

(MONITORING LEARNERS PROGRESS)

MOVEMENT ACTIVITIES

TIME: _____

NAME: _____

LEARNER UPI: GENDER: BOY GIRL

No. of questions correct			
Performance level			

SCHOOL NAME _____

1. We wear _____ uniform when playing. **(sports, school)**

2. We skip using a _____
(rope, log)

Name 3 body parts involved in skipping

3. _____

4. _____

5. _____

6. What shape can you make while skipping?

7. _____ is a locomotor movement in which there is a combination of a step and a leap. **(leaping, Galloping)**

8. Draw yourself skipping in a circle

9. We use our _____ to record video of our movement activities.

(radio, tablets)

Study the picture below and answer questions that follow



10. What is the name of the animal

11. What skill does the animal demonstrate?

(leaping, galloping)

12. When do people use the skill?

(jumping over mud, walking)

Study the picture of the animal below and answer questions that follow.



13. Name the animal

14. What skill does the animal show?

15. We _____ to avoid being hit by objects. (**dodge, hop**)