

Sacred Earth Pilgrimage

31 August – 6 September

A journey through ancient stone temples, mythic coastlines, Celtic sacred sites and the wild landscapes of Britain and Ireland.

Day 1 — 31 August

Sacred Stones of England

Glastonbury → Stonehenge → Avebury → Cornwall





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We begin in **Glastonbury**, travelling first to two of Britain's most powerful prehistoric stone temples.

Stonehenge

One of the most iconic ancient monuments in the world, built over **4,500 years ago**. The stones align with the movements of the sun and are believed to have been used for ceremony, healing and astronomical observation.

Avebury

The **largest stone circle in Europe**, where visitors can walk freely among the megaliths. Avebury forms part of a vast sacred landscape including Silbury Hill and ancient ceremonial avenues.

After visiting the stones we journey west to Cornwall.

Drive time: ~3.5 hours.

Overnight stay in **Kudhva Tipis**.

Days 1–3 — Cornwall

Kudhva Nature Retreat (2 nights)







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Located in a beautiful valley overlooking the Atlantic coast, **Kudhva** offers a peaceful retreat immersed in nature.

Guests stay in **luxury tipis** surrounded by woodland and dramatic Cornish landscapes.

Day 2 — 1 September

Arthurian Pilgrimage

Merlin's Cave

A legendary cave linked to the Arthurian myths where Merlin is said to have lived and communed with elemental forces.

St Nectan's Glen

Hidden deep within ancient woodland, St Nectan's Glen is a sacred waterfall that has drawn pilgrims for centuries.

Visitors often describe the place as having a powerful spiritual atmosphere.

Integration

Optional **Kudhva woodland sauna** (£10).

Meals Included

Day 1

Dinner + breakfast

Day 2

Breakfast

Day 3 — 2 September

Flight to Ireland

→ Newquay → Dublin

Airlines:

- Ryanair
- Aer Lingus

Suggested flight:

Departure

15:25 – Newquay

Arrival

16:30 – Dublin

Flight time: ~1 hour.

Overnight stay in **Dublin**.

Day 4 — 3 September

Cliffs of Moher & Hill of Tara





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Morning departure from Dublin.

Cliffs of Moher

Towering over **200 metres above the Atlantic Ocean**, the cliffs stretch for more than 14 kilometres along Ireland's rugged west coast.

In Celtic mythology the western ocean represented the edge of the known world and the gateway to the **Otherworld**.

Lunch in the countryside.

Hill of Tara

On the return journey we visit the Hill of Tara.

For over **3,000 years** this hill served as the ceremonial seat of the High Kings of Ireland. Here stands the **Lia Fáil**, the legendary Stone of Destiny where Irish kings were crowned. Return to Dublin in the evening.

Day 5 — 4 September

Glendalough Valley







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Morning journey to **Glendalough**.

Founded in the **6th century by St Kevin**, Glendalough became one of Ireland's most important monastic centres.

The valley is known for:

- ancient monastery ruins
- round tower
- peaceful lakes
- forest trails

A beautiful place for reflection and integration.

Return to Dublin in the afternoon.

Flight to Scotland

4 September

✈ **Dublin → Edinburgh**

Airlines:

- Aer Lingus
- Ryanair
- British Airways

Recommended flight:

Departure

17:40 – Dublin

Arrival

18:50 – Edinburgh

Overnight stay in **Edinburgh**.

Days 5–7 — Scotland

Edinburgh & the Scottish Highlands







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Evening Arrival

Optional visit to **Rosslyn Chapel**, famous for its carvings of sacred geometry and mystical symbolism.

Day 6 — 5 September

Scottish Nature Pilgrimage

Journey into **Loch Lomond & The Trossachs National Park**.

Drive time: ~1 hour 20 minutes from Edinburgh.

Possible stops include:

Loch Lomond

The largest lake in Great Britain and one of Scotland's most beautiful natural landscapes.

Falls of Falloch

A peaceful waterfall hidden within forest — perfect for meditation and nature immersion.

Return to Edinburgh in the evening.

Day 7 — 6 September

Edinburgh & Return to London

Morning exploration of Edinburgh.

Optional visit:

Arthur's Seat

An ancient volcanic hill offering sweeping panoramic views across the city.

Return Flights

→ **Edinburgh** → **London**

Airlines:

- British Airways
- EasyJet
- Ryanair

Flight time: ~1 hour 30 minutes.

Typical departures:

12:30 → 14:00

15:00 → 16:30

17:30 → 19:00

Journey Overview

England

Stonehenge • Avebury

Cornwall

Merlin's Cave • St Nectan's Glen

Ireland

Cliffs of Moher • Hill of Tara • Glendalough

Scotland

Loch Lomond • Trossachs • Edinburgh

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