



Gardner Middle School Health Services
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Dear Parents/Guardians,

The health office will begin performing state mandated screenings beginning in January 2026. These screenings are an important part of detecting developing medical issues that may also impact your student's academic performance.

The screenings that your child is required to have depend on their grade level:

Grade 5: Postural (scoliosis) Screening and Vision

Grade 6: Postural Screening

Grade 7: Hearing, Vision, BMI (Ht/Wt) and Postural Screening

If your student wears glasses, please make sure they bring them to school for the vision screening!

Female students may want to wear a bathing suit top or sports bra under their clothing for postural screening. This allows for accurate viewing of their spine. All postural screenings are done in a private area.

If you would like your student to participate in the health screenings, no further action is necessary. If your student has already had these screenings performed by their doctor and you **do not** want them to be performed at school, **you must send a note to the school for the nurse or email your note to downeyh@gardnerk12.org.** If the nurse has not received a note prior to the screening day, your student will be screened. Please be sure to write clearly and include the following information in the note:

- * Your child's full name and grade
- * A request to decline the specific screening by name
- * Parent's printed name, signature, and date

If any of your child's screening findings require follow-up with your child's doctor, you will be contacted by phone, letter, or both. Please contact the health office with any questions or concerns that you may have regarding these screenings.

Sincerely,

Haley Downey, BSN, RN
GMS School Nurse