



Coaching Staff

Ben White - Head Coach
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Gina Prather - Varsity Assistant
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Shae Mensie - JV Assistant
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Team Achievements

- 2018 District Runner-Up
- 2019 District Runner-Up
- 2020 District Champions
- 2021 District Runner-Up
- 2022 County Champions
- 2022 District Champions
- 4 Individual State Champions

Announcements / News

22/23 Varsity Meet Schedule

11/17 @ Baker County 5:00

12/1 vs. Middleburg 3:00

12/8 vs. Clay 3:00

12/16 Christmas Inv @ Suwannee 3:00

1/5 vs. Fleming Island/Ed White 6:00

1/11 County Championship @ OHS 3:00

1/27 District Championship @ OHS 10:00

2/2 Regional Championship @ OHS 11:00

2/18 State Championship @ Lakeland TBA

22/23 JV Meet Schedule

11/8 vs. University Christian 3:30

11/29 vs. Episcopal 5:30

12/6 vs. Mandarin / Cedar Creek Christian 5:30

12/13 vs. Ridgeview/Fleming Island 3:00

 **22-23 Girls Weightlifting**
Oakleaf High School

Lexi Perez

Class of 2019

2018/2019 - 154 lb. State Champion

170 lb. Bench

210 lb. Clean & Jerk

380 lb. Total

Tied State Clean & Jerk Record in 154 Class

Coach: Ben White



Tamira Briley

Class of 2022

2020/2021 - 110 lb. State Champion

180 Bench

150 lb. Clean & Jerk

325 lb. Total

Set State Bench Press Record in 110 Class

Coach: Ben White



Tamira Briley

Class of 2022

2021/2022 - 119 lb. State Champion

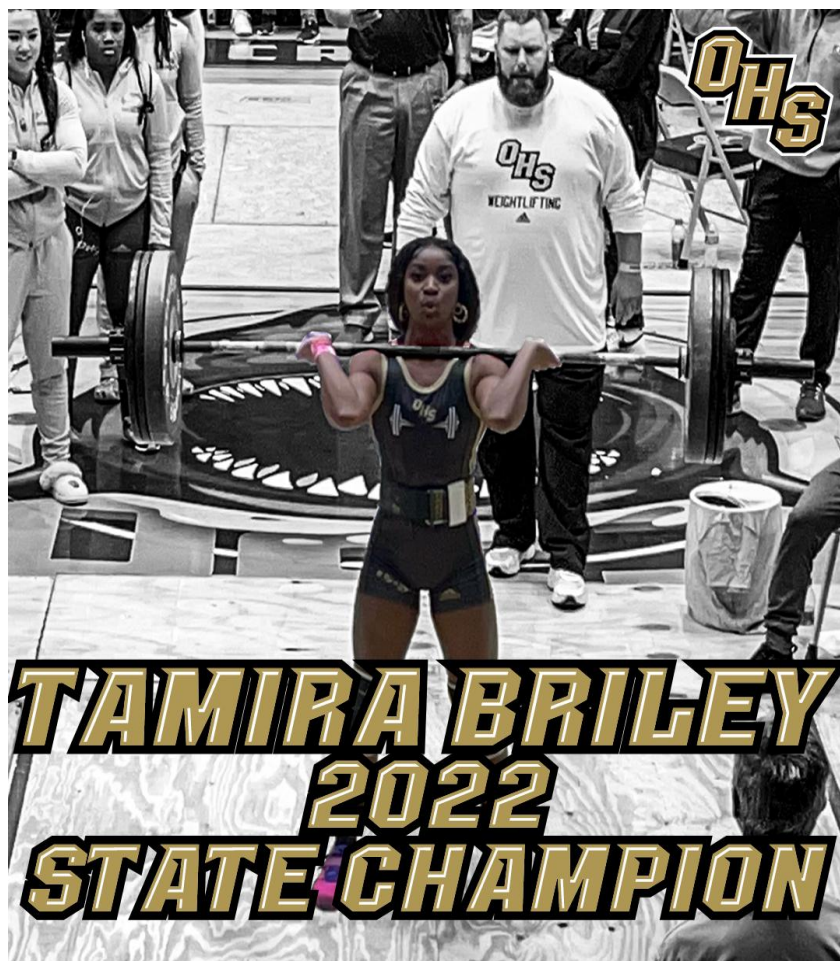
195 lb. Bench

175 lb. Clean & Jerk

370 lb. Total

****Set State Bench Press Record in 119 Class****

Coach: Ben White



Tamira Briley

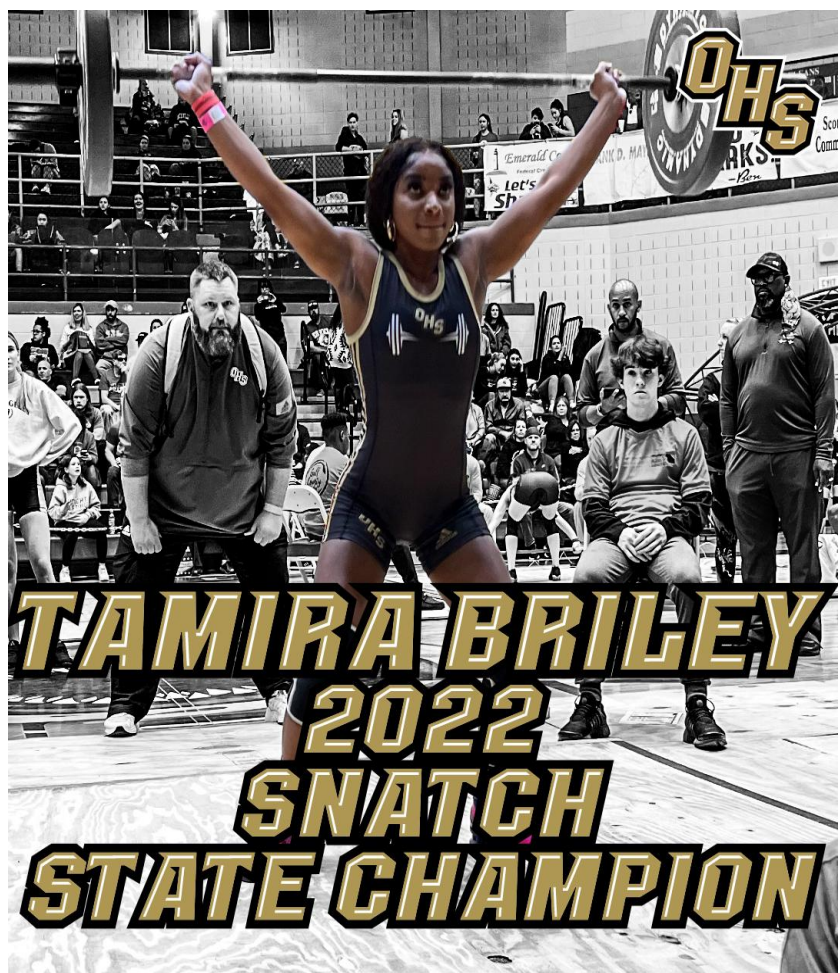
Class of 2022

2021/2022 - 119 lb. Snatch State Champion

145 lb. Snatch

****Set State Snatch Record in 119 Class****

Coach: Ben White



State Qualifiers

2014 Michelle Dorcent (UNL)

2015 Kaylin Riley (101)

2015 Michelle Dorcent (UNL)

2016 Kaylin Riley (101)

2016 Michelle Dorcent (UNL)

2017 Lexi Perez (154)

2018 Hadassah Davis (139)

2018 Lexi Perez (154) Regional Champion / State Runner-Up

2019 Tamira Briley (110)

2019 Lexi Perez (154) Regional Champion / State Champion

2019 Gabby Willits (183)

2020 Tamira Briley (119)

2020 Gabby Willits (199)

2021 Tamira Briley (110) Regional Champion / State Champion

2021 Ellee Bronson (129)

2022 Tamira Briley (119) Regional Champion / State Champion (Snatch & Traditional)

2022 Madison Linscomb (129)

2022 Ivy Gunn (169) Regional Champion

2022 Lelia Brown (183)

2022 Amari Grant (183)

2022 Caylin Volpe (199)

Social Media

Twitter: [@OakleafgirlsWL](https://twitter.com/OakleafgirlsWL)

2022/2023 Varsity & JV Teams



