



Wax Recommendation:

Event	Lake Placid Supertour Day #1
Date, Time	1.29.22, 9am
Technique, Distance	Classic, Sprints
Location	Mt. Van Hoevenberg

Overnight Temperature (F°)	Overnight low of -10f
Day Temperature (F°)	-5 warming up to 7f
Precipitation, Snow Type	fresh mixed with transformed
Wind	moderate

Glide Wax Recommendation

Good	SG Graphite	RG Green	
Better	RG Race Graphite	RG Race Green	
Best	RG Race Graphite	RG Ultra Green	

Kick Wax Recommendation

Base	Base wax mixed 50/50 with synthetic blue ironed		
Kick 1	Synthetic Green		
Alternative	+speed, synthetic black may be tried as an extra thin layer for speed	+kick, apply 2 layers of synthetic blue beneath your green	