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Carbon Footprint Calculator Worksheet

Completing this worksheet prior to using the calculator streamlines the process. Your calculations are to be based on your emissions for 12 months. Averages are acceptable since all emission metrics are also based on averages.

Identify your AVERAGE MONTHLY expense in dollars for the following categories	Dollars Spent	Other Info
Electricity		
Natural Gas		
Propane		
Fuel Oil		
Determine the AVERAGE WEEKLY miles you drive for each of your vehicles and the AVERAGE MPG per vehicle	Miles Driven	MPG
Vehicle #1		
Vehicle #2		
Vehicle #3		
Vehicle #4		
Vehicle #5		
Annual Air Travel Trips	# Flights	
Short Flights: 900 miles or less round trip		
Medium Flights: 901-1499 miles round trip		
Long Flights: 1500 miles or more round trip		
Identify your AVERAGE ANNUAL expense in dollars for the following categories	Dollars Spent	Other Info
Groceries (food)		
Pharmaceuticals		
Clothing/Shoes		
Books/Magazines/Newspapers (non-digital)		
Technology		
Vehicles (purchased, leased)		
Home Furnishings (furniture, manufactured goods)		
Hospitality (eating out, hotels)		
Phone Services (cell phone plan costs)		
Mortgage and Loan Payments		
Entertainment (recreation, cultural events, sporting events)		