

2023 PCDI Crossin' the Ridge



PCDI Crossin' the Ridge

October 22, 2023

Please Review the Tech Guide for all 2023 requirements

The 2023 PCDI Crossin' the Ridge Race is an independent regional sanctioned race in addition to the Belgium Cup series.

Individual races will be approximately 30 and 60 minutes to provide participants with the full Cyclocross experience.

Experienced racers, Cat 1, 2, 3 & 4 Men, and Cat 1, 2 & 3 Women will race for approximately 60 minutes.

New/Novice racers, Cat 5 & 6 Men, Cat 4, 5, & 6 Women will race for approximately 30 minutes.

Both groups will have separate start times. The short race may bypass the most difficult course sections to make the course a bit friendlier for new racers.

Membership Requirements:

Racers must hold a SCA membership, a UCI Racing License, or a Single Event License, to participate in the race. If you don't have an SCA membership, you will be prompted to purchase one during registration. You must also complete the SCA waiver to participate.

Equipment:

Cyclocross Bikes and mountain bikes are allowed for the races. Bikes with motors are not allowed.

Helmets are also mandatory at **all** times while at the race site.

Registration

Registration Fees: Long race participants \$35 / race, and short race participants \$30 / race

Registration will be through CCN, online only! No Cash will be accepted for race registrations the day of races.

All Racers must be registered by noon on October 21, 2022. NO EXCEPTIONS!

Registration Form: [CCN Bikes](#)

Racers must attend on-site registration to sign on and receive their assigned race numbers (if applicable). Your race number from the Belgian Cup series will be the same, so please bring it with you. If you lose your number, you will need to attend the registration period again to get a new number.

Once registered, you only need to be present for race marshaling 10 minutes before your start time.

Race Categories

MEN	WOMEN
Cat 1/2/3 (Long Race)	Cat 1/2/3 (Long Race)
Cat 4 (Long Race)	Cat 4 (Short Race)
Cat 5 (Short Race)	Cat 5 (Short Race)
Cat 6 (Short Race)	Cat 6 (Short Race)

Race Schedule

Course Setup:	October 22, 2023 @ 12 Noon
Registration:	2:00 – 3:00 PM (for both Short & Long Race participants)
Course Available for Pre-Ride	2:00 PM
Short Race Start:	3:00 PM
Course open for one lap	at end of Short Race
Long Race Start:	Following Short Race, Approximately 3:45 PM
Results and Awards	5:00 PM
Course torn down	6:00 PM

Racers need to be at the start line 10 minutes before start for sign-in & marshaling.

Race Courses

River Ridge Trails site near Langham, SK. <https://www.trailforks.com/region/river-ridge-trails/>

Take Yellowhead Hwy (SK-16) toward Langham. Take main exit for Langham and travel north on Park Ave/Range Road 3074 for about 4km. Turn Left onto TWP 395 road and travel about 1.5km to race site at the end of the road.

Sunday's race will go the opposite direction as Saturday's race.

- The course will attempt to include paths, grass, hills, alternating in such a way as to ensure changes in the pace of the race and allowing riders to recuperate after difficult sections.
- The course will attempt to be between 2.25km-3.5km of which 90% will be rideable.
- The course will attempt to be at least 3 meters wide throughout and marked with pin flags on either the right or left side (consistent for the entire course) for straight or simple sections, and with tape on both sides for complex sections.
 - o Limited sections of single track shorter than 50 meters may be allowed
- The start/finish will attempt to be on firm ground and at least 80 meters long. The first turn will not be more than 90 degrees.
- The course may include no more than six (6) artificial obstacles. Obstacles shall mean any part of the course where riders are likely (but not required to dismount).
- Each course will have a pit area. Unless otherwise identified by the organizer, it will default to beside the start/finish.
- Feeding is allowed from the pit area only.

Race Numbers Placement:



Prizes:

Will be drawn after the race.

Washrooms:

There are currently washroom facilities located near the middle of the park. Please plan accordingly.

Website

https://www.prairiecycling.com/crossin_the_ridge/

Race Organizer:

Craig de Gier – craig@prairiecycling.com