

**Spring Valley High School**  
**SC-064 AFJROTC II Course Syllabus (AS-220/LE-200/Physical Training)**

**Instructors:**

Major Gregory Perry ([gperry@richland2.org](mailto:gperry@richland2.org)) Phone Number: (803) 695-3500

**Credits:**

**One Elective/Physical Education Credit**

**Textbook(s):**

- 1) **Leadership Education II:** Communication, Awareness, and Leadership 2<sup>nd</sup> Edition, 2017  
Chapter 1: Learning and Communication  
Chapter 2: Communicating Effectively  
Chapter 3: Understanding Your Attitude  
Chapter 4: Understanding Your Actions  
Chapter 5: Developing Visions for Teams  
Chapter 6: Solving Conflicts and Problems  
Chapter 7: A Leadership Model  
Chapter 8: Adaptive Leadership
- 2) **Aerospace Science II:** Cultural Studies: An Introduction to Global Awareness, 2022  
Chapter 1: Middle East  
Chapter 2: Asia  
Chapter 3: Africa  
Chapter 4: Russia and the former Soviet Republics  
Chapter 5: Latin America  
Chapter 6: Europe
- 3) **Drill and Ceremonies:** AFM 36-2203, 2018
- 4) **SC-064 AFJROTC Handbook** 2023/24

**Course Description:**

- 1) **Aerospace Science – AS220 Cultural Studies: An Introduction to Global Awareness**  
This course introduces students to the world's cultures through the study of world affairs, regional studies, and cultural awareness. It delves into history, geography, religions, languages, culture, political systems, economics, social issues, environmental concerns and human rights. It looks at major events and significant figures that have shaped each region. Throughout the course, there are readings, video segments, hands-on activities, other optional activities, technology enrichment and assessments to guide in the reinforcement of the materials.
- 2) **Leadership Education – LE200 Communication, Awareness, and Leadership 2<sup>nd</sup> Edition**  
Leadership Education 200 stresses communications skills and cadet corps activities. Much information is provided on communicating effectively, understanding groups and teams, preparing for leadership, solving conflicts and problems, and personal development. Written reports and speeches compliment the academic materials. Cadet corps activities include holding positions of greater responsibility in the planning and execution of corps projects.
- 3) **Cadet Health and Wellness Program – LE100 Benefits of Physical Fitness/Presidential Fitness Program**  
Physical training (PT) will be accomplished every Friday unless otherwise directed. Cadets will be issued PT clothes to include: sweat pants, sweat shirt, shorts and a shirt and will be required to wear some combination of PT clothes with athletic shoes every Friday. Cadets will be guided through active stretching, calisthenics and sporting events. They will also be evaluated by completing the Presidents Physical Fitness test at the beginning and end of the school year.

**Course Objectives:**

- 1) The objectives of AFJROTC are to educate and train students in citizenship and life skills; promote community service; instill a sense of responsibility; and develop character and self-discipline through

education and instruction in air and space fundamentals and the Air Force's core values of "Integrity First, Service before Self and Excellence In All We Do".

**A. AS200 (40%):**

1. Analyze the elements of flight.
2. Evaluate how atmospheric conditions affect flight.
3. Evaluate how flight affects the human body.
4. Analyze flight navigation and the purpose of aerial navigation aids.

**B. LE200 (40%):**

1. Apply the key factors of effective communications.
2. Know the ways in which personal awareness affects individual actions.
3. Know the key elements of building and encouraging effective teams.
4. Apply the key behaviors for becoming a credible and competent leader.

**C. Physical Fitness (20%):**

1. Motivate AFJROTC cadets to lead active, healthy lifestyles beyond program requirements and into their adult lives.
2. Know different ways to live a healthy lifestyle through proper nutrition and physical activity.
3. Know the effect of drug and alcohol abuse on the body
4. Create an individualized training program based on national standards by age and gender
5. Identify areas of improvement for each cadet
6. Incorporate a physical training program to reach active, healthy lifestyle goals

**Additional Classroom Resources/Materials:**

Students will be required to have pencils, pens, and a spiral bound notebook to maintain notes from lectures, field trips, and Power Point presentations.

**Uniform Day:**

Cadets will normally wear the AFJROTC uniform every Wednesday or whenever directed by the Senior Aerospace Science Instructor (SASI) Maj. Perry. The schedule for which uniform combination to be worn will be posted at the beginning of the school year. It is **MANDATORY** that all cadets wear the uniform. Disrespectful/Improper wear of the uniform or not wearing the uniform to all classes may result in an inspection score of 10 or other administrative action to include suspension, probation or transfer from the SVHS AFJROTC Program. (refer to the Cadet Handbook for further guidance). **HABITUAL NON-WEAR OF THE UNIFORM AND FAILURE TO MAINTAIN STANDARDS WILL RESULT IN A FAILING GRADE AND DISMISSAL FROM THE PROGRAM**

**Grading Procedures:**

- 1). Grades are a combination of uniform inspections, physical fitness, drill/projects/participation (to include conduct and behavior, homework, and tests.

**2). Grades percentages**

- |                                 |     |
|---------------------------------|-----|
| a. Exams/Quizzes                | 25% |
| b. Assignments/Homework         | 5%  |
| c. Uniform                      | 45% |
| d. Drill/Projects/Participation | 5%  |
| e. Physical Training            | 20% |

**3). Grade Make-up Policy:**

- a. It is the student's responsibility to find out what work was missed due to class absence. This may be done via contacting the instructor or looking at your **Power School** account.
- b. Course work is to be turned in on the day it is due. Late work may have up to 50% of the possible points deducted or be counted as a zero.
- c. For every day you are sick or have an excused absence, you will have one extra day to turn in

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your work without it being considered late. Unexcused absences will have no extra days allowed for makeup without the work being considered late.

- d. Excused absences on PT days will not be made up and will count as 'Exempt' in ***Power School*** which does not count for/against a cadet. All other work/exams must be made up.

**4). Grading Scale (District)**

- a. A (90-100%)
- b. B (80-89%)
- c. C (70-79%)
- d. D (60-69%)
- e. F (60 or below)

**EXPECTATIONS FOR CADETS**

1. Follow the chain of command (i.e. cadet-element leader - assist. Flt/CC – Flt/CC – Ops/CC – Sqd/CC Group/CC – ASI – SASI). DO NOT GO DIRECTLY TO THE CADET GROUP/CC WITHOUT YOUR FLT/CC WITH YOU.
2. Always use the titles sir/ma'am when addressing AFJROTC staff and senior ranking cadets.
3. Be on time. Don't be late to class, scheduled events, practices, etc.
4. Always bring your required items to class (notebook, pen/pencil, textbook, etc).
5. Wear the correct uniform on the appropriate day.
6. Place personal belongings at the back of the room – nothing in the aisle or at your desk to start class.
7. Raise your hand and wait to be acknowledged; do not talk without permission.
8. Listen respectfully and attentively to the speaker/presenter or fellow cadets when they are speaking.
9. Treat others with mutual respect. Profanity, vulgar language, racial or ethnic slurs, derogatory comments, sexual harassment, or harassment of any fellow cadet or student will not be tolerated.
10. Remain in your seat unless given permission to move about the room
11. Remain professional; do not sit on desks, tables, trash cans, etc.
12. Unauthorized personnel are not allowed in the staff offices.
13. Always use the trash can to dispose of trash. If you see trash on the floor, clean it up.
14. No eating, drinking and ABSOLUTELY no CHEWING GUM in the classroom.
15. Wearing hats or sunglasses indoors is prohibited.
16. Maintain loyalty to the Corps, school, and your values.
17. No horseplay in the AFJROTC areas.
18. Maintain self-control and your self-respect at all times.
19. Do not disrespect instructors, higher-ranking cadet officers and NCOs.

**Modes of Parental Communication:**

Telephone calls, conferences, Open House, AFJROTC orientation and quarterly ROTC newsletters and E-mail.

**Opportunity for Extra Help:**

Tutoring is offered through the JROTC Kitty Hawk Air Society tutoring program.