

Bean & Cheese Burritos

Based on the recipe by Fit Mama Real Food

Ingredients

6 cups refried beans
1 1/2 cups shredded cheddar cheese
12 8-inch tortillas

Sprinkle 2 Tablespoons shredded cheese in the center of a tortilla.

Spread 1/2 cup refried beans on top of cheese.

Fold in the top and bottom parts of the tortilla, then the sides, into a burrito shape.

Place face down on a tray or baking sheet.

Repeat until all 12 burritos are made, then freeze in a single layer.

When completely frozen, transfer to a zip top bag.

To reheat, microwave on high for 2 to 2 1/2 minutes.

Makes 12 burritos.

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