

North Hall Group of Alcoholics Anonymous

Group Conscience FINAL Minutes – November 6, 2023

Opening													
1. Open	Robin H.												
2. Pettiness Prayer	Jose S.												
3. Twelve Traditions	Tiffany G.												
4. Host - 7th Tradition – (Cash App ID) The 7th Tradition states, “Every AA group ought to be fully self-supporting, declining outside contributions.” Our Host will now put info into the chat about contributing to North Hall by CashApp or by sending a check.	Robin H.												
5. Review October Minutes (M)	Robin H. <div style="background-color: #007bff; color: white; text-align: center; padding: 2px;">You are viewing the poll results (shared by host)</div> <div style="margin-top: 10px;"> <h3 style="text-align: center;">Last Month's Minutes</h3> <p>1. Vote to approve meeting minutes - September (Single Choice) *</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Yes</td><td style="width: 35%; text-align: right;">92%</td></tr> <tr> <td><div style="width: 92%; height: 10px; background-color: #007bff; border: 1px solid #007bff;"></div></td><td></td></tr> <tr> <td>No</td><td style="text-align: right;">4%</td></tr> <tr> <td><div style="width: 4%; height: 10px; background-color: #007bff; border: 1px solid #007bff;"></div></td><td></td></tr> <tr> <td>Abstain</td><td style="text-align: right;">4%</td></tr> <tr> <td><div style="width: 4%; height: 10px; background-color: #007bff; border: 1px solid #007bff;"></div></td><td></td></tr> </table> <p style="margin-top: 5px;">Your answer: Abstain</p> <p style="margin-top: 20px;">Motion to accept: Suzanne C 2nd - Tiffany G. GC approved.</p> </div>	Yes	92%	<div style="width: 92%; height: 10px; background-color: #007bff; border: 1px solid #007bff;"></div>		No	4%	<div style="width: 4%; height: 10px; background-color: #007bff; border: 1px solid #007bff;"></div>		Abstain	4%	<div style="width: 4%; height: 10px; background-color: #007bff; border: 1px solid #007bff;"></div>	
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Abstain	4%												
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6. Finalize Agenda (M)	Robin H.												

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DETAIL OF OTHER DEPOSITS:						
Date	Description	Amount				
10/10/23	Decorations	\$ 5.00				
10/10/23	Decorations	\$ 51.00				
10/01/23	Al Anon Rent	\$ 100.00				
10/10/23	Decorations	\$ 14.00				
10/30/23	Decorations	\$ 32.00				
10/30/23	Decorations	\$ 32.00				
10/30/23	Annual Picnic/Campout	\$ 128.00				
Grand Total		\$ 362.00				

Motion to accept: Suzanne C
2nd- Tiffany G
GC approved.

Treasury's Report

1. Vote to Approve the Report - September (Multiple Choice) *

Yes

96%

No

0%

Abstained

4%

Your answer: Yes

3. Controller (M) – Randy T.

NORTH HALL CONTROLLER'S REPORT						
Reporting Period From 09/29/23 - 10/31/23						
						Presented: 11/06/23
						For month of October 2023
INCOME AND TRANSFERS						
Income Deposited by Treasurer:						
7th Tradition			\$ 5,231.46			
H&I			\$ 118.55			
Literature			\$ 53.10			
Other			\$ 362.00			
Sub Total Income Deposited by Treasurer				\$ 5,765.11		
Transfers In:		Prudent Reserve				
		Campout Reserve	Sept to Candice + Oct to Kathy	\$ 312.07		
Sub Total Transfers-In				\$ 312.07		
TOTAL INCOME AND TRANSFERS					\$ 6,077.18	

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EXPENSES, DISTRIBUTIONS AND TRANSFERS									
CK #	Expenses								
4664	Kathy K.	Campout Supplies		\$	185.72				
4666	Elizabeth E.	Hall Supplies		\$	308.57				
4668	Claire G.	Literature		\$	91.84				
4697	Will H.	Birthday Night		\$	69.14				
4698	Elizabeth E.	Hall Supplies		\$	212.73				
4699	Pinnacle Pest Control	Pest Control		\$	91.00				
4700	PG&G	Gas		\$	21.63				
4701	SMUD	Electricity		\$	159.78				
4702	City of Sacramento	Water & Sewer		\$	124.44				
4703	WM Corp. Svcs.	Waste Management		\$	297.88				
4704	Aziz Rehman	Rent		\$	3,000.00				
4705	NorCal H&I	H&I - June through October		\$	499.29				
auto	Zoom	Monthly Fee		\$	34.22				
Sub Total Expenses							\$	5,096.24	
CK #	Distributions								
4706	CCFAA	50%			\$98.53				
4707	GSC	30%			\$59.12				
4708	CNIA Area 07	10%			\$19.71				
4709	District 24	10%			\$19.71				
Sub Total Distributions							\$	197.06	
Transfers-Out									
	Liability Insurance Reserve			\$	40.00				
	Campout Reserve			\$	128.00				
	Christmas Tree Reserve			\$	134.00				
	Prudent Reserve (to replenish prudent reserve)			\$	481.88				
Sub Total Transfers-Out							\$	783.88	
TOTAL EXPENSES, DISTRIBUTIONS AND TRANSFERS									\$ (6,077.18)
Note: Difference between Income & Expenses is interest accrued to Savings Account									
Net Transfer from Checking to Savings							\$	471.81	
(Transfers Out to Savings less Transfer In from Savings)									
ACCOUNT BALANCES									
CHECKING ACCOUNT									
Ending Balance From Last Month's Report									\$ 1,500.00
Changes in this report									
TRANSFERS IN									
Income (Treasurer's Deposits & Cash App)								\$	5,785.11
Transfer In (Campout Reserve)								\$	312.07
Total								\$	6,077.18
TRANSFERS OUT									
Expenses								\$	(5,096.24)
Transfer Out (Liability Insurance Reserve)								\$	(40.00)
Transfer Out (Campout Reserve)								\$	(128.00)
Transfer Out (Christmas Tree Reserve)								\$	(134.00)
Transfer Out (Prudent Reserve)								\$	(481.88)
Distributions								\$	(197.72)
Total								\$	(6,077.18)
Ending Balance (Prudent Reserve \$1,500)									\$ 1,500.00
SAVINGS ACCOUNT									
Ending Balance From Last Month's Report									\$ 17,388.25
Changes in this report									
INTEREST									
Interest Earned (to Prudent Reserve)								\$	4.34
Total								\$	4.34
									\$ 17,392.59
TRANSFERS IN									
Transfer In (Liability Insurance Reserve)								\$	40.00
Transfer In (Campout Reserve)								\$	128.00
Transfer In (Christmas Tree Reserve)								\$	134.00
Transfer In (Prudent Reserve)								\$	481.88
Total								\$	783.88
									\$ 18,176.47

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	<table><tr><td>Transfer In (Prudent Reserve)</td><td></td><td>\$ 481.88</td><td></td></tr><tr><td>Total</td><td></td><td>\$ 783.88</td><td>\$ 18,176.47</td></tr><tr><td colspan="4">TRANSFERS OUT</td></tr><tr><td>Transfer Out (Campout Reserve)</td><td></td><td>\$ (312.07)</td><td></td></tr><tr><td>Total</td><td></td><td>\$ (312.07)</td><td>\$ 17,864.40</td></tr><tr><td>Ending Balance</td><td></td><td></td><td>\$ 17,864.40</td></tr><tr><td colspan="4"></td></tr><tr><td colspan="2">Savings Account Allocations</td><td>Balance of Allocations From Last Month</td><td>Allocation Changes This Month</td></tr><tr><td colspan="2">Savings Account Prudent Reserve (\$13,500)</td><td>\$ 13,013.78</td><td>\$ 486.22</td></tr><tr><td colspan="2">Picnic Reserve</td><td>\$ 476.41</td><td>\$ 476.41</td></tr><tr><td colspan="2">Alcation Reserve</td><td>\$ 558.47</td><td>\$ 558.47</td></tr><tr><td colspan="2">Liability Insurance Reserve (due 03/01/24)</td><td>\$ 280.00</td><td>\$ 40.00</td></tr><tr><td colspan="2">Anniversary Potluck Reserve</td><td>\$ 185.11</td><td>\$ 185.11</td></tr><tr><td colspan="2">Campout Reserve</td><td>\$ 2,736.04</td><td>\$ (184.07)</td></tr><tr><td colspan="2">Christmas Tree Reserve</td><td>\$ 137.54</td><td>\$ 134.00</td></tr><tr><td colspan="2">Total Allocations</td><td>\$ 17,388.25</td><td>\$ 476.15</td></tr></table>	Transfer In (Prudent Reserve)		\$ 481.88		Total		\$ 783.88	\$ 18,176.47	TRANSFERS OUT				Transfer Out (Campout Reserve)		\$ (312.07)		Total		\$ (312.07)	\$ 17,864.40	Ending Balance			\$ 17,864.40					Savings Account Allocations		Balance of Allocations From Last Month	Allocation Changes This Month	Savings Account Prudent Reserve (\$13,500)		\$ 13,013.78	\$ 486.22	Picnic Reserve		\$ 476.41	\$ 476.41	Alcation Reserve		\$ 558.47	\$ 558.47	Liability Insurance Reserve (due 03/01/24)		\$ 280.00	\$ 40.00	Anniversary Potluck Reserve		\$ 185.11	\$ 185.11	Campout Reserve		\$ 2,736.04	\$ (184.07)	Christmas Tree Reserve		\$ 137.54	\$ 134.00	Total Allocations		\$ 17,388.25	\$ 476.15
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4. GSR – Andrew G.	Wednesday 9/8 at McKinley Library- 2 yr sobriety requirement and 2 yr commitment to stand for election in GSR positions.																																																																
5. CCFAA – Lauri S.	<div>* Elect new CCFAA delegate to start January 2024. 2 years sobriety and 1 year service.</div> <div>* All CCFAA trusted servant positions are available (see website for info) and elections will be held Saturday November 18th at 2pm (new time) at the online meeting.</div> <div>* Voting will take place on the proposed CCFAA 2024 budget (see website) at the 11/18 2pm meeting.</div> <div>* November is gratitude month and there are Gratitude Cans available at Central Office. GS please pickup.</div> <div>* There are free PICPC packets at CO. Literature person please pickup.</div>																																																																
6. H & I – Rob L.	<div>Niki S for Rob L.</div> <div>H&I Business Meeting 11/21/23 6pm at Denny's 7900 College Town Dr, Sac Facility Coordinator needed - Cache Creek Recovery (Woodland) Secretary Needs Mondays 6pm-7pm at Custody to</div>																																																																

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	<p>Community Transitional RE-Retry Program (DOJ clearance needed) 2nd & 4th Tuesdays at 10am - Kingdom Living Thursdays 6pm - Sac County Mental Health 1st & 3rd Wednesdays at 7pm - St Johns Women's Program for Change Yellowwood Kibby Lane Facility Coordinator & 3 Secretaries needed CSP Mule Creek - COED volunteers needed for 13 meetings weekly Folsom State Prison: COED & Spanish Speaking Volunteers needs Rio Cosumnes Correctional Center: Females needed: Tuesday 7pm Males needed: Fridays 730pm</p>
<p>7. Steering Committee – Adrian P. Kathy K. Leslie T. Randy R. Rosa Stephan T.</p>	<p>Discussed structure of alcathon.</p> <p>Proposed reopening of 12x12 meeting.</p>
<p>8. Building Committee – Kathy K. Leslie T. Candice (at-large) Peggy (at-large)</p>	<p>Kathy K- no new updates.</p>
<p>9. Supplies – Elizabeth E.</p>	<p>October 7, 2023 6 Cans Classic roast coffee, 5 cans Decaf coffee, 4 packs tissues \$186.65</p> <p>October 8, 2023 Auto Dishwater machine soap <u>\$ 26.08</u></p> <p>October 22, 2013 Decaf and Reg Coffee, tea \$ 130.88</p> <p>Paid check 4698 October 27, 2023, \$ 212.73</p> <p>Total Outstanding 10-31-23 <u>\$ 130.88</u></p>
<p>10. Literature – Claire G.</p>	<p>Not submitted.</p>
<p>11. Birthday Meeting – Vicki</p>	<p>Linda B presenting. Will update next month. It was a great birthday night.</p>

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12. Monthly Speaker Meeting – Jean G.	Last month went well. Next month- Rose and Jose R.
13. Clean Up – Tim	Reelected 3 more months.
14. Technology Chair – Ames	Did website updates.
15. Meeting Coordinator – Niki N.	Meetings are going well. Reminder to clean up after meetings.
16. Decorations Chair - Shane S.	Looking into buying a new holiday tree.
17. Alcathon - Frank	Shaping up well. Has most of the slots filled for Thanksgiving.
18. Website Committee - John C.	Reviewed website. Recommends a few minor changes.

Meeting Secretary Roll Call: Updated 10/2/23

<i>Meeting Day</i>	<i>Meeting Time</i>	<i>In-Person Secretary</i>	<i>Y/N</i>	<i>Zoom Secretary</i>	<i>Y/N</i>
Sunday	8:30 AM	Karlin	Y	Jon S	N
Sunday	10:00 AM	Mika	Y		
Sunday Women's	1:00 PM	Michelle	N		
Sunday Men's	6:00 PM	Sean	Y		
Sunday	8:00 PM	David D	N		
Monday	Noon	Todd	Y		
Monday	8:00 PM	Ramona	Y		
Tuesday Women's	6:00 PM	Cheryl	Y	Peggy & Christy	N
Tuesday Men's	8:00 PM	Glenn	Y		
Wednesday	Noon	Brandy	Y		
Thursday	6:00 PM	Adam H	Y	Crystal	N
Thursday	8:00 PM	Gerry	N		

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<i>Meeting Day</i>	<i>Meeting Time</i>	<i>In-Person Secretary</i>	<i>Y/N</i>	<i>Zoom Secretary</i>	<i>Y/N</i>
Friday	Noon	Whitney	N		
Friday	8:00 PM	Scott T	N		
Friday Night Owls	11:00 PM	Pete	N		
Saturday Big Book	10:30 AM			Larry C	N
Saturday Newcomers	5:00 PM			Cathy M	closed
Saturday Living Sober	6:00 PM			Bet	Y
Saturday Candlelight	8:00 PM	Kylee	Y		

Old Business	
1. Elect Cleanup Chair and Co-Chair - Robin H.	For November 2023 through January 2024- Tim is re-elected.
2. Motion regarding men's and women's meetings - Suzanne	<p>The new proposal is to ADD to the General Format the following new section, to be read at "Mens" and "Womens" meetings:</p> <p>AT WOMEN'S AND MEN'S MEETINGS: This is (women's/men's) meeting of Alcoholics Anonymous; we are glad you are here. Please consider that this meeting is what <u>AA.ORG</u> refers to as a "special interest" meeting, and it is open to those who identify as (women/men) or gender expansive and non-binary people. If you need assistance finding a different meeting, please go to https://aasacramento.org/meetings/ to find one.</p>

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	<p>23 in favor, 8 opposed, 3 abstentions GC passed.</p>
<p>3. Update the Procedure Guide language to reference "Holiday Decorations" rather than a "Christmas Tree" - Randy T.</p>	<p>Note: there were individuals in the hall whose votes were also added in.</p> <p>27 in favor, 1 opposed, 5 abstentions GC passed.</p>
<p>4. Make prudent reserve amounts consistent - Randy T.</p>	<p>Change the Financial Guidelines in the Procedure Guide to match the Controller responsibilities section 2.3 (p.9). The Controller's responsibilities section says that the savings account prudent reserve should be \$13,500 while the Financial Guidelines (#17, p.57) say that it should be \$12,000.</p> <p>35 in favor, 0 opposed, 1 abstention. GC passed.</p>
<p>5. Hybrid for Group Conscience Meetings Committee Report - Niki</p>	<p>Met to discuss various scenarios. Went over technology available. Tonight's meeting with individuals in the hall is underway this evening. Eight individuals came to the hall for the meeting in person tonight.</p> <p>Andrew G asked if we need to vote on having a hybrid group conscience meeting.</p> <p>There was some discussion about whether the committee needs to report back on options for doing a hybrid meeting without a vote or if the committee needs to report back with options.</p> <p>Andrew G noted that last month we voted only to have a committee investigate and report back, not to make a decision and start having a hybrid meeting.</p> <p>Adrian P agreed that the committee should be reporting back with a recommendation and then have GC vote.</p>

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	<p>Motion- for the hybrid committee to test run the hybrid CG meeting and use the results of those test runs to report back to the steering committee who will then make a proposal for GC approval.</p> <p>28 in favor, 3 opposed, 0 abstain. GC passed.</p>
6. Safety Procedure Committee Report - Robin H.	<p>Will be meeting again at least once. Robin will be happy to send meeting notes to anyone who asks. They are using General Service information which is extensive.</p>

New Business	
1. Technology Chair Election - Robin H.	<p>Length of Sobriety – 1 year The Technology Chair will be elected at the Group Conscience Meeting in November for a term of one year, beginning on December 1 and ending on November 30.</p> <p>Evan T volunteered.</p>
2. Meeting Coordinator Election - Robin H.	<p>Length of Sobriety – 2 years Length of Term – 13 months (from 12/01 – 01/01). Position will be elected in November.</p> <p>Tiffany G volunteered.</p>
3. Cleanup of Procedure Guide Formatting- Randy T.	Deferred.
4. Literature person buys chips, including 24-hour chips - Robin H.	<p>Change #5 in Literature Person's job description: "With the Controller, arrange for the purchase of 30, 60, 90 day, 6 month and 9 month birthday chips.</p>

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	<p>To: “With the Controller, arrange for the purchase of 24-hour, 30, 60, 90 day, 6 month and 9 month chips.</p> <p>This motion is to put the</p> <p>Motion: Robin H 2nd- Andrew G</p> <p>Discussion:</p> <p>Claire G- thinks the birthday night chair should be responsible for this duty.</p> <p>Michael F- said the birthday person has to purchase a cake and there does not seem to be a reason that the birthday night person should need to go to central office as well. For the sake of efficiency it makes sense that the literature person does this duty.</p> <p>Jodi B- the literature person already buys all the other chips, so why would they not buy the 24 hour chips also? This seems to have been an oversight.</p> <p>Evan T- agrees with Jodi B. Recommends we just write that the literature person is responsible for sobriety chips.</p> <p>Andrew G called the question.</p> <p>27 yes, 1 no, 2 abstentions. GC passed.</p>
<p>5. Update Living Sober secretary description re phone list - Niki N.</p>	<p>Remove #10: “Maintain and update the temporary sponsor list on the bulletin board.”</p> <p>Motion: Niki S</p>

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	<p>2nd- Tiffany G</p> <p>25 yes, 0 no, 3 abstentions. GC passed.</p>
<p>6. Update Meeting Coordinator description re phone list - Niki N.</p>	<p>Add: Monitor the NHNewcomerInfo@gmail.com email account. Respond to requests for phone list and proof of meeting attendance.</p> <p>Update the phone list twice a year in January and July.</p> <p>The phone list is provided on request only. It will not be posted publicly.</p> <p>Discussion-</p> <p>Adrian P asked about how in person meeting individuals would know how to get the list?</p> <p>There were suggestions for methods to ensure people in person could request a list.</p> <p>Tiffany suggested that when we are in a circle at the end of in- person meetings that when people raise their hands as available sponsors individuals present have the opportunity to find a sponsor.</p> <p>There was additional discussion on how to address in person sponsor list needs.</p> <p>There was some concern about potential sponsors having their name and personal information on the back wall or posted online.</p> <p>Evan mentioned we are talking about who maintains the list, not how it is distributed.</p>

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	Motion made by - Niki S 2nd- Tiffany G 23 yes, 3 no, 3 abstentions. GC passed.
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What's on your mind?

-open discussion, no motions

Adjournment

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Adrian P vote to adjourn. Lauri S 2nd. Recited

Reminders (source NH Procedures Guide)

January	February	March
Picnic Chairperson	Renew Liability Insurance	Steering Committee
Campout Committee		Solicit GSR conference agenda items, GSR chairs Service Conference Agenda topics meeting
Clean Up Chairperson		Secretaries, Jr's/Hosts, Greeters
Clean Up Co-Chair		
April	May	June
Clean Up Chairperson		Review July GC date (7/10)
Clean Up Co-Chair		Secretaries, Jr's/Hosts, Greeters
July	August	September
Conduct Group Inventory (Chaired by GSR)	Alcathon Chairperson	General Services Representative (odd numbered years only)
Clean Up Chairperson	Decorations Chairperson (Nov)	Alternate GSR (odd numbered years only)
Clean Up Co-Chair		Secretaries, Jr's/Hosts, Greeters
October	November	December
Clean Up Chairperson	Technology Chair Election	Annual Trusted Servants
Clean Up Co-Chair		Building Committee
		Secretaries, Jr's/Hosts, Greeters

At Will

- Clean-Up Day
- Group Inventory (scheduled by GSR)