

(BOYS) Varsity Standards 2024

There are four ways to qualify for a Varsity Letter this Spring in Events

1) Relays: Scoring 10 points in Relay events in qualifying Varsity Meets: Summit Relays, County, Conference, East Coast, State and National Meets (Penn Relays)

2) Individual Participant Scoring: These are 10 points acquired in total:

*Varsity meets such as county individuals, conference individuals, sectionals, groups and meet of champions meets are qualifying meets.

3) Breaking a school Varsity Record: automatic lettering these times are on the Spring Track school page.

4) Meeting time standard at a Varsity or FAT event (under):

100 M 12

100 H 17

200 M 25

400 M 56

400 H 1:02

800 M 2:15

1600 M 5:15

3200 M 11:10

Pole Vault 9'6"

Long Jump 18'10"

Triple Jump 38'

High Jump 5'8"

Shot Put 32'

Discus 90'

Javelin 100'

JV/ Freshman Standards: Anyone who does not meet Varsity standards will be awarded a JV or Freshman Award