services at: <https://sfs.temple.edu/financial-aid-types/scholarships>.

The Department of Health and Rehabilitation Sciences offers multiple student scholarships and awards each year. The following are awards that are conferred upon students from year to year by the Department. Students must apply for each award that interests them. Awards have specific criteria that must be met. For all awards, a 3.0 GPA is required. Please see the Scholarship Universe for all scholarship application deadline dates and criteria.

The Department uses Scholarship Universe

(<https://sfs.temple.edu/financial-aid-types/scholarships/scholarship-opportunities-temple/scholarshipuniverse>), an online scholarship platform adopted by Temple University, for the scholarship application process. Students must complete their application by the application deadline in order to be considered for an award. Incomplete applications will not be reviewed. Please see the award descriptions below for additional information on scholarship opportunities:

Alice Cavanaugh Memorial Scholarship

Established in 1997 by Gerald A. Huestis in memory of Alice Cavanaugh Huestis, EDU'51 to provide scholarships for students who have demonstrated academic achievement and financial need. The Alice Cavanaugh Memorial Scholarship has been endowed in memory of Alice Cavanaugh-Huestis (Physical Education, 1951) by her family. This scholarship is awarded annually to one or more outstanding undergraduates majoring in Kinesiology or Exercise & Sports Science who, like Alice Cavanaugh, exemplifies excellence in scholastic achievement.

Eva and Nate Garfinkle

Established in 1988 by the family of Eva, EDU'33 and Nathan, EDU'31 Garfinkle to provide scholarships for a student majoring in Kinesiology or Exercise & Sports Science. The Nate and Eva Garfinkle Scholarship honors and memorializes

Physical Education alumnus Nate Garfinkle (B.S., 1931) and his wife and Temple alumna Eva (B.S., 1933). As a teacher in the School District of Philadelphia for more than 30 years, Nate Garfinkle influenced thousands of students. A founding member of the HPERD Alumni Association, Nate was an active proponent of the dream of Russell Conwell: to provide a quality education to those who can least afford it. The Nate and Eva Garfinkle scholarship builds on the maxim expressed by Dr. Conwell: Do what you can with what you have, where you are today.

Dorothy McQueen

Established in 2001 by friends and family in memory of Dorothy McQueen, EDU'30'37, a member of the Temple University Hall of Fame and an outstanding athlete, coach, mentor, leader and teacher, to provide an annual award to an outstanding Sophomore or Junior student majoring in Kinesiology or Exercise & Sport Science who has demonstrated outstanding leadership qualities among his or her peers. Recipients must be a graduate of any of the high schools within the Philadelphia, Pennsylvania School District.

Reimann Family

Established in 2013 by Barbara J. Reimann, CHP'55, to provide scholarships for undergraduate students majoring in Kinesiology or Exercise & Sports Science in the College of Public Health who have financial need and show academic promise.

Agnes Stegmuller

Established in 1995 by Agnes L. Stegmuller to provide scholarships for undergraduate students majoring in Kinesiology or Exercise & Sports Science. This award is for students who have an established GPA in their program, financial need and academic achievement. Agnes Stegmuller (Health & Physical Education, B.S., 1945; Ed.M., 1948) completed a 40-year career in Physical Education and athletics, as a teacher, coach, administrator, and sports official. She retired in 1983 as Department Head of Health and Physical Education and Athletic Director at Bartram High School in Philadelphia. Her career has been active and full of honors, including induction into the Temple Hall of Fame and recipient of a Certificate of Honor and the Eugene Dixon Inspiration Award.

Donald R. Hilsendager

Established in 1999 by Donald R. Hilsendager, former Dean of the School of Health, Physical Education, Recreation and Dance, to provide scholarships for academically talented graduate students enrolled in the Department of Health and Rehabilitation Sciences. Dr. Donald R. Hilsendager retired in 1996 after 33 years of service to Temple University. During his tenure, he served as Chair of the Department of Physical Education from 1978 to 1980 and Dean of the College of Health, Physical Education, Recreation and Dance from 1981 to 1996.

Appendix A: Internship Health and Background Compliances

Most College of Public Health programs prepare students for careers that involve close examination of a person's background before being employed or even engaged in clinical training and field education. Thus, students are strongly encouraged to begin gathering required documentation and clearances immediately after admission into their program so that they have sufficient time to assemble their portfolio well before it is required for field-based learning, including internships. Gathering required background information early also provides sufficient time to address any issues that might postpone or prevent fieldwork. Each program publishes more detailed information on health screenings and background clearances that are used for clinical training and field education. ([LINK](#))

Health and Background Compliances and Estimated Costs:

Annual fee for EXXAT-APPROVE- \$35

FBI Fingerprints-\$25 (expires in 5 years but may be requested annually by an affiliate or program)

PA Patch- \$22 (expires in 5 years but may be requested annually by an affiliate or program)

PA Child abuse- \$12 (expires in 5 years but may be requested annually by an affiliate or program)

National Background Check- through Universal- \$58 (expires in 5 years but may be requested annually by an affiliate or program) (NY residents only- \$108)

Urine Drug Screen- \$30-60- depending on panel requested

Physical Exam- Free TU Student Health Services

Fees for prematriculation health requirements can be found at [Prematriculation Requirements | Student Health Services | Student Health Services \(temple.edu\)](#).