

CREATE WORKSHOP

[Mixed Ages, Older Elementary, Teen]



CREATE WORKSHOP

CREATE Workshop is a program for our transitional partner agency sites where children and youth are not permanently enrolled or housed. Volunteers sign-up to work with youth on a semi-regular basis at the partner site. This allows individuals more flexibility while also giving the opportunity to build a relationship with their community

REMEMBER TO SHARE YOUR AWESOME PROJECTS WITH US BY SENDING PICTURES TO
MESKRO@BIGSTWINCITIES.ORG

CREATE WORKSHOP SESSION FORMAT

KEY

2 hour volunteer session

2.5 hour volunteer session

SET UP [15 Minutes | 15 Minutes]

All team members must meet at the designated partner site **15 minutes prior to session** start time. This is essential for preparation of the day's activities. Take this time to review the planned project with your group and prep materials.

OPENING RITUAL [5 Minutes | 5 Minutes]

Begin the session with the **opening ritual**. This marks the beginning of the session and is used as an icebreaker for individuals participating in the session to get to know one another.

PROJECT INTRODUCTION & DISCUSSION [15 Minutes | 15 Minutes]

Begin with discussion questions and handouts that may be provided in the curriculum plan. This allows discussion among the kids before the project begins. This allows time for youth to make personal connections to the project and begin brainstorming ideas.

PROJECT [45 Minutes | 1 Hour and 15 Minutes]

Check in with the youth continually throughout the project. Use open ended questions, discuss what the project means to them, and actively listen to the youth. Allow for individuality through choices in materials and opportunities for personal stories/interests in the artwork. Encourage problem-solving rather than starting over if frustrated. Focus on the process of art over the final product.

REFLECTION [15 Minutes | 15 Minutes]

During reflection the group reconvenes to share their project and debrief about the experience. Try to reflect on the discussion held earlier to see if any of the youths' ideas changed or grew. Acknowledge youth's effort and contributions of the day and use this time to ask for feedback on the project. If a youth is not comfortable sharing, please do not force them to do so.

CLOSING RITUAL [10 Minutes | 10 Minutes]

End the session with the **closing ritual**. Afterwards, each youth will need to take part in filling out a survey. You can collect these at the end and return them to the Free Arts binder.

VOLUNTEER CLOSING [15 Minutes | 15 Minutes]

Spend **15 minutes after the session** as a group to discuss the day's session. This will be time for you to debrief with the partner site staff. How did the project go? Were the youth comfortable with the project and materials? Any stories?

Repetitive Painting

PREPARATION

2 hour volunteer session= 15 minutes

2.5 hour volunteer session= 15 minutes

Supplies to prepare before youth enter the room:

- canvases
- paint brushes
- watercups
- paper towels
- table covers
- paper plates or pallets
- acrylic paint or tempera for younger children
- scratch paper
- colored pencils
- pencils

OPENING WITH YOUTH

2 hour volunteer session= 5 minutes

2.5 hour volunteer session= 5 minutes

- Greet each youth as they enter the room
- Go around room and let everyone introduce themselves
- Question Jar- located in the CREATE Bin
 - Let one child pull out a question for the entire group to go around and answer one at a time, or let each child pull out a question and give their answer to the group.
 - If a child does not want to participate, that is ok. Make them feel included by sitting with them and listening to the other youth take turns answering questions.

PROJECT INTRODUCTION & DISCUSSION

2 hour volunteer session= 15 minutes

2.5 hour volunteer session= 15 minutes

- After you have completed the opening with all of the youth, introduce the topic of the day:
- Begin by asking the group: What are examples of shapes? What are your favorite shapes? What is the difference between organic and geometric shapes? (Look at Handout #1) How do artists use shapes? Talk about Ashley Mary and how she uses shapes (PDF and Handout #2) What do you notice about her work?
- From there you will explain that in today's session, you and the youth will: Repetitive Paintings!

PROJECT WORK TIME

2 hour volunteer session= 45 minutes

2.5 hour volunteer session= 1hour 15 minutes

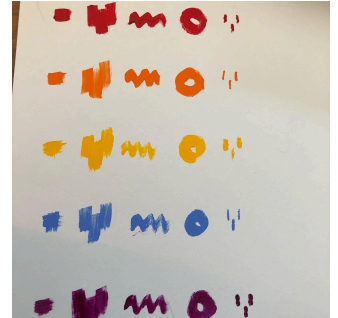
Step 1: gather ideas

1. First have the youth draw some shapes that they like. Encourage them to draw both organic and geometric shapes.
2. Next, have them pick their 5 favorites and also 5 colors. Encourage students to work with a limited palette to push them to make more intentional color decisions.



Step 2: paint

1. Have the youth start painting, repeat each shape with each color. Explain that they will paint each of their 5 shapes with the five colors they chose. See example in Handout #3.
2. Encourage the youth to find their own pattern to follow, whether that is to do one color first or completely random. Students create shapes and patterns one paint layer at a time. The free-form nature of this painting style also fosters intuitive thinking. Also encourage them to vary sizes of each shape if desired.
3. Continue until the whole canvas is covered.



Step 3: group project (if time)

1. Create a painting altogether! Have everyone paint their shapes creating a collaborative masterpiece.

Please continue to remind the youth about remaining time (ex: 30 minutes left, 15 minutes left, etc.)

REFLECTION

2 hour volunteer session= 15 minutes

2.5 hour volunteer session= 15 minutes

- When the project time is complete, everyone will come together to reflect.
- Ask the youth to explain what they made (try not to guess)!
 - What did you notice while you were making it? What does it remind you of? How does it make you feel? What is your favorite part? Why did you use those colors? What did it inspire you to do? Would you want to make this again?

CLOSING WITH YOUTH

2 hour volunteer session= 10 minutes

2.5 hour volunteer session= 10 minutes

- After the reflection process, break into as many groups as there are volunteers. (ex: if there are two volunteers, break into two groups. If there are four, break into four groups).

- o You will be asking the small groups questions about the day and will record their answers on your designated closing sheets located in the Free Arts binder in the supply closet.
- o After you have answered the questions with your group, you can return the questionnaire to the binder and leave it in the closet.
- After the small group questions, come back into one whole group and end the session with the one word game.
 - o Go around the room and have each child say one word that described their experience for the day.
- Close by thanking the kids for participating and say your good-byes.

DEBRIEF AFTER YOUTH LEAVE

2 hour volunteer session= 15 minutes

2.5 hour volunteer session= 15 minutes

- This will be time for you to debrief with the other volunteers and partner site staff if needed. This may take up to 15 minutes after the session with the youth is complete.