

Main kw/slug: vegamour hair serum reviews (3.1K)

Meta: A hair growth serum that's effective AND kind to the scalp? You found it: check out my Vegamour hair serum reviews.

Post title/H1:

Is Vegamour GRO the Best Serum for Hair Loss?

Yoast title (edit the snippet directly, copy & paste this in):

Vegamour Hair Serum Reviews 2022: How a Serum Helps Hair Growth

Vegamour Hair Growth Serum: Is It Worth The Hype?

After spending a fortune on hair loss 'cures', I was skeptical about Vegamour at first. These days, I'm a proud baldie – I'm ok with my alopecia, most of the time! But when I experienced even MORE hair thinning during pregnancy, and when my eyebrow disappeared too, I began wishing the glowing Vegamour hair serum reviews I'd read were true.

Because even though I hadn't seen new hair growth in a while, it had been far longer since I'd experienced sudden hair loss. So, SO much of it...damn pregnancy hormones! Then I started using Vegamour hair serum for my scalp and eyebrows. And I can happily report: shedding stopped in its tracks!

So here's my first-hand review of Vegamour's most popular hair growth serum: Vegamour GRO Serum, a look at its other serums to support hair growth, and how I used them for postpartum hair loss. Enjoy!

Coming up:

- [Brand & background](#)
 - [Ingredients & Benefits of Vegamour GRO serum](#)
 - [Other Vegamour serums](#)
 - [How to use Vegamour serum for hair](#)
 - [Vegamour hair serum reviews: online and personal](#)
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Original GRO Serum

[1 product, large size image of Gro Original Serum]

[Check it out](#)

Brand & Background

Vegamour started out with eyelash and eyebrow growth treatments back in 2017 – but its [vegan Gro Serum](#) for hair health soon became its bestseller. Nowadays, the vegan hair care company has [a wide range of products](#) to treat thinning hair, hair loss and to promote hair growth.

And if you're an eco-friendly type (because, well, it's nice to be!) you'll be happy to know Vegamour's cruelty free hair thinning serums are 100% organic and vegan-certified. They support Fair Trade initiatives, too. Woohoo!

Ingredients & Benefits of Vegamour GRO Serum

Let's start with the original GRO hair thinning serum – still a firm customer favorite!

On its website, Vegamour reports a significant increase in hair density – **up to 52%** – after using the hair growth serum for 3 to 4 months. It also claims to reduce signs of shedding by **up to 76%** – and it does all this without harmful chemicals like parabens, synthetic fragrances, dyes, phthalates, petrolatum or finasteride. Nice one.

Psst...it's hard to find a more natural hair growth treatment these days – even [Nioxin](#), a former favorite of mine, contains sulfates. Check out [this post](#) for more sulfate free shampoo options.

The hair growth serum's [vegan formula](#) is a powerful blend of proteins, vitamins, inflammation-reducers and immune-boosters. It also includes **natural DHT blockers**, designed to lengthen the anagen (hair growth) phase of the hair cycle, plus ingredients like caffeine, curcumin and biotin to **strengthen and volumise each strand**.

So what's in Vegamour GRO serum that makes it so special? Let's take a look!

Mung Beans

A natural source of folate, the hair growth serum's mung beans support healthy cell production and hair growth right from the hair follicles. (You're probably familiar with folate as a popular hair treatment; it's also a key ingredient in the [top hair loss supplement](#) Folexin.)

Red Clover

Hormonal imbalance is a common cause of thinning hair or alopecia – and DHT, or Dihydrotestosterone, is a key culprit. When DHT attaches itself to hair follicles, your receptors flare up and the hair follicles shrink in response. This can cause the strands of hair it holds to break off. So good hair loss treatments include DHT blockers – and the red clover in Vegamour's GRO serum is an all-natural one. Yay!

Curcumin

Curcumin – the main component in turmeric – is a popular [hair growth treatment](#) because it lowers inflammation, soothes skin irritation, supports the immune system and improves blood circulation. I'm a big fan, and recommend taking [daily curcumin supplements](#) if you don't like its taste...or getting stained fingers! You can also get a satisfying dose through Vegamour's hair thinning serums. (Phew.)

Nicotiana Benthamiana

It might sound strange but the nicotine plant could actually help hair growth! Vegamour claims, just like curcumin, it boosts the immune response and lowers inflammation – and [this study](#) shows tobacco leaves to promote hair growth and improve hair density. Ok, so that's a different plant – but they're closely related so I'm sure the benefits overlap!

GRO serum: full ingredients

water/aqua/eau, butylene glycol, alcohol denat. glycerin, caffeine, polysorbate 20, curcuma longa (turmeric) callus conditioned media, panthenol, disodium edta, limonene, citrus bergamia peel oil, trifolium pratense (clover) seed extract, vigna radiata seed extract, sodium benzoate, linalool, potassium sorbate, gluconolactone, biotin, citral, calcium gluconate, oligopeptide-2.

Benefits recap

- ☐ Natural DHT blocker
- ☐ Volumizes hair and boosts hair density by up to 52%
- ☐ Reduces signs of hair thinning by up to 76%
- ☐ Lowers inflammation

- ☐ Boosts scalp circulation
- ☐ Vegan, 100% organic formula
- ☐ Supports Fair Trade initiatives

The Lady Recommends

Image html here

[check it out](#)

Other Vegamour Serums

GRO+ Advanced Serum

The [Advanced serum](#) takes the same nourishing plant-based formula as the GRO hair serum and adds micro-encapsulated, full-spectrum hemp oil. (That's actually how I discovered Vegamour; while researching [CBD oil for hair loss](#). And I learned that CBD and hemp oils have *tons* of benefits, not just for encouraging hair growth but for reducing the inflammation in hair follicles that can trigger hair thinning in the first place.)

CBD [acts as an immunosuppressant](#) to slow down or prevent hair loss. It also moves vitamins and minerals to the scalp faster, thanks to its anti-oxidising, blood-circulating qualities. So with the GRO+ Advanced serum, you help Vegamour's lovely nutrients to get even deeper into your hair follicles. Whoop!

Vegamour still recommends using this product for at least months, with peak results after 120 days.

GRO+ Advanced Serum: full ingredients

Aqua, Butylene Glycol, Glycerin, Alcohol Denat., Caffeine, Polysorbate 20, Curcuma Longa, (Turmeric) Callus Conditioned Media, Citrus Bergamia Peel Oil Expressed, Disodium Edta, Cannabis Sativa Flower/leaf/stem Extract, Propylene Glycol, Limonene, Cannabidiol, Trifolium, Pratense Sprout Extract, Vigna Radiata Sprout Extract, Sodium Benzoate, Glyceryl, Citrate/lactate/linoleate/oleate, Polyglyceryl-2 Oleate, Linalool, Potassium Sorbate, Gluconolactone, Biotin, Citral, Oligopeptide-2

The Lady Recommends

Image html here

[take a peek](#)

GRO+ Advanced Brow Serum

I noticed fairly quick hair regrowth after using the brow serum – and I’m sure that for more diligent people than I, who apply it twice daily as recommended, it’ll deliver even more impressive results!

The GRO+ serum includes the great hair-boosting ingredients I mentioned before, like red clover, mung beans and CBD oil, plus [magnolia bark extract](#), which has been used in Chinese medicine for centuries and now in the cosmetic industry for its antioxidant, anti-inflammatory properties.

So if you’ve got thin hair on your brows, or if you’ve lost them entirely, I’d highly recommend trying this hair growth treatment. Vegamour brow reviews online are equally positive about hair regrowth!

GRO+ Brow Serum: full ingredients

Aqua, Pentylene Glycol, Propanediol, Glycerin, Butylene Glycol, Magnolia Officinalis Bark Extract, Gellan Gum, Xanthan Gum, Cannabis Sativa Flower/leaf/stem Extract, Propylene Glycol, Cannabidiol, Trifolium Pratense Sprout Extract, Vigna Radiata Sprout Extract, Glyceryl Citrate/lactate/linoleate/oleate, Polyglyceryl-2 Oleate, Sodium Benzoate, Potassium Sorbate, Dextran, Acetyl Tetrapeptide-3, Trifolium Pratense Flower Extract, Sodium Hydroxide.

NOTE: You can also snap up a GRO+ Advanced [lash serum](#), which Vegamour reviews also rave about. I’ve only used it occasionally so I can’t comment on its effectiveness, though. And looking at the list of ingredients, they mirror the brows’ ones. So it’s a classic case of “same product, different packaging” (although, it *is* very pretty packaging, and I love the handy application brush!)

The Lady Recommends

Image html here

[take a peek](#)

How to use Vegamour Serum for Hair

It's easy to use Vegamour hair thinning serums – because the dropper included with them makes application a breeze!

Apply the Vegamour Gro hair serum of your choice morning or night, even if you have hair extensions (they aren't oily). You can also use the serums on dry hair – they have a thin, watery and nearly odorless consistency so you'll barely notice their presence. Find a system that works for you to stimulate hair growth; just make sure to use your serum daily for best results!

- Every day after your shower, fill the dropper full
- Apply the serum directly to your towel dried hair (near the roots)
- Massage it into the scalp with your fingertips, making sure to disperse it evenly
- Leave the serum in (it takes about 15 minutes to absorb fully, less from wet hair) and style your hair as normal

Online Vegamour Gro Hair Serum Reviews

Despite some complaints around import taxes from UK buyers (see my [full Vegamour brand review](#) for more), customers online are raving about this hair care brand. Here's a few Vegamour GRO hair serum reviews:

Lexy P says:

I have alopecia, and have tried everything. I started GRO+ 2 months ago, and it's been a LIFE CHANGER, my hair stopped a lot of shedding and I've seen new hair regrowth. It's definitely worth it!

Gal A says:

This is the real deal. I'd say I'm losing about half as much hair and my hair is feeling fuller. I love that they're vegan and transparent about what's in each hair care product.

Angeline says:

I massaged my scalp so that the serum would work and help grow the hair on my edges. After 30 days, I noticed that my edges are growing a bit longer.

My personal experience with the hair serum

I started using GRO hair serum and the GRO+ Advanced serum interchangeably during my second trimester of pregnancy. I'd begun shedding more and more hair at a point when I'd expected a sudden burst of shiny and luscious healthy hair, as I'd heard would happen around that time! When the opposite happened, I turned to Vegamour.

I was thrilled that the shedding stopped, almost immediately. Then I *did* notice fuller and thicker hair (at least, that's how it looked!) Sure, I didn't have much hair to show off...but what *was* there was now shiny, lustrous and very springy. OK, so that could've been the pregnancy hormones taking a positive turn. But considering they'd been working against my hair until that point...I think I have Vegamour serums to thank for the sudden improvement!

It was all going well until I experienced significant postpartum hair loss. A small round patch on the crown of my head began spreading until I resembled Friar Tuck – taking with it my mohawk, my source of such pride! And that's the point I'm at now. I can just about cover the large bald spot with clips, but sometimes I feel more comfortable [wearing a headscarf](#) to disguise it. And unfortunately, Vegamour serums don't seem to be working their magic this time...but with a five-month old baby, I'm far less disciplined about sticking to my scalp care regime!

Still, I'm pretty confident that the Vegamour GRO serum will improve my hair loss, encourage regrowth and give me healthy hair again. I just need to stick with it.

My personal experience with the brow serum

I was really impressed with how quickly my eyebrow started growing back after using this serum. My right eyebrow, which had disappeared completely during the early days of pregnancy, grew downy fuzz again after just a week or so. And after a month of (admittedly, sporadic!) use, I noticed long hairs above the outer corner of my right eye – my brow returning, from the edge in.

Unfortunately, that's where it stopped. Other than those tiny vellus hairs – barely perceptible, unless I get close up – and the bunch of longer hairs at the end, I still look fairly browless on my

right side. But I haven't exactly been applying it twice a day, as recommended; it's more like twice a week, when I remember.

Common Questions

Does Vegamour GRO hair serum really work?

I can tell you first-hand, it did for me. My hair stopped shedding after using GRO hair serum, I got to enjoy thick hair and my eyebrow started coming back (slowly!) after using the brow serum. I wasn't consistent enough for best results though, which Vegamour says will only come about after 4 months of daily use.

What happens when you stop using Vegamour?

According to the company's website, if you stop using the lash or brow serums, they'll return to their natural state in 30 days. Since the hair growth cycle is longer, you may get a couple more months before a return to baseline.

How much does Vegamour serum cost? Dr

It's not exactly cheap but in my opinion, worth it! Vegamour GRO hair serum costs \$52 for a 1oz bottle, which lasts a month. Or check out their special offers, like [their 3-pack](#) of the GRO+ Advanced serum, including options for a subscription service.

What makes Vegamour serums different?

Vegamour is one of the only hemp-inclusive brands designed specifically for hair. And unlike other CBD oils, its serums use a micro-encapsulation process to break this CBD down into super-small particles – basically, so it penetrates your follicles and your hair can absorb its nutrients easier.

That way, Vegamour serums don't just remain on the surface of your hair – they get right under your skin. To the root of the problem, so to speak. I never got side effects like skin irritation either, which was a big plus.

Final thoughts: Great for hair loss...if consistent!

I wish I could give you a full breakdown with timelines, before and after pics, etc. And I've tried to include a few, to give you an idea of my progress. But because I used Vegamour in such a sporadic fashion, my personal experience isn't perhaps as dramatic as it could've been, had I just been consistent with applying the serum.

I am, however, pretty confident that the Vegamour hair serum reviews out there are legit. I mean, I saw notable changes after just a few uses so I do see how with daily use, results could be amazing!

I hope that's given you enough to go on, so you can make an informed decision and try a Vegamour GRO hair serum for your own hair loss woes! Wishing you all the very best with whatever you go for.

Lady Alopecia xxx
