Grand Valley Local School

Sick Guidelines 2020-2021

Symptoms and conditions requiring absence from school:

Infectious Disease Symptoms	Other Conditions:
One of the following symptoms:	Confirmed non-COVID viral infectious
 Temperature above 100.0 F 	disease
 Fatigue/body aches/chills 	 Ex: influenza or rhinovirus
○ Cough	 Contagious infections requiring antibiotic
 Shortness of breath 	treatment
 Difficulty breathing 	 Ex: Strep throat or pink eye
 New loss of taste or smell 	 Undiagnosed, new, and/or untreated skin
 Nausea, vomiting and/or diarrhea 	rash or condition
 2 or more of the following symptoms: 	 Doctor's note requiring an individualized
 Headache 	plan of care to stay home due to medical
 Sore throat 	concerns.
 Congestion 	• Out of state travel in the past 2 weeks where
Runny nose	a local or state health department is
o Rash	reporting large numbers of COVID-19 cases
 Student reported or has been notified that 	
they have been in close contact with a	
confirmed positive COVID-19 case	

Procedure for Return to School

Infectious Disease Symptoms	
• The following symptoms requires medical	

The following symptoms requires medical clearance to return to school:

- o Fever of 100° and above, chills, fatigue, muscle or body aches, cough, shortness of breath, difficulty breathing and/or new loss of taste or smell
- o If you choose **not** to test your student, the student must stay home for 14 days minimum and return when symptom-free for 3 days.
- o If a student has given a diagnosis of COVID-19 he/she must be isolated for a minimum of 14 days, return when symptom-free for 3 days and follow Ashtabula County Health Department recommendations.
- Students experiencing 2 or more of the following symptoms are required a minimum of 3 three days absence; students must be symptom free for 3 days without the use of medication before returning to school.
 - Headache, sore throat, congestion, runny nose, nausea, vomiting, diarrhea and or rash

Other Conditions:

- If notified to self-quarantine due to a <u>close</u> exposure to a confirmed COVID + case, please stay home and monitor symptoms for 14 days from last known exposure, including a temperature check 2 times a day. A negative test does not end the quarantine period early.
- If confirmed that a student has non-COVID viral illness please provide a negative COVID test result and/or a doctor's note to confirm another diagnosis. Students may return once 72 hours symptom-free without the use of medication.
- After the first 24 hours of various antibiotic treatments for contagious infections (i.e. strep throat, pink eye, etc.)
- 2-week quarantine ends without illness after out-of-state travel where a local or state health department is reporting large numbers of COVID-19 cases
- Students may return to school prior to 3 days with clearance from the medical provider.