

Natalie Grisak

UCA High School National Cheerleading Competition

February 10, 2023

None

Take Action: Identifies opportunities for personal or collaborative action to address a situation, event, issue or phenomenon in a way that is likely to improve conditions.



REFLECTION:

The cheerleading team got the privilege to visit the National Cheerleading Championship in Florida. We qualified in October and spent the next several months practicing and preparing for the competition. Our expectations were not very high going into the competition because we were competing against all the top countries in the nation. Surprisingly, we made it through every round and made it to the finals. We placed fifth out of the entire nation. This truly was a life changing experience that I will remember for the rest of my life.

While in Florida, we had to practice every morning in a parking lot. I was able to take action and lead my teammates. People were hot and getting frustrated but I was able to take action and redirect. It was not an ideal situation to practice in the 80 degree heat in a parking lot, but we had to make the most of it. The whole trip I led my team and encouraged them. We were very exhausted and tired from competing each day and going into the Disney parks. I made it a priority to redirect people and help people stay positive.

Although this is not a project, I believe that this has been my best example of leadership. I am not a very vocal leader, but I was able to lead through encouragement. My cheer team is very important to me so I try my absolute best when leading them. This is a trip that I will never forget. I believe that this trip helped me improve my leadership qualities.