



RAC & MAC Member Updates

March 16, 2020

Athletics & Recreation to close March 16 at 1:00pm

In response to ongoing developments related to COVID-19, our Athletics & Recreation facilities will be closing as of 1:00pm today, March 16, until reopening April 6, 2020.

All facilities (RAC, MAC and Kerr Hall), programs and services will be closed or cancelled for the duration of the closure.

For more details:

<https://www.ryerson.ca/recreation/about/news/2020/03/athletics-recreation-to-close-march-16-at-1-00pm/>

March 13, 2020

Coronavirus COVID-19

I am writing to share updates from the Ryerson Athletics & Recreation department related to COVID-19.

While Ryerson has [announced that classes will move online](#) and discretionary events are cancelled/postponed until May 1, 2020, university facilities and services remain open and operational, including our Athletics & Recreation spaces. Current guidelines indicate that, with the appropriate measures in place, many of our programs and services pose no increased risk, while others will be modified or cancelled, depending on their nature.

Please see below for a complete list of facilities, programs and services open and closed during this time, as well as preventative measures you can take to keep yourself healthy and safe.

Prorated refunds will be issued for any program or rental cancellations. Our staff will reach out to impacted participants/groups shortly.

We are monitoring this issue carefully, and following the leadership and expertise of Public Health offices and our Ryerson university administration, and will continue to do so. Please check our website (ryerson.ca/recreation) and [social media accounts](#) regularly for the latest updates.

Sincerely,

Andrew Pettit
Director, Recreation, Equity & Active Well-Being

Effective March 14, 2020:

Open / Operating:

The following spaces will remain open for use, with appropriate social distancing protocols in place, and enhanced cleaning of equipment in operation:

- MAC Fitness Centre
- RAC Fitness Centre, Pool and Track
- Massage (following CMTO guidelines)
- Changerooms

Facilities & Services Closed / Unavailable:

- RAC, MAC and Kerr Hall Gymnasiums and Squash Courts
- RAC and MAC Studios
- RAC Saunas
- Lendable equipment service
- Facility rental and event bookings in Athletics & Recreation spaces (gyms, pool, etc.)

Programs Cancelled:

- Group Fitness programs
- Instructional programs
- Intramural Sports programs and events
- Aquatics programs and lessons (pool remains open for lane/open swim)
- Club practices and events
- Camp programs
- Drop-in, Open Rec programs and Squash bookings
- Shinny and Free Skate
- First Aid and Certification courses

Recommended Health & Safety Precautions

What can you do to avoid contracting or spreading this and other illness?

- Wipe down fitness centre equipment **before and after use** with the sanitizing supplies provided
- Practice social distancing: try to keep 2 metres (6 feet) apart from other people
- Wash your hands regularly with soap and water or an alcohol-based hand cleanser, especially after coughing, sneezing, or caring for a sick person
- Cover your mouth and nose with a bent elbow or tissue when coughing or sneezing
- Avoid touching your eyes, nose, and mouth
- Stay home if you feel unwell

What is Athletics & Recreation doing to address the situation?

- Cleaning equipment and commonly touched fixtures like door handles, railings, counters, etc. at least twice daily with disinfectant as per current COVID-19 guidelines
- Ensuring that all cleaning is carried out with extra diligence and thoroughness
- Closely monitoring university and public health directives

For more information

Ryerson University Coronavirus updates: ryerson.ca/coronavirus

Toronto Public Health Coronavirus updates, click [here](#).

Canada Health Agency Coronavirus information, click [here](#).