

# IEP Goals for Autism

## Fill-in-the-Blank Goals Template

A parent & educator worksheet from Apex ABA | apexaba.com

### How to Use This Template

Every strong IEP goal has three parts: a Condition (the setting or support), a Behavior (the observable skill), and a Criterion (how success is measured). Fill in each blank, then check it against the SMART checklist. Bring the completed sheet to your next IEP meeting.

### The Goal Formula

Condition	Behavior	Criterion
Given a visual schedule and a verbal prompt...	...the student will transition between activities...	...in 4 of 5 opportunities, measured by teacher data.

### SMART Checklist (tick each goal)

- Specific: names the behavior, condition, and criteria
- Measurable: uses numbers (percent, trials, frequency)
- Achievable: realistic for the child's current level
- Relevant: ties to a real PLAAFP need
- Time-bound: set within the 12-month IEP period

### Communication Goals

*Goal 1: e.g., requesting with PECS/AAC, following directions, initiating conversation*

**Condition:** \_\_\_\_\_

**Behavior:** \_\_\_\_\_

**Criterion:** \_\_\_\_\_

**Baseline (current level):** \_\_\_\_\_

*Goal 2: e.g., answering wh- questions, expressing needs across settings*

**Condition:** \_\_\_\_\_

**Behavior:** \_\_\_\_\_

**Criterion:** \_\_\_\_\_

**Baseline (current level):** \_\_\_\_\_

## Social Skills Goals

*Goal 1: e.g., initiating play, turn-taking, reading facial expressions*

**Condition:** \_\_\_\_\_

**Behavior:** \_\_\_\_\_

**Criterion:** \_\_\_\_\_

**Baseline (current level):** \_\_\_\_\_

*Goal 2: e.g., sustaining group participation, greeting peers*

**Condition:** \_\_\_\_\_

**Behavior:** \_\_\_\_\_

**Criterion:** \_\_\_\_\_

**Baseline (current level):** \_\_\_\_\_

## Academic Goals

*Goal 1: e.g., reading comprehension, math operations, writing*

**Condition:** \_\_\_\_\_

**Behavior:** \_\_\_\_\_

**Criterion:** \_\_\_\_\_

**Baseline (current level):** \_\_\_\_\_

*Goal 2: e.g., following two-step written instructions*

**Condition:** \_\_\_\_\_

**Behavior:** \_\_\_\_\_

**Criterion:** \_\_\_\_\_

**Baseline (current level):** \_\_\_\_\_

## Behavior & Self-Regulation Goals

*Goal 1: e.g., using a calming strategy, labeling emotions*

**Condition:** \_\_\_\_\_

**Behavior:** \_\_\_\_\_

**Criterion:** \_\_\_\_\_

**Baseline (current level):** \_\_\_\_\_

Goal 2: e.g., transitioning between activities, requesting a break

**Condition:** \_\_\_\_\_

**Behavior:** \_\_\_\_\_

**Criterion:** \_\_\_\_\_

**Baseline (current level):** \_\_\_\_\_

---

### **Need Help Turning These Into Progress?**

Apex ABA pairs your family with a BCBA who aligns therapy with your child's IEP goals and tracks every step. Book a free consultation at [apexaba.com/contact](http://apexaba.com/contact). Serving families in North Carolina, Georgia, and Maryland.