

40 Fascinations

Marketing Topic: Pressure point combat

Source:  www.ukfightlab.com.pdf

1. The top 5 most effective ways to incapacitate any opponent through pressure points on the body
2. Don't waste time and money taking karate classes! Instead, learn the ONLY fighting methods that will need in hand-to-hand self-defense combat
3. Busting the myths in a real-life fight plus how to truly defend yourself when you get yourself into one
4. How would you fare in a fighting situation against robbers in real life? Learn what it takes to prevail against anybody now!
5. Better safe than sorry. Learn how to defend yourself in a hand to hand combat before you get seriously injured or worse
6. What never to do when you get into a physical fight with someone else and what you should do
7. Lifelong martial artist Russel Stutely now reveals the best and most brutal fighting techniques that might save your life one day
8. Always feeling unsafe walking in streets where you may get mugged? Here's what lifelong martial artist Russel Stutely suggests to defend yourself
9. What movies and TV shows got wrong about fighting in real life
10. You don't have to worry about crime because it won't likely happen to you right? Wrong, and here's why...
11. Better than traditional martial arts. Find out the best ways to protect yourself against an attacker
12. This type of 'hopeful' thinking is what will get you robbed out of your money on the streets and here's how...

13. If crime rates are going up where you live, then click here to find out the most valuable skill that will save your life
14. The ONLY fighting instructor you'll need next time someone tries to fight you
15. Why everyone should add martial arts in their workout routine
16. How to fight like the real-life John Wick (in the most realistic fashion possible)
17. If a street fight is a life or death situation, then it's time to learn the most deadliest forms of combat to protect yourself from one
18. The quickest and easiest fighting methods that will help you defend yourself
19. The biggest lie you've been told about about when get into a street fight with someone else
20. The sneakiest tips used by MMA fighters on how to come up on top of any fight
21. Why traditional martial arts won't save you when you go on fighting someone else and what to use instead
22. 8 Fighting tips that are still relevant and useful even in the good old age over 50
23. What martial arts should REALLY be used for and the answer is NOT to be used for fighting in a street fight
24. How to avoid fights PLUS how to defend yourself if you ever come to one
25. The 3 golden rules of fighting you must know anytime someone decides to come and attack you
26. The secret that will make you the most dangerous person that nobody will dare lay a finger on you
27. Violence is not always the answer right? Wrong! Why fighting and violence is 100% necessary as a last resort

28. Warning! Don't threaten your safety by walking alone in the streets at night again until you learn this a way to diminish your threats
29. Are you currently scared of fighting because someone is trying to get to you? Here's the surefire way to lessen the fear and protect yourself
30. This little hack in your punches will not only prevent injuries toward your hand but also guarantee to you have stronger punches
31. What 99% of people get wrong about fighting
32. Read this if you think really have even a decent chance at surviving a street fight
33. Did you know that you can permanently hurt yourself if you aren't practicing combat arts in a correct fashion?
34. What never to do if you are suddenly confronted by a another person trying to start a physical fight
35. Stop scrolling down and click here now if you want to see how to handle street bullies the next time you come across one
36. Learning any martial art is useful in self-defense fighting, right? Wrong! Here's the best and only martial art techniques you will only need to truly fight
37. The 5 traits that the best martial arts fighters all share during a fight
38. The basic combat skills everybody should at least know before going to the bar in case a fight happens
39. Easy ways to stop someone by pressure points (absolutely beneficial if you work as any security shift)
40. Getting bullied in school and school authority isn't helping you? Learn to fight for yourself and immediately make your bullies regret picking on you now!