

Troop 171

Winter Camping and Klondike Derby Checklist



(modify for spring or fall conditions)

CONSIDER ALL ITEMS AS REQUIRED FOR WINTER CAMPING

MAJOR EQUIPMENT

- _____ Pack (external or internal frame) (medium to high quality - padded shoulder and waist belt the FITS - REQUIRED!)
- _____ Sleeping bag (down or synthetic. Plan on approximately zero degree nights.)
- _____ Foam pad (Essential. An air mattress is not good for winter camping. (ThermRest or closed cell foam)
- _____ Accessory straps (used to attach a sleeping bag and foam pad if using a frame pack. Belts, bungee cords, or rope do not work very well!)
- _____ Tent (designed for winter conditions. Plan on having a tent partner for safety. Confirm who is bringing the tent.)

CLOTHING

- _____ Winter coat (or a vest and a shell parka)
- _____ Long sleeve shirts (2 recommended. Synthetic or wool is best)
- _____ Long underwear (tops and bottoms - polypro is best)
- _____ Wool socks (3 pairs are essential for winter camping - thick ones)
- _____ Inner socks (3 pairs, synthetic, no cotton) _____ Underwear
- _____ Booties (synthetic or down)
- _____ Overbooties (if available - can be expensive and hard to find)
- _____ Pants (1 change required. Snow pants, ski pants or insulated pants – no cotton jeans)
- _____ Gloves or mittens (mittens are the warmest. 2 PAIR REQUIRED)
- _____ Wool ski cap (balaclava style with face mask is best) _____ Gaiters (if available)
- _____ Boots (waterproofed. Snowmobile or felt-insulated such as Sorels are the best.)

DRESS IN LAYERS – NO COTTON!
Long underwear - pants/shirt – insulation
layer – outer wind/water layer



REMINDER: NO TENNIS SHOES OR LIGHTWEIGHT NYLON HIKING BOOTS AND DRESS IN LAYERS ON WINTER TRIPS!

EATING GEAR

- _____ Bowl (don't bring an entire kit mess kit) _____ Cup (insulated plastic mug is the best)
- _____ Spoon _____ Sun Screen (IMPORTANT, even in winter)
- _____ Water bottle (Wide mouth bottle is best) (FILL IT AND DRINK IT TO AVOID DEHYDRATION!).

TOILET ARTICLES

- _____ Personal toilet paper (small role in Ziploc bag.) _____ Chapstick or lip balm
- _____ Toothbrush and toothpaste (small travel size)

MISCELLANEOUS ITEMS

- _____ Headlamp - with fresh alkaline or lithium batteries) Include extra batteries
- _____ Money (for stops on the way if an extended drive) _____ Whistle (plastic on a neck lanyard – not metal)
- _____ Nylon camping cord (50 feet) _____ Compass (quality compass, liquid filled, not a toy)
- _____ Pocket knife _____ Scout Handbook or copy of pages (if Scout --> 1st Class)
- _____ Pencil and pad of paper _____ Survival kit (if available) – See Ten Essentials below
- _____ Sunglasses (IMPORTANT) _____ Healthy Munchies
- _____ **Disposable Hand Warmers (great for cold hands and put in boots at night)**
- _____ Matches (strike anywhere type, in a waterproof case - prescription bottles work great)
- _____ Large garbage bag or pack cover (to cover your pack at night.)
- _____ Personal First Aid Supplies (moleskin, Band Aids, Tylenol, etc.)
- _____ Prescription or non-prescription medications (give the trip leader a duplicate of important medications)

TEN/ELEVEN ESSENTIALS – Keep with you in a daypack. Don't give these items to someone else to share or carry!

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| _____ 1. Pocketknife | _____ 2. First aid kit (small personal) |
| _____ 3. Extra clothing [appropriate for the season] | _____ 4. Outer layer jacket (for rain/wind protection) |
| _____ 5. Water bottle [full when trip starts] | _____ 6. Headlamp [new, quality, spare batteries] |
| _____ 7. Trail food [munchies] keep some for emergencies | _____ 8. Matches and fire starters |
| _____ 9. Map and compass (each person and know how to use it) | _____ 10. Sun screen (small bottle – even in winter) |
| _____ 11. Menstrual supplies (if needed) | |

PATROL LEADER ITEMS FOR KLONDIKE DERBY ***** (ALL SCOUTS ON THE SLED NEED THE 10 ESSENTIALS)

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| _____ Watch (really) | _____ Scout Handbook |
| _____ Pencil and notebook | _____ Compass |
| _____ Sled repair kit (tape, pliers, screws, etc.) | _____ Troop 2-way radio (channel 7.5) |
| _____ Other items on the sled list provided to Patrol Leaders | |

SPECIAL GEAR TO TAKE WHEN SKIING OR HIKING IN THE WINTER

_____	Daypack (to carry gear on the trail)	_____	Water bottle (drink at least 1 liter)
_____	Munchies (granola bars, gorp, etc.)	_____	Eating utensils for lunch
_____	Compass	_____	Spare wool socks
_____	Spare gloves or mittens	_____	Headlamp
_____	Survival Kit (if available)	_____	Matches in waterproof bottle

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SPECIAL GEAR FOR A SNOW CAVING TRIP

_____	Extra gloves and mittens (3 is not too many)	_____	Rain jacket and pants or chaps
_____	Shovel (w/ your name on it)(avalanche or small folding style)	_____	5 gal. bucket
_____	Extra change of clothes (2 changes are nice)	_____	Ground cloth for floor of cave

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