

INSTRUCTIONS FOR COMPLETING THE HPC APPLICANT INFORMATION FORM

- The information form will be held in your HP advising account to be read by the Health Professions Committee. This entire document will be available to each health professions committee member with whom you will be interviewing.
- We will upload your Middlebury transcript to a secure platform for committee review prior to your interviews.
- The general order of this template (appearing in the form below), follows the AMCAS application as much as possible. It has proven to be very useful for applicants.

*Delete this page and delete or edit everything in red -
It is meant for your aid only.*

This document must be uploaded to the [HPC Internal Review Docs form](#) by
JANUARY 15, 2025!

The Middlebury College Health Professions Committee application has 4 components:

- Applicant Information
- Educational Background (coursework taken at/outside Middlebury)
- Experiences: Work and Activities Section
- Written Reflections: Short Answer Prompts and Personal Statement

The HPC application is intended to replicate the format of the AMCAS/AACOMAS applications, and this [2025 AMCAS Applicant Guide](#) can serve as a helpful resource when completing the HPC application.

**** By initializing this statement, I certify that the information in this application and associated materials is current, complete, and accurate to the best of my knowledge. [REDACTED]**

HEALTH PROFESSIONS COMMITTEE APPLICANT INFORMATION FORM

Applicant Information

Full Name: _____ **DOB:** _____
Last First M.I.

Legal Residence: _____
Street Address Apartment/Unit #

City State ZIP Code Country

Current Residence: _____
Street Address Apartment/Unit #

City State ZIP Code Country

Mobile Phone: _____ **E-mail:** _____

Legal State of Residency: _____
Your answer represents the residency or domicile of your true, fixed, and permanent home. If you moved into a state for the sole purpose of attending school, do not count that state as your state of legal residence. Each state determines legal residency differently. You should contact your individual state for legal residence qualifications.

International: _____ **Citizenship:** _____

Gender: Male: ☐ Female: ☐ Xe: ☐ Choose not to report: ☐

Languages:

	Proficient?				
	YES	NO		YES	NO
Language 1 _____	<input type="checkbox"/>	<input type="checkbox"/>	Language used in childhood home?	<input type="checkbox"/>	<input type="checkbox"/>
Language 2 _____	<input type="checkbox"/>	<input type="checkbox"/>	Language used in childhood home?	<input type="checkbox"/>	<input type="checkbox"/>
Language 3 _____	<input type="checkbox"/>	<input type="checkbox"/>	Language used in childhood home?	<input type="checkbox"/>	<input type="checkbox"/>

Education

High School: _____ **Address:** _____

Entered Middlebury College in: Sept/Feb, 20XX

Graduated: May/Feb, 20XX

Major(s) at Middlebury: _____

Minor(s) at Middlebury: _____

COURSEWORK TAKEN AT MIDDLEBURY

Your Middlebury College transcript will be made available to the Health Professions Committee for review prior to your interviews.

For reference, Medical School Admissions and our committee will review your GPA in several ways: Your **Overall (OA) GPA** (average GPA for all courses taken), your [BCPM GPA](#) (or science GPA), and your **All Other (AO) GPA** (or non-science GPA).

COURSEWORK TAKEN OUTSIDE OF MIDDLEBURY

Course	Institution	Date	Grade
Physics I	ABC University	Summer 2019	A-

EXPERIENCES: WORK AND ACTIVITIES

Detailing your experiences helps the HPC learn about how you spend your time and what matters to you. For each experience-**and you may list up to 15**-we ask that you begin by selecting an experience category, and then completing the template below. **You'll need to cut and paste the following table for each experience you list.** Once you've identified the experiences you wish to share, please select your TOP THREE most meaningful experiences and reflect upon them in the "Remarks" section. While we do not have a word or character count for these responses, please note that AMCAS has a 700-character limit for experience descriptions and 1325 characters for a "Most Meaningful Experience." We prefer that at this point in time you share with us an unfiltered version of the experience and then edit accordingly on the actual AMCAS application.

Click [here](#) for a link to a Sample Information Form.

****This is a really helpful resource! Please take advantage of it!****

The Experience Categories that you will use are as follows:

- artistic endeavors
- community service/volunteer – medical/clinical
- community service/volunteer – not medical/clinical
- conferences attended
- extracurricular activities
- hobbies
- honors/awards/recognition
- intercollegiate athletics
- leadership – not listed elsewhere
- military service
- other
- paid employment – medical/clinical
- paid employment – not medical/clinical
- physician shadowing/clinical observation
- presentations/posters
- publications
- research/lab
- social justice/advocacy
- teaching/tutoring/teaching assistant

And you'll use these [Premed Competencies](#).

Experience Category:
Premed Competencies:
Experience Name:
Contact Name & Title:
Contact Email:
Organization Name:
City/State/Country:
Experience Description:
Dates:
Total Hours:
Most Meaningful Experience?
Most Meaningful Experience
Remarks:

EXTRACURRICULAR ACTIVITIES

List no more than 3

Y/N

Often a paragraph or two in length

Experience Category:
Premed Competencies:
Experience Name:
Contact Name & Title:
Contact Email:
Organization Name:
City/State/Country:
Experience Description:
Dates:
Total Hours:
Most Meaningful Experience?
Most Meaningful Experience
Remarks:

RESEARCH/LAB

List no more than 3

Y/N

Often a paragraph or two in length

Experience Category:
Premed Competencies:
Experience Name:
Contact Name & Title:
Contact Email:
Organization Name:
City/State/Country:
Experience Description:
Dates:
Total Hours:
Most Meaningful Experience?
Most Meaningful Experience
Remarks:

COMMUNITY SERVICE/VOLUNTEER

List no more than 3

Y/N

Often a paragraph or two in length

SHORT ANSWER PROMPTS

For the purpose of the Health Professions Committee Applicant Information Form, we've included a suggested word count for these short answer prompts. Aim for striking a balance between reflective and succinct. Looking ahead to the short answers you will be preparing for medical school, there will be word counts ranging anywhere from 50 to 1000 words.

- 1. Share with us your story. This is your opportunity to allow us to know how you wish to be addressed, recognized and treated. (500 Words)**
- 2. Trust and rapport are essential in your day-to-day interactions with people. How do you cultivate a relationship with a person who may be very different from you? (250 words)**
- 3. Describe a situation in which you chose to advocate for someone who was different from you or for a cause or idea that was different from yours. Define your view of advocacy. What risks, if any, might be associated with your choice to be an advocate? (250 words)**
- 4. Not achieving a goal or one's desire can sometimes be disheartening. What have you discovered from your setbacks and disappointments and how does this translate to your current way of thinking? (250 words)**
- 5. What do you value most as a leader and as a contributor? What attributes do you possess as a leader and as a team member and how do you apply them on a daily basis? (250 words)**
- 6. Critical thinking involves a number of characteristics. Research experience enhances critical analysis skills. Describe any research experience or similar experience in which you utilized critical thinking. How will critical thinking be important in your future career? (250 words)**
- 7. Potential sources of health inequities exist. Discuss your experience with disparities in health, health care and society. (250 words)**
- 8. Your career in medicine may place increasing demands for your time. While in medical school, how will you balance your educational commitment and your outside interests? (250 words)**
- 9. Medical schools value diversity as a driver of excellence and are committed to building an educational community made up of members with diverse talents, experiences, opinions and backgrounds. In reflecting on your personal background/experiences, how might you contribute to the overall diversity of a medical school community? (250 words)**

(Short answer prompts adapted from the 2024-25 Duke University School of Medicine Secondary Questions)

PERSONAL STATEMENT

Every applicant is required to submit a personal statement of about 5,300 characters or approximately one page. For the purpose of our health professions committee review, we do not have a word limit. If you're applying to an MD/PhD program, you must complete two additional essays.

All Candidates:

- Explain why you want to go to medical school (about 5,300 characters)

MD/PhD Candidates:

- State your reasons for wishing to pursue the combined MD-PhD degree (about 3,600-character limit)
- Please describe your significant research experiences. In your statement, please specify your research supervisor's name and affiliation, the duration of the experience, the nature of the problem studied, and your contributions to the project. (10,000-character limit)