Croxley Danes School : Key Stage 4 Curriculum Map

Subject: PE

Key Concepts

Competence in a broad range of activities	Physically active for prolonged periods	Engagement in competitive sport	Healthy and Active lifestyles
Students are asked to participate in a broad range of activities using a range of tactics and strategies to overcome opponents in direct competition through team and individual games in congruence they are asked to develop their technique and improve their performance in other competitive sports. Finally, students are asked to take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group.	Covered within the aims of the NC for PE KS3 be does not specify	Students are asked to participate in a broad range of activities use a range of tactics and strategies to overcome opponents in direct competition through team and individual games in congruence they are asked to develop their technique and improve their performance in other competitive sports. Finally, students are asked to take part in tasks which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group.	Across the year we are actively looking to develop student's personal outcomes. More specifically student's social, affective and health domains of learning. In doing so we should be able to see progress not only in the cognitive and psychomotor domains in specific sports across the key stage, but also progress across the year in relation to their social domain, which refers to communications, teamwork, management and leadership, affective domain which refers to emotions, behaviours and self esteem and healthy domain which refers to the choosing of healthy behaviours and attitudes.

What is the Croxley vision for this subject at Key Stage 4

Curriculum intent @ KS4

The Key stage 4 PE curriculum at Croxley Danes focuses on experiential based learning. The KS4 core curriculum has the intent to **'prepare students for healthy and active lifestyle.'**

Through participation in a range of activities students will gain valuable knowledge, understanding and the ability to apply this in a range of sports and activities for a sustained period of time. Students will look to participate in a range of sports across the key stage which looks to actively build on prior learning and progressively increase in difficulty of skills learned in order to stretch and challenge and induce progress, or students will experience new sports/ activities they previously asked for in the Active lives

survey or student voice.

Throughout KS4 we have a progressive increase in modified game time situations and application as the years progress which overall averages to 30 % physical competency and 70% physical activity, this was based on the guidance supported by the youth sports trust.

Underpinning the KS4 curriculum we believe that we should continue in promoting values, character, responsibility, and life skills in physical education and other physical activity settings. As a result, we feel that personal outcomes is a focus that we look to progress as the academic year continues and physical competence in individual sports/activities develops across the key stage.

Why is the curriculum sequenced as it is?

The curriculum is sequenced the way that it is to initially provide a breadth of activity to young people, each academic year students will experience 10 different activities or sports. The structure below allows students to develop the competence to excel by giving students the opportunity to build on their skills and develop tactics and other domains in the lesson. The structure or rationale behind the activities taking place at those time is initially due to the season, some sports are more seasonal than others and therefore it takes place at different half terms throughout the year. Similarly, we are wanting to ensure we meet the National curriculum subject content. In congruence, another factor as to the sequence of lessons is depicted by student voice, we are actively taking part in the Sport England survey which gave students options surrounding participation, enjoyment and engagement and as a result we have shaped slightly differing options for male and female groups based on what they want. The intention behind this is to promote engagement and participation for students at a young age to help give them positive experiences so they are likely to continue participating into later life.

Interform competitions within curriculum time, this will be to increase competition and similarly act as a pathway to take part in competitive sports and activities outside school through community links or sports clubs. The interform competitions will take place in games lessons and will follow a pathway that links to content covered within the curriculum.

Key Stage 4 **Year Group: 10**

	Autumn Term 1	**Autumn Term 2**	**Spring Term 1**
key concept	• Competence in a broad range of	• Competence in a broad range of	• Competence in a broad range of activities

	activities • Physically active for prolonged periods • Engagement in competitive sport • Healthy and Active lifestyles	activities • Physically active for prolonged periods • Engagement in competitive sport • Healthy and Active lifestyles	• Physically active for prolonged periods • Engagement in competitive sport • Healthy and Active lifestyles
Content: (Know what…)	Basketball Table Tennis Netball Cricket Football	Rugby aerobics/fitness Badminton Tag Rugby OAA/Military fit	Handball Hockey Gymnastics Basketball Hockey Handball Basketball Dance
Skills: (know how…)	The Key stage 4 PE curriculum at Croxley Danes focuses on experiential based learning. The KS4 core curriculum has the intent to **'prepare students for a healthy and active lifestyle.'** Through participation in a range of activities students will gain valuable knowledge, understanding and the ability to apply this in a range of sports and activities for a sustained period of time. Students will look to participate in a range of sports across the key stage which looks to actively build on prior learning and progressively increase in difficulty of skills learned in order to stretch and challenge and induce progress, or students will experience new sports/ activities they previously asked for in the Active lives survey or student voice.		
Key vocabulary (5- 10 words)	• **Rules** • **Regulations** • **Techniques** • **Tactics** • **Participation**	• **Rules** • **Regulations** • **Techniques** • **Tactics** • **Participation**	• **Rules** • **Regulations** • **Techniques** • **Tactics** • **Participation**
End of Half term assessment	N/A	N/A	N/A

Planned trips / Clubs / links	Extra Curricular clubs that are linked to the curriculum, fixtures that are linked to winter or summer sports. Adhoc events to different sporting events will take place. Sports Leaders Pathway will be introduced in year 7. We have developed school club links with wider clubs in the local area. We have built positive relationships with APEX360 and ClubHub.		
Key Stage 4 Year Group: 10			
	Spring 2	**Summer 1**	**Summer 2**
Key Concept	• Competence in a broad range of activities • Physically active for prolonged periods • Engagement in competitive sport • Healthy and Active lifestyles	• Competence in a broad range of activities • Physically active for prolonged periods • Engagement in competitive sport • Healthy and Active lifestyles	• Competence in a broad range of activities • Physically active for prolonged periods • Engagement in competitive sport • Healthy and Active lifestyles
Content: **(Know what…)**	Football Badminton Cunning Running Couch to 5K Badminton Football Dodgeball/Handball Benchball	Athletics Cricket Tennis	Athletics Cricket Tennis
Skills: **(Know how…)**	The Key stage 4 PE curriculum at Croxley Danes focuses on experiential based learning. The KS4 core curriculum has the intent to **'prepare students for a healthy and active lifestyle.'** Through participation in a range of activities students will gain valuable knowledge, understanding and the ability to apply this in a range of sports and activities for a sustained period of time. Students will look to participate in a range of sports across the key stage which looks to actively build on prior learning and progressively increase in difficulty of skills learned in order to stretch and challenge and induce progress, or students will experience new sports/ activities they previously asked for in the Active lives survey or student voice.		

Key vocabulary (5- 10 words)	• **Rules** • **Regulations** • **Techniques** • **Tactics** • **Participation**	• **Rules** • **Regulations** • **Techniques** • **Tactics** • **Participation**	• **Rules** • **Regulations** • **Techniques** • **Tactics** • **Participation**
End of Half term assessment	N/A	N/A	N/A
Planned trips / Clubs / links	Extra Curricular clubs that are linked to the curriculum, fixtures that are linked to winter or summer sports. Adhoc events to different sporting events will take place. Sports Leaders Pathway will be introduced in year 7. We have developed school club links with wider clubs in the local area. We have built positive relationships with APEX360 and ClubHub.		

Key Stage 4	**Year Group: 11**		
	Autumn Term 1	**Autumn Term 2**	**Spring Term 1**
key concept	• Competence in a broad range of activities • Physically active for prolonged periods • Engagement in competitive sport • Healthy and Active lifestyles	• Competence in a broad range of activities • Physically active for prolonged periods • Engagement in competitive sport • Healthy and Active lifestyles	• Competence in a broad range of activities • Physically active for prolonged periods • Engagement in competitive sport • Healthy and Active lifestyles
Content: (Know what…)	Basketball Table Tennis Netball Cricket	Table Tennis Rugby aerobics/fitness	Football Gymnastics Basketball Dance

Skills: (know how…)	The Key stage 4 PE curriculum at Croxley Danes focuses on experiential based learning. The KS4 core curriculum has the intent to **'prepare students for a healthy and active lifestyle.'** Through participation in a range of activities students will gain valuable knowledge, understanding and the ability to apply this in a range of sports and activities for a sustained period of time. Students will look to participate in a range of sports across the key stage which looks to actively build on prior learning and progressively increase in difficulty of skills learned in order to stretch and challenge and induce progress, or students will experience new sports/ activities they previously asked for in the Active lives survey or student voice.		
Key vocabulary (5- 10 words)	• **Rules** • **Regulations** • **Techniques** • **Tactics** • **Participation**	• **Rules** • **Regulations** • **Techniques** • **Tactics** • **Participation**	• **Rules** • **Regulations** • **Techniques** • **Tactics** • **Participation**
End of Half term assessment	N/A	N/A	N/A
Planned trips / Clubs / links	Extra Curricular clubs that are linked to the curriculum, fixtures that are linked to winter or summer sports. Adhoc events to different sporting events will take place. Sports Leaders Pathway will be introduced in year 7. We have developed school club links with wider clubs in the local area. We have built positive relationships with APEX360 and ClubHub.		
Key Stage 3 /	**Year Group: 7**		
	Spring 2	**Summer 1**	**Summer 2**
Key Concept	• Competence in a broad range of activities • Physically active for prolonged periods • Engagement in competitive sport • Healthy and Active lifestyles	• Competence in a broad range of activities • Physically active for prolonged periods • Engagement in competitive sport • Healthy and Active lifestyles	• Competence in a broad range of activities • Physically active for prolonged periods • Engagement in competitive sport • Healthy and Active lifestyles

Content: **(Know what…)**	Badminton Cricket Rounders Fitness and Health	Games and Options	
Skills: **(Know how…)**	The Key stage 4 PE curriculum at Croxley Danes focuses on experiential based learning. The KS4 core curriculum has the intent to **'prepare students for a healthy and active lifestyle.'** Through participation in a range of activities students will gain valuable knowledge, understanding and the ability to apply this in a range of sports and activities for a sustained period of time. Students will look to participate in a range of sports across the key stage which looks to actively build on prior learning and progressively increase in difficulty of skills learned in order to stretch and challenge and induce progress, or students will experience new sports/ activities they previously asked for in the Active lives survey or student voice.		
Key vocabulary **(5- 10 words)**	• **Rules** • **Regulations** • **Techniques** • **Tactics** • **Participation**	• **Rules** • **Regulations** • **Techniques** • **Tactics** • **Participation**	• **Rules** • **Regulations** • **Techniques** • **Tactics** • **Participation**
End of Half term assessment	N/A	N/A	N/A
Planned trips / Clubs / links	Extra Curricular clubs that are linked to the curriculum, fixtures that are linked to winter or summer sports. Adhoc events to different sporting events will take place. Sports Leaders Pathway will be introduced in year 7. We have developed school club links with wider clubs in the local area. We have built positive relationships with APEX360 and ClubHub.		

	10-1	10-2	10-3	10-4	11-1	11-2	11-3	11-4

Autumn 1	Basketball	Table Tennis	Netball	Cricket	Basketball	Table Tennis	Netball	Cricket
Autumn 1	Table Tennis	Basketball	Football	Netball	Table Tennis	Basketball	Football	Netball
Autumn 2	Rugby	Rugby	aerobics/fitness	Badminton	Rugby	Rugby	aerobics/fitness	TT
Autumn 2	Rugby	Rugby	Tag Rugby	OAA/Military fit	Mocks	Mocks	mocks	mocks
Spring 1	Handball	Hockey	Gymnastics	Basketball	Football	Football	Gymnastics	Basketball
Spring 1	Hockey	Handball	Basketball	Dance	Football	Football	Basketball	Dance
Spring 2	Football	Badminton	Cunning Running	Couch to 5K	Badminton	Cricket	Cunning Running	Couch to 5K
Spring 2	Badminton	Football	Dodgeball/Handball	Benchball/	Cricket	Badminton	Rounders	Rounders
Summer 1	Mocks	Mocks	Mocks	Mocks	Games	Games	Games	Games
Summer 1	Athletics	Athletics	Athletics	ultimate frisbee				
summer 2	Cricket	Tennis	Rounders	Athletics				
Summer 2	Tennis	Cricket	Footgolf	Rounders				