

Learning Habits "Check In"

Name: _____

Instructions: Highlight the ones that you are really good at, and leave those you need to work on or could do better at, blank.

Listening when others are speaking	Contributing to a positive learning environment
Showing up on time for class	Following the expectations (<i>backpack? bathroom?</i>)
Prioritizing learning over socializing	Staying organized (<i>handouts in binder?</i>)
Meeting deadlines; handing in work on time	Supporting the learning of others
Being prepared for class (<i>pencil? binder?</i>)	Leaving your cell phone in your locker
Learning mindset: participating 100% (<i>discussions?</i>)	Self- advocacy: asking for help when you need it

Next, based on your self-assessment, where do you think you are? (*circle one*)

Emerging <i>"I am just getting started"</i> <i>"I learn best with help"</i>	Developing <i>"I get some of it"</i> <i>"I am becoming more consistent"</i>	Proficient <i>"I completely get it"</i> <i>"I do it on my own, consistently"</i>
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Strengths. Based on the ones that you highlighted , provide 2-3 specific examples (<i>so far in this class</i>) of ways that you are good at them.	Next Steps. Based on what you did not highlight , provide 2-3 ways in which you will work on improving in these areas. Be specific. How will you achieve your goals?

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