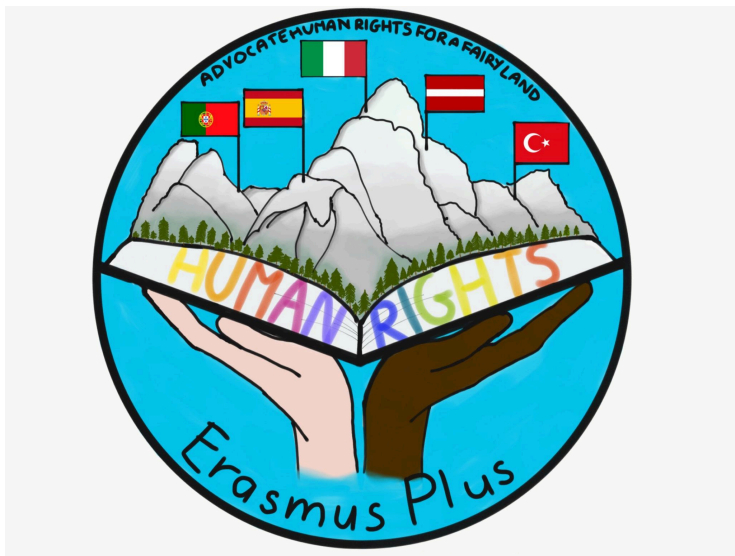
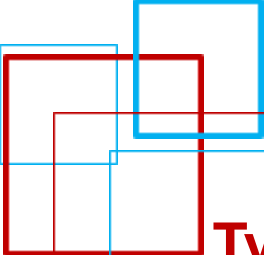




Human rights in Latvia



Erasmus+



Types of human rights

- The right to live, freedom and personal integrity
- Right to education, work, healthcare, social security
- Right to express your views

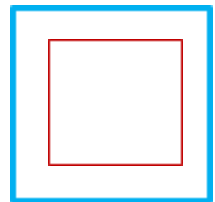
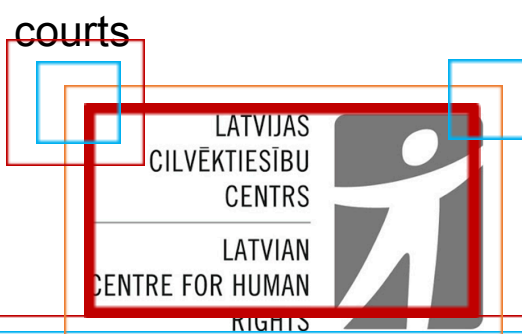
- Equality before the law, right to an open, timely and fair trial
- Freedom of movement

The Latvian Centre of Human rights (LCHR)

LCHR was established in 1993 as an independent non-governmental organization

LCHR conducts human rights:

- Monitoring
- Research and policy analysis
- Protection of various target groups
- Provides legal aid to victims of human rights issues
- Including representation of clients before domestic and international courts



**Respect for others and
cooperation**

It's heavily ingrained in Latvian culture and society for people to be considerate of others and respect people around you.

Often, when you want to complain about a violation of human rights, you have to write an official complaint.

Your duty is to describe as accurately as possible everything you know and who can play a role in this case.