

Infant & Early Childhood Mental Health Roundtable Minutes

January 2026

Greetings and Happy New Year!

There is a lot of interesting news and valuable information to share in this month's IECMH Roundtable Roundup!!!

- Massachusetts just received a 5-year Rural Transformation Fund grant! We have yet to see more details as to how they plan to roll out their initiatives, both maternal and behavioral health were cited. See the state application here.

<https://www.mass.gov/doc/rural-health-transformation-program-application/download>

- Sara Yablon-Smith from MSPCC gave us a heads up that there will be 2 more rounds of DC: 0-5 training coming up and I will send out the details as soon as I have them but once it is updated they will also be listed on MSPCC's statewide IECMH professional Development calendar found here: <https://www.msppcc.org/events/> In addition, the Mass Campaign for Children Mental Health is working on some exciting advocacy initiatives including bringing Strolling Thunder to Massachusetts!

<https://www.zerotothree.org/families-speak-out-strolling-thunder/>

- Massachusetts Pyramid Plus Program's 2nd, of 3 regional free sessions is coming up. This second session will be focused on Families and will introduce the National Center for Pyramid Model Innovations & TIES Center new, *Reflection and Planning Guide for Creating Family Belonging*. Anyone can attend any of the dates and regions. See attached

PYRAMID MODEL LEARNING COMMUNITIES

ENGAGING FAMILIES THROUGH CONNECTION

Learn how Pyramid Model strategies can strengthen communication, align supports across settings, and empower families as partners in children's social-emotional development.

Northwest Region: 10:00 - 11:00am
February 3rd
ZOOM LINK

Western Region: 10:00 - 11:00am
January 21st
ZOOM LINK

Central Region: 11:00am - 12:00pm
January 27th
ZOOM LINK

Southeast Region: 11:00am - 12:00pm
February 5th
ZOOM LINK

Metro Boston Region: 10:00 - 11:00am
February 12th
ZOOM LINK

Pyramid Plus
Promoting Social-Emotional Competence in Infants and Young Children

Speaking of Families, the Dept. of Early Ed. and Care has created an intentional and wonderful opportunity to center family voice and agency across all of EEC's work through an EEC Family Advisory Council! They are currently seeking applicants for their Family Advisory Council.

Please share this opportunity with families you and your programs serve.

Infant and early childhood mental health is key within the realm of all EEC supports, and EEC would love to center family voices on the Council that can represent this perspective.

- *A link to the application site [visit Mass.gov/EECFamilyAdvisory to apply](https://www.mass.gov/EECFamilyAdvisory)*
- *Translation links for Spanish, Portuguese, Haitian Kreyol, and Simplified Chinese*
- *The role description can be found on the linked site above too*
- ***Applicants may apply without attending an info session.***

If you have questions, please contact Ayesha Rodriguez at Ayesha.Rodriguez@mass.gov.

- DPH's Roxanne Hoke-Chandler, Marisa Matsudaira and I will be leading an 8 session workshop series on Promoting emotional, behavioral and relational health in young children. While created for integrated Behavioral Health staff all allied professionals are welcome.
CEUS available!

**ECHO Training on Supporting Families in Pediatrics:
Promoting Emotional, Behavioral, and Relational Health in Young Children
A Workshop Series for Pediatric Integrated Behavioral Health Staff**

February 18, 2026- May 27, 2026 12-1 PM (see below for dates of 8 sessions)

The Massachusetts Department of Public Health is recruiting integrated pediatric behavioral health clinicians, family partners, and community health workers and other providers throughout the state of Massachusetts to join the Supporting Families in Pediatrics ECHO Training Series. This training series aims to increase participants' knowledge, skills, and self-efficacy to integrate family engagement strategies to promote emotional, behavioral, and relational health for children under 6 years old in their practice.

Participants will engage in the ECHO model™ (Extension for Community Healthcare Outcomes) a telementoring platform that leverages video conference technology to connect experts with primary care teams in local communities, fostering an "all teach, all learn" approach.

Contact hours for nursing and CEUs for social workers, licensed mental health clinicians, and community health workers have been applied for and will be available for free. Each session will award 1 CEU/ contact hour.

This ECHO Series will utilize materials from:

- The Pyramid Model Positive Solutions for Families—An evidence-based parent skills training to foster healthy relationships and provide concrete strategies for parents to encourage their child's growth and development
- DC: 0-5—An empirical evidence-based classification system for mental health and developmental disorders for children birth to age 5 with an emphasis on relational health between the child and caregiver
- The Family Engagement Framework—A Massachusetts-based best practice resource to promote optimal accessibility for meaningful family engagement throughout child-serving systems.

ECHO "Hub" Team:

- **Marisa Matsudaira, LICSW**, is the Pediatric Mental Health Access Coordinator at the MA Department of Public Health. She brings her experience as a clinical social worker leader of outpatient mental health and integrated behavioral health settings with a focus on the experience of children and their families. She is an experienced workshop facilitator for professional development, particularly addressing how systems and institutions impact families' well being.
- **Roxanne Hoke-Chandler, MS**, is the Early Childhood Systems Coordinator for Family Engagement and Training at MA Department of Public Health. She is an experienced trainer of facilitators for parenting groups using the Pyramid's [Positive Solutions for Families](#), often using her own lived experience.
- **Sarah Patton, LICSW**, is an Early Childhood Mental Health Clinician, trainer, coach, consultant, and facilitator. She brings decades of experience working with children, families, childcare providers, and systems of care addressing early childhood mental health and Pyramid Model implementation.

Schedule

1. Supporting Families in Pediatrics: Overview 2/18/26
2. Supporting Families in Pediatrics: Addressing Community Specific Needs and Trauma Informed Care 3/4/26
3. Supporting Families in Pediatrics: Family Engagement 3/18/26
4. Supporting Families in Pediatrics: Pyramid Model for Social- Emotional Learning Overview and Resources 4/1/26
5. Supporting Families in Pediatrics: Pyramid Model: Positive Solutions for Families 4/15/26
6. Supporting Families in Pediatrics: Parent- Child Relational Health and DC 0-5 4/29/26
7. Supporting Families in Pediatrics: Autism and Neuro-Affirming Practice 5/13/26
8. Supporting Families in Pediatrics: Building a Resilient Workforce 5/27/26

If you are interested in participating, please register by: February 13, 2026

Register here: <https://forms.office.com/g/nFFqz31ug6>

And this wonderful opportunity is to be shared with all your childcare connections!

- UMass Amherst Nutrition Education program alongside the Boston Public Health Commission is offering [Go NAPSACC](#), a powerful online resource, to early childcare programs and those who support them across the state. This online tool supports childcare programs nationwide to improve their nutrition, physical activity, breastfeeding, and social emotional strategies. Please see the two documents attached to learn a little more about what the program offers.

Introductory webinar January 29th, 2026, from 10-11am for potential new partners. Participating partners can:

- Invite an unlimited number of ECE programs (centers, FCCHs, Head Start and School-based) to use Go NAPSACC's online planning tools
- Train technical assistance staff in Go NAPSACC, providing access to a comprehensive library of educational materials and a system to support quality improvement in ECE programs.
- Collaborate with other Massachusetts partners who are working to support children's health.
- Receive personalized end of year data reports.
- Be part of a network of 23 other states using GO NAPSACC.

If you are interested in attending the informational webinar, please [register here](#).

This program is a unique opportunity to utilize a nationally recognized, evidence-based program to support healthy changes in ECE programs while demonstrating families and the community commitment to enhancing the well-being of young children. As the Go NAPSACC state lead, I would be available to support your efforts to make a positive impact on children's health.

If you would like to have a one-on-one meeting before or after the webinar to explore potential opportunities for your program, please feel free to contact Kat Kowalski, Policy Systems and Environments Specialist at UMass Amherst Nutrition Education Program (krkowalski@umass.edu, 413-545-7032).

Desiree Lalbeharie from The Collaborative shared links to their suite of Early Childhood and family support services:

<https://www.collaborative.org/youth-and-families/early-childhood-programs/strong-foundations/>

<https://www.collaborative.org/youth-and-families/early-childhood-programs/ecmh/>

<https://www.collaborative.org/youth-and-families/early-childhood-programs/cfce/>

<https://www.collaborative.org/consulting/early-childhood-consulting/early-childhood-professional-development/>

Aditi shared the following infographic on talking to kids about ICE

Children's Network
A national and international network of child mental health experts

WHAT TO SAY TO KIDS ABOUT ICE

Even if a child isn't directly affected, they may hear about ICE at school or online. Avoiding the topic can cause more fear. Calm, honest conversations help children feel safe and supported.

START THE CONVERSATION

Begin by asking: "What do you know about ICE?" This gives you insight into what they've heard or seen. If they say "I don't know," you can gently explain:

"ICE is a government group that checks if people are following immigration laws. Some families are scared of them because they help decide who can stay in the U.S. Have you heard about people moving to new countries?"

AGES 3-6

"Some families are being treated unfairly because of where they were born. You're safe, and I'm here with you."

- Keep it simple and comforting
- Provide extra hugs, reassurance, and routines.

AGES 7-11

"Some families are being separated because of how they came to the U.S. Even kids are getting hurt, and that's not okay."

- Be honest without overwhelming

AGES 12-18

"It's not right for people to be treated unfairly because of where they're from. This hurts kids and families."

- Acknowledge their awareness
- Encourage healthy ways to process: writing, talking, art, advocacy.

EMOTIONAL SUPPORT FOR ALL AGES

"It's okay to feel scared or frustrated. What matters is we talk about it and help each other feel better."

- Encourage breathing, drawing, or journaling

WHAT **NOT** TO SAY

- "Don't worry about it." Dismisses their feelings
- "That won't happen to us." Creates false reassurance

WHAT TO SAY **INSTEAD**

"You're not alone in this. People are trying to help, and I'm one of them. If you ever feel scared, we can talk about it together."

Plan for emergencies. Use our Family Preparedness Toolkit: childnet.org/immigration-resources

Aditi also shared an incredibly special, not to miss, project she has been involved in, *The Sankofa Infant Mental Health History Project*, co-created by the Sankofa Project Steering Collective and Indigo Cultural Center project. They will be debuting their first film in a 4-day, February 10th -13th Premiere Week celebration! *It is a love letter to our field.*

The Sankofa Infant Mental Health History Project™ is a multi-year effort focused on retrieving the healing and relational wisdom from our pasts, cultures, and communities and telling a fuller history of Infant Mental Health (IMH) – including the contributions of professionals and communities of color and the role of power and privilege in the field's development

THE
SANKOFA
INFANT MENTAL HEALTH
**HISTORY
PROJECT**

SANKOFA
Part One: Land. Root. Seed. Culture. Community.

FILM PREMIERE WEEK
1 Week | 4 Events | February 2026

Tuesday, 02/10/2026 10am PT / 1pm ET	Thursday, 02/12/2026 5am PT / 8am ET
Wednesday, 02/11/2026 1pm PT / 4pm ET	Friday, 02/13/2026 9am PT / 12pm ET

Registration Now Open
<https://bit.ly/SankofaPartIPremiere>

Our Next Meeting will be March 24th 2026 @ 10.

November 2025

Greetings,

Kelly English, LICSW, PHD, Chief Innovation Officer from MSPCC presented the results from a planning grant that the MA Children's Mental Health Campaign received from the Peter and Elizabeth Tower foundation, to; address care barriers for youth with co-occurring autism spectrum disorder (ASD) and mental health concerns, identify

solutions and strategies to improve service access. You can view their results, presentation and/or her slides [HERE](#).

You can also read the priorities that resulted from their work [HERE](#).

We discussed the experiences & obstacles and mixed messages that our communities face around, perceptions and access to assessments and services, insurance and workforce.

Sara Yablon Smith from MSPCC shared the campaign's website which is where we can all participate and advocate in the E4 project and so much more.

<https://childrensmentalhealthcampaign.org/>.

She will send links for upcoming DC 0-5 trainings and reflective supervision opportunities. As a reminder we can always stay abreast of PD happenings through the Massachusetts IECMH Professional Development and Registration Calendar [HERE](#).

Don't forget DMH & Children's Trust Fund are offering team FAN training in January! *Applications are due by December 10th*

[FREE January FAN training, apply by 12/10](#)

Please note: January's IECMH Roundtable has been rescheduled to Tuesday, January 20th at 10

<https://us02web.zoom.us/j/89119891199?pwd=SVlvWklmYk1jbkxTbGs2SIYzbnQxQT09>

September 2025

Greetings, to those that missed Today's Roundtable, take a look at our web page via the Franklin Regional Council of Government's Communities that Care Coalition's website [IECMH Roundtable](#). Please let me know what you think, any edits? etc.. I will be working on making the link to view our minutes, live.

As we continue to build a trauma informed, culturally responsive IECMH workforce in our area, ASAP please find one person to inform and/or send to the upcoming **Touchpoints training** being held in Greenfield at the Wellness center! (10/23,30 & 11/6). Reduced fees are available! Registration closes next week on the 10th. Please spread the word!!! Register for Touchpoints training [here](#). See flyer attached.

FYI DMH is going to be offering up another round of FAN (Facilitating Attuned Interactions) training in January, details coming soon. Learn more about FAN [here](#).

Also please check out the IECMH Professional Development Calendar from MAAIMH & MSPCC that includes upcoming Reflective Consultation opportunities and upcoming Diagnostic Classification 0-5 training on [November 18th Details Here](#)

Don't miss Celebrating Babies week, October 20 -24
This fun virtual feel good convening is on **Wed.10/22**
10-11am [Register here](#)

Celebrate Babies Week
October 20-24, 2025

Join us across MA as we Celebrate Babies and the vital relationships that help them thrive!

Date: October 22nd
Time: 10-11 am
Where: virtual

[Register HERE](#)

Know any young parents? *Healthy Families* has openings.

Head Start also has openings for part-day care (4 hours)

It was wonderful to hear The Franklin County Baby shower was such a massive success!

Maria Curtain Mckenna is offering *Infant massage workshops* contact info:
maria.curtainmckenna@gmail.com

Despite the government downsizings, our *United Way* is still going strong with the Diaper Drive in our area! Distribution sites:

Franklin County:

- [CAPV Center for Self-Reliance Food Pantries, Greenfield and Shelburne Falls](#)
- [Charlemont Good Neighbors Food Pantry](#)
- [CNC Children's Closet, Leverett](#)
- [CAPV Family Center, Greenfield](#)
- [GCC Corner Market, Greenfield](#)
- [The Heartwing Center, Turners Falls](#)
- [FCCMP, Orange Pantry and Turners Falls Meal Site](#)

Hampshire County:

- [Amherst Survival Center](#)
- [Easthampton Community Center](#)
- [It Takes a Village, Huntington](#)
- [Jubilee Diaper Ministry, Ware](#)
- [Northampton Area Pediatrics](#)
- [CAPV WIC Program](#)

- [ParentChild+ at the Northampton/Hadley Family Connection](#)

So very nice to hear from Tina Champagne from the *Cutchins Center* where trauma and attachment training opportunities are being put together. In related news Alice Barber, while closing her private practice, will still be available through the Cutchins Center! Additionally she will continue to consult with Northampton Public Schools.

Super big thanks to Lisa Luke from *Newpath Counseling* for coming and sharing their suite of trauma training opportunities, see attached and share.

The *Collaborative for Educational Services* has both the ECMH consultation and Strong Foundation Grant. They are seeing a rise in Franklin County Referrals and families contacting them directly for help separate from their childcare. Contact them [here](#).

Thanks to Amy Soquet for the reminder that this coming weekend is the second annual **Oktober Fest** in Shelburne Falls being held at Buckland-Shelburne Elementary School on Mechanic Street. *This Saturday Oct 4, 2025 11:00 AM - 6:00 PM*. Looks like fabulous fall family fun fundraiser.

Local Realtor Wanda Mooney did a nice write up about it [here](#).

We will meet again on Tuesday, November 25th @10

Zoom Link:

<https://us02web.zoom.us/j/89119891199?pwd=SVlvWklmYk1jbkxTbGs2SIYzbnQxQT09>

Most warmly,

Sarah Patton LICSW (she/her)

The How of Child and Family Engagement

TOUCHPOINTS Training



Touchpoints is an evidence-based approach to building strong family-child and family-provider relationships. Touchpoints training applies a deep understanding of children's development and behavior as a strategy for engaging families.

\$675 total cost; Reduced Rate of \$175 available

**Three Days at the
Greenfield Center
for Wellness**

October 23
October 30
November 6

[8:30 am- 4:30 pm]

*plus 6 virtual reflective
practice sessions
monthly Jan-June 2026*

with Team Trainers:

**Prity Shah &
Robin Sudlow**

Learn More:

<https://bit.ly/4o0niVH>



collaborative.org/ecmh

Communities that Care
COALITION



Franklin Regional
Council of Governments

Brazelton
Touchpoints Center™



COMPLEX TRAUMA TRAININGS

with New Path Counseling LLC

For anyone who is interested to gain deeper insight on complex trauma through understanding, assessment, and multidisciplinary responses. Pick from any of the 20 modules below to start a new path of learning.

1: Complex Trauma 101

2: CT Domains of Impact

3: Assessment of CT

4: CT, Systemic Racism, & BIPOC impacted by community violence

5: CT & LGBTQ+ youth

6: CT & Substance Use Disorders

7: Provider Bias, Implicit Racism, and White Privilege

8: CT, Schools, & Learning

9: Evidence-Based CT Interventions for Parents & Caregivers

10: Selecting the Right CT EBP Treatment Model

11: CT & Historical/Ancestral Trauma

12: Strategies for Direct Care Staff in Residential Settings

13: strategies for Direct Care Staff in Juvenile Justice Settings

14: CT & Homeless/Runaway Youth

15: CT & Pharmacotherapy

16: CT & Caregivers with Unresolved Intergenerational Trauma

17: CT & Immigrant/Refugee Children & Families

18: CT & Early Intervention

19: CT & Neurobiology

20: Clinical Decision-Making in Challenging CT Cases

scan code or contact Lisa Luke, LMHC at [774-446-0485](tel:774-446-0485) or lluke.lmhc@gmail.com to learn more





What is Complex Trauma?

Complex trauma is the dual problem of ongoing or recurrent exposure to interpersonal trauma (typically originating within the child's caregiving system) and the consequence developmental deficits and emergence of psychiatric and behavioral difficulties.

For more information, contact
Lisa Luke, LMHC at New Path
Counseling, LLC



<https://newpathcounselingllc.org>
Phones: (413) 887-9254
(860) 775-6447
Fax: (413) 216-2889

Learn More about Complex Trauma and how it affects...

- schools
- neurobiology
- direct staff in residential and juvenile justice settings
- and other environments

Find out more about how to
work with youth and
caregivers impacted by
Complex Trauma

Scan our QR code to sign up
today!



264 N. Main Street, Unit 10&1A East Longmeadow MA 01028
64 Palomba Dr, Unit 2 Enfield CT 06082



SCAN ME



**"Therapy Meets Adventure—
One Quest at a Time." 🎲
at New Path Counseling LLC**

🎲 **Therapeutic Dungeons & Dragons Group For Ages 14–17**
**Embark on a 12 week journey of healing, connection, and
adventure through the power of collaborative storytelling.**

Clinical Focus Areas

- Anxiety
- Depression
- Trauma
- Social Skill Development

What to Expect

- 90-minute weekly sessions
- No prior game experience necessary
- Campaign ran by a licensed clinician as Game Master
- Supportive, inclusive environment
- Opportunities to build meaningful connections
- A fun and imaginative approach to therapy

**Participation Requirement: All group members must be
engaged in individual therapy for the duration of the program.**

Interested?
Contact Lisa Luke, LMHC at New
Path Counseling, LLC
774-446-0485

Date TBD 6p-7:30p
64 Palomba Dr, Enfield, CT
newpathcounselingllc.org

July 2025 IECMH Roundtable

Greetings and gratitude for our IECMH community!

We are pleased to let you all know that we will be offering another round of Touchpoints this fall.

The How of Child and Family Engagement

TOUCHPOINTS Training

Touchpoints is an evidence-based approach to building strong family-child and family-provider relationships. Touchpoints training applies a deep understanding of children's development and behavior as a strategy for engaging families.

\$675 total cost; Reduced Rate of \$175 available

Three Days at the Greenfield Center for Wellness

October 23
October 30
November 6

[8:30 am- 4:30 pm]

plus 6 virtual reflective practice sessions monthly Jan-June 2026

with Team Trainers:
Prity Shah & Robin Sudlow

Learn More:
<https://bit.ly/4o0niVH>

collaborative.org/iecmh

Communities that Care COALITION

Northampton Public Schools

frcog Franklin Regional Council of Governments

Brazelton Touchpoints Center

eec

Aditi Subramanian and Sara Yablon Smith from MSPCC came to let us know of another fabulous Free opportunity: **DC 0-5 Training** on September 15, 17 & 19th with follow up Reflective Consultation on Sep 29 & Oct 27. See attached for the flyer. *Registration closes August 29 and there are limited spots available!* Register [HERE](#).

I had the good fortune of meeting Lisa Luke from New Path Counseling, who will be attending our September Roundtable to share more about training. Through some grant monies NPC are offering a series of training on complex trauma. Despite their being located in Hampden County and Connecticut, she shared that from these offerings, they are offering to us one for free. I've attached their flyer.

Attached [here](#) are the Prevention in Early Childhood Needs Assessment and Focus Group presentation slides that superstar, Leigh -Ellen Figueroa led us in. We will be continuing to reach out to programs and agencies for input throughout the fall so that we can make sure we are gathering input from as many as possible in our community as we determine how best to apply the grant.

Afterwards we had a rich conversation around strategies for supporting parents and children's behavior, emphasizing the importance of preventive measures and getting support as early as possible. We discussed various resources like Touchpoints, Pyramid Model's Positive Solutions and Second Step, highlighting the need for more training and support for both professionals and

parents and children. More training held in Spanish is needed in support of our Spanish speaking family child care providers. Our discussion touched on cultural sensitivity, the lack of universal parenting education, and the importance of building trusting relationships between parents and providers.

Please note that due to Rosh Hashanah we will be changing the date of the next Roundtable to Tuesday, **September 30th @ 10 am.**

May 2025 IECMH RT Wrap-up

Greetings,

For those who were unable to attend May's IECMH Roundtable we focused on updates and returned to the discussion around the necessity of self-care in these times.

Updates and Celebrations:

See and share the attached flyer for the Opioid Task Force Save the date. Drop by GCC to celebrate the launch of the **CONNECT MOBILE OUTREACH** van: June 27th from 10-2pm.

Deb Neubauer shared that on June 26th at the Greenfield CHD Conference room at 8:30am the Franklin County Perinatal Support Coalition will be gathering for a retrospective. RSVP @ dneubauer@chd.org

Sarah shared that the May Touchpoints training in the North Quabbin was a success and that the Touchpoints planning team will be meeting soon to determine dates and locations for the next round of Touchpoints training.

Leigh-Ellen Figueroa shared that at our July and September Roundtable we will be starting a new assessment process, the sharing of info and getting feedback from the community about how to best spend the Prevention in Early Childhood grant monies.

Kat Allen shared the Communities of Care Coalition's website and showed us how the IECMH Roundtable fits into the work of the CTC and will have a home page. Sarah will draft some content for feedback for our July Meeting.

Laura Frogameni shared that there will be a Community Baby Shower in Northampton this weekend see and share attached flyer. - Sat May 31 9:30-11:30 am

Desiree Lalbeharie-Josias shared that the Collaborative is still offering IECMH parent support across Hampshire & Franklin counties via their [Strong Foundation](#) grant.

See attached for and share a wonderful 2 part offering for child care providers in using the Emotional Freedom Technique for self and co-regulation in the classroom cosponsored through EEC and the Collaborative. May 29 & June 5th 6-7:30 pm.

We explored work-life balance and self-care strategies in the context of behavioral health and early childhood mental health, beyond individual self care practices with discussions around systemic changes needed to create healthier work environments. i.e. adequate pay, healthy boundaries, etc.. Sarah shared this document that still exists on the Dept of HHS's website: [Surgeon Generals' Framework for Workplace Mental Health](#)

Robin Sudlow reminded us of Audre Lord's increasingly relevant quote: "*Caring for myself is not self-indulgence, it is self-preservation, and that is an act of political warfare*".

Next Roundtable: July 22

Hampshire County Perinatal Support Coalition,
Northampton/Hadley Family Connection, + It Takes a Village's

FREE

Community Baby Shower

2025



♥ free baby clothes + gear

♥ baby carrier demos

♥ valuable caregiving resources

♥ raffle prizes

♥ car seat safety info

Saturday, May 31st
Jackson Street School Cafeteria
120 Jackson Street, Northampton
9:30-11:30 am [Rain or Shine]

 Northampton's
Early Childhood Center


Hampshire County
Perinatal Support Coalition


It Takes a
Village


Northampton
Hadley
Family
Connection

 Mass General Brigham
Cooley Dickinson Hospital



collaborative.org
Collaborative for Educational Services



**Emotional Freedom Technique (EFT/Tapping)
for Self and Coregulation in Early Childhood Classrooms**
with Katherine Harris, Crow Lady Healing

Together we will discover the benefits of tapping as a method of self care and self regulation. This virtual two part workshop will provide hands-on strategies for incorporating tapping for educators and children in moments of stress.



When:
May 29 & June 5, 2025
6-7:30pm

Registration required



Learn more about Katherine at www.crowladyhealing.com
AND [@crowladyhealing](https://www.instagram.com/crowladyhealing)

To contact Katherine email her at crowladyhealing@gmail.com
or text/call her at 413-325-4529

Funded by an Early Childhood Mental Health Consultation grant from the MA Department of Early Education and Care, administered by Collaborative for Educational Services



SAVE THE DATE

FRIDAY, JUNE 27
10:00 am - 2:00 pm

**MOBILE OUTREACH
BLOCK PARTY**

JOIN US FROM **10:00 AM- 2:00 PM** AS WE CELEBRATE THE LAUNCH OF THE CONNECT MOBILE OUTREACH PROGRAM. WE WILL BE JOINED BY OTHER MOBILE OUTREACH PROGRAMS THAT OPERATE IN OUR LOCAL AREA AS WELL AS OUR CONNECT PARTNER AGENCIES. THERE WILL BE A RIBBON CUTTING CEREMONY, COMMUNITY RESOURCES, MUSIC, FOOD FOR PURCHASE, AND **FUN!**

CONNECT

GREENFIELD COMMUNITY COLLEGE
1 COLLEGE DR, GREENFIELD, MA 01301

FREE EVENT

MORE INFORMATION COMING SOON!

QUESTIONS? PLEASE CONTACT NICOLE ST. HILAIRE
CONNECT OUTREACH MANAGER
NICOLE@OPIOIDTASKFORCE.ORG

April 1 2025 IECMH RT Wrap-up

Greetings,

Yesterday's Roundtable was no joke! Big thanks goes out to DPH's Julia Zubaigo and Maia Raynor for presenting the state's title V needs assessment and 2025 draft priorities for the Maternal and Child Health Block Grant, for answering our questions and taking our feedback. I so appreciated all of you who were able to come and participate! Our experiences and voices need to be heard. Please find attached their power point and one pager. Maia and Julia encouraged us to reach out with any additional feedback Maia.Raynor@mass.gov

*Kat Allen from the Communities that Care Coalition, has graciously invited the Roundtable to be part of the Coalition. Unless I hear from any of you as to why we should remain an independent entity, I am inclined to accept.

*The Franklin, Hampshire and N. Quabbin Touchpoints team is announcing another round of training in May being held at Valuing Our Children's Patch Office in Athol on May 1st, 8th and 15th. Please have folks fill out this [interest form](#). I have attached a flyer, *please share widely*.

* Another amazing opportunity in May from DMH, is a free Level 1 Theraplay training!! Please see attached flyer for details and sign up quickly as space is limited It will be held in Northampton May 20-23.

*I have also attached the Flyer for Early Interventions Annual Conference on May 5th in Marlborough. Great speakers and CEU's.

**Most critically, I have 2 VERY Important Calls to Action!
Please Share Widely with your Networks:**

Reach out to your legislators to invest in Early Education and Care in the upcoming budget! Click to [here](#) to read Strategies for Children's letter and [Sign](#) !!! This is critical to the good work of our Headstart's CFCE's, Parent Child Plus programs and more.

In follow up to Dr. Ellen Landis's visit to the roundtable discussing (MIAT) Masshealth Initiative for Access and Transparency to address the disincentives to MH workforce and for families in receiving timely and consistent care. MIAT is asking us to call/contact our legislators and ask them to support **bill S. 770** to prevent inappropriate denials and clawbacks by insurers. See the attached Community Support letter. If you or if you know folks who would like to tell your story and provide testimony, please read and share widely the attached Testimony Support flyer,
Thank you- Thank You -Thank You
We are so much better together!

Our Next Roundtable will be May 27th at 10.
Very Warmly,

Sarah Patton LICSW (she/her)

Brazelton 
Touchpoints Center™

TOUCHPOINTS Training



The How of Child and Family Engagement

very low cost w/additional grants pending

Touchpoints is an evidence-based approach to building strong family-child and family-provider relationships. Touchpoints training applies a deep understanding of children's development and behavior as a strategy for engaging families.

**Three Days at
Valuing Our
Children
North Quabbin
Patch + Family
Resource
Center!**

May 1, 8, + 15
[9am-4:30pm]

*plus 6 virtual reflective
practice sessions*

with Brazelton Trainers:

**Sarah Patton &
Robin Sudlow**

Learn More:

bit.ly/BrazeltonTrainingMay25



collaborative.org/ecmh

Communities that Care

COALITION



Franklin Regional
Council of Governments



How to Testify In Support of:

S.770 - An Act to Prevent Inappropriate Denials by Insurers for Medically Necessary Services

All those wanting to testify can sign-up by visiting this link and look under 'Upcoming Hearings':
<https://malegislature.gov/Committees/Detail/J11/194>

The hearing is not currently scheduled, but we are told that we could be given very short notice (as little as 48 hours) or when the hearing will be. Therefore, it is incredibly important to have testimony written and ready to share! If you cannot attend the testimony virtually or in-person, you can still submit it in written form to be reviewed by the Joint Committee on Financial Services and added to the record.

We are happy to notify everyone when the first hearing is scheduled. Email Austin at AustinRogersTherapy@gmail.com to be added to our email blast.

1. **State who you are in relation to this bill.**

Are you a provider of healthcare services? Are you speaking as a member having trouble accessing care? Do you work in a field that is impacted by the availability of access to healthcare?

2. **Explain why this bill matters to you.**

It is super powerful if you have a story to tell. Be brief but give enough detail to explain how clawbacks affected your ability to provide or your difficulty accessing healthcare in Massachusetts. This is so important in swaying any legislators that may be on the fence or not know how important this is to us.

3. **Ask for the members of the committee to support the bill.**

Don't forget this part! It may seem obvious, but it's always a good thing to say anyways!

WHAT ELSE CAN WE DO BESIDES OFFER TESTIMONY?

CALL and WRITE your legislators in Massachusetts.

You can find yours here: <https://malegislature.gov/Search/FindMyLegislator>

TELL YOUR FRIENDS, FAMILY and COLLEAGUES

This is about all of us, even providers are patients and clients at times and we need care too. We want the broadest base of support possible for this bill and we are interested in notifying everyone we can. We think it would be especially helpful if anyone knows those that live in the districts of members of the Joint Committee on Financial Services. You can see who is on the committee here:

<https://malegislature.gov/Committees/Detail/J11/194>

CONNECT WITH US!

We at ***MIAT: Masshealth Initiative for Access and Transparency*** would love to hear from you and keep you updated on everything with this bill and other initiatives seeking to expand access to care in the state! Email Austin Rogers at austinrogerstherapy@gmail.com or Ellen Landis at ellen@sharevision.net for more!

Asking You to Support:

S.770 - An Act to Prevent Inappropriate Denials by Insurers for Medically Necessary Services

WE SPEND TOO MUCH MONEY TO NOT HAVE PROPER CARE

There is a huge amount of money spent on healthcare in Massachusetts - over 70 billion dollars. How is that possible that some people still cannot access proper healthcare? Have you ever called a healthcare provider's office to either find they don't take your insurance or they don't have any availability to see you? One of the reasons for this is that providers are becoming increasingly wary of working with insurance companies due to a practice called recoupment (commonly referred to as 'clawbacks').

WHAT IS A CLAWBACK?

A clawback is when an insurance company takes back money that it has been paid to providers for services already given and billed. Clawbacks can happen up to 12 months after the service has been completed, meaning that it can take providers totally by surprise and be well after the money has been spent on costs of the provider's practice. Each time this happens, the provider is likely to leave a network or limit the number of people that it will take with that particular insurance. Plus, they might let other colleagues know about their experience, which discourages other providers from joining the network.

WHAT IS A CLAWBACK DUE TO ELIGIBILITY?

Sometimes an insurance company will clawback money that it already paid a provider for services because it finds that it had inappropriately told the provider that the patient or client had insurance with them when that wasn't true. The insurance company's mistake becomes a big problem for the provider and represents a huge financial burden if it occurs.

WHAT CAN WE DO?

Give your support to S.770! S.770 is a bill filed in the Massachusetts State Senate that seeks to limit this practice of clawbacks so that there is less risk to providers and they can be paid for the work that they do. We hope this will encourage providers to stay in insurance networks and continue to join more networks so that there can be more broad access to care across Massachusetts.

CALL and WRITE your legislators in Massachusetts.

You can find yours here: <https://malegislature.gov/Search/FindMyLegislator>

WRITE and/or PRESENT a testimony at the Joint Committee on Financial Services.

The hearing date and time can be found at <https://malegislature.gov/Committees/Detail/J11/194> under 'Upcoming Hearings'.

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Level One Theraplay & MIM

Northampton, MA



What is Theraplay?

Theraplay is a therapist-guided dyadic psychotherapy that focuses on parent-child relationships and has been accepted by SAMHSA as an evidence-based practice. It:

- Enhances attachment, self-esteem, and trust in others through joyful engagement
- Elicits cooperation and improves behavior issues in children through positive connection
- Creates an active and empathic connection between child and parents
- Focuses on structure, engagement, nurture and challenge
- Results in changed view of the self as worthy and lovable, and of relationships as positive

Learning Objectives include:

- Administer and analyze the MIM
- Utilize the MIM as a guide for treatment planning
- Describe the four dimensions of Theraplay and demonstrate one activity from each dimension
- Describe ways to adapt Theraplay treatment to meet the needs of a child with complex trauma
- Describe how to guide parents to participate in a Theraplay session

How does it differ from other modalities?

- It directly involves the parents or caregivers in change
- It is active, interpersonal, and fun
- Progress can be made quickly
- It focuses on strengthening the parent-child relationship
- It focuses on the "here and now"
- It can be used with children with developmental delays
- The "Theraplay Way" flows easily from clinical setting to home
- Theraplay is appropriate for all ages - infancy through adolescence

Who Should Attend?

Psychologists, Psychiatrists, Social Workers, Clinical Counselors, Marriage and Family Therapists, School Counselors, Play Therapists, Infant Mental Health Professionals, Special Education Teachers, and others...

Dates:

May 20, 21, 22, 2025 8:30-4:00pm
May 23, 2025 8:30-3:00pm

Location:

1 Prince St. 2nd Fl Conf. Room
Northampton, MA 01060

Register: <http://bit.ly/4jbgRfq>





Massachusetts Early Intervention Consortium 2025 Annual Conference

Empowering Early Intervention Professionals

Introducing our Keynote Speaker, Amy Nelson!

Amy Nelson, LCSW, LSCSW, RPT-S

Amy Nelson is a play therapist and award-winning author of *Every Bunny Can Learn*. Amy empowers educators to foster neurodiversity and create sensory-smart, inclusive spaces where every child thrives.

Learn more at emotionalmilestones.com



WHEN + WHERE:

Monday, May 5, 2025 7:30 AM - 4:00 PM

Registration 7:30 AM - 8:15 AM

Best Western Royal Plaza Hotel & Trade Center
Marlborough, MA

Tuesday, May 6, 2025, 7:30 - 4:00 PM

Virtual (Access details provided upon registration)

REGISTER TODAY!



CEUs available for: PT, OT, SLP, SW, LMHC

Details are available on the registration page

For more information about the conference and how to register, visit:
meiconsortium.org/annual-conference/

**Don't miss this opportunity to connect, learn,
and grow in the field of early intervention!**

Greetings, and thank you to all who were able to make it to yesterday's very *felt* and *co-regulating* Roundtable. For those who were unable to make it, there was lots of news/resources and opportunities to share including our **March Roundtable date being moved to April^{1st}**!

We began with what we are doing to regulate ourselves in the face of the "*fire hosing of chaos*" occurring, so that we can stay present and connected in ourselves and with others. Exploring new breathing patterns, karate, yoga, singing, church, staying connected with each other and moving our bodies were all suggested, and of course eating ice cream for breakfast if needed.

Desiree shared Yoga with Adrienne 2025's Free Energy Practice:

<https://www.youtube.com/playlist?list=PLui6Eyny-Uzxr6Hxojv-6-Hxj2eoLkYLq>

There is still no word as to our reapplication to the Prevention in Early Childhood grant. We have a fully enrolled Touchpoints training in Hadley starting this month and another round to start sometime in the spring held in Franklin County. A waitlist has already begun! Contact Laura Frogameni if you are interested in learning more. Details will follow

lfrogameni@northampton-k12.us

Roundup of upcoming events to share widely and that we should all be in the know about: Please note hyperlinks and attached fliers.

*First an important upcoming virtual Lunch and Learn on **January 30th 12-1** hosted by the Mass Children's Mental Health Campaign will be covering **2025-26 legislative bills and budget news** including the Behavioral Health Framework from Birth to Higher Ed that went out for bid for development. You can register here:

https://eliot.zoom.us/webinar/register/WN_fBFr--1IRDeIz7mcBraoTg?eType=EmailBlastContent&eId=26eeae2-ff94-495f-99ec-8ae7ad13c474 - /registration

***On Feb 8th** from 10-12pm, The Collaborative will be hosting a free virtual screening & discussion of the highly acclaimed *Families Embracing Anti-bias Values*. Co – producer Debbie Lee Keenan will be facilitating a discussion after! Register here:

<https://www.collaborative.org/event/families-embracing-anti-bias-values-film-screening-and-discussion/>

*Starting on **February 4**, *The Federation of Special Needs* is hosting a free virtual series entitled Primeros Pasos Hacia Education Especial / First Steps Toward Special Education. **Please make sure to share this with all your families and networks. See attached for flier.**

*DPH is recruiting integrated pediatric behavioral health clinicians, family partners, and community health workers and other providers throughout the state to join the 2025 Supporting Families in Pediatrics ECHO Training Series Workshop on Supporting Families in Pediatrics: Promoting Emotional, Behavioral, and Relational Health in Young Children with a Racial Equity Lens. *These free 8 -1-hour sessions begin on February 19th. Contact hours for nursing and CEUs for social workers, licensed mental health clinicians, and community health workers have been applied for and will be available for free. Each session will award 1 CEU/ contact hour. See attached flier.*

*Laura shared a menu of FREE grant funded PD for Educators and staff through the Northampton Preschool Partnership. Check them out here:

<https://forms.gle/Jc7H1mnitCKuF9yr9>

*The Pyramid Plus program has brought back Regional Pyramid Model Learning Communities! These drop in sessions are for *anyone* interested in learning more and engaging with others around pyramid model practices, applications and strategies. **Region 1 dates are Feb 4th March 4th and April 8th** 10-11am (virtual) *See attached flyer no registration needed.*

*The Massachusetts Pyramid Model Summit 2025 is on March 25th in Worcester. Let me know if you want a ride, I have room in my car. [Register here](#) *See attached flyer*

*Families with children in Hampshire or Franklin counties in need of behavioral health can access support through the Strong Foundations Grant. Currently there is no wait list. This is a FREE resource even for families on various waitlists or for families whose children are not eligible for IFSP or IEP and have SEL needs

...<https://www.collaborative.org/youth-and-families/early-childhood-programs/strong-foundations/>

*DMH will be hosting a [Theraplay](#) training in Western Ma. sometime this spring, details forthcoming.

For all ~ please be mindful and focus on sharing resources and accurate rights that *support* and *lift* those who are under threat in our communities.

*Several of our RT members shared The Center for Law and Social Policy updated guide for creating “safe space” policies in early childcare

<https://www.clasp.org/publications/report/brief/guide-creating-safe-space-policies-early-childhood-programs/>

*Desiree shared this resource, as things change daily <https://www.councilofnonprofits.org/>

Sarah shared the new Mass Parentage act which is a historic law that protects all families, including LGBTQ+ families and families formed through assisted reproduction.

<https://www.glad.org/massparentage/>

And here is a newly released MA Executive order:

<https://www.mass.gov/news/massachusetts-commission-on-lgbtq-youth-statement-on-recent-executive-order>

Thank you to everyone for creating co-regulating safe spaces for connection, grief and support.

Remember: Next Round table April 1st @ 10 am



FIRST STEPS TOWARDS SPECIAL EDUCATION



THE FEDERATION FOR CHILDREN WITH SPECIAL NEEDS INVITES
YOU TO PARTICIPATE IN A SPECIAL EDUCATION SERIES THAT
WILL TAKE PLACE ON TUESDAYS AND THURSDAYS FROM 10:00
TO 11:00 AM.

SOCIAL EMOTIONAL LEARNING

**FEB
04** LEARN WHAT SOCIAL-EMOTIONAL LEARNING IS, WHY IT IS IMPORTANT
AND HOW YOU CAN HELP YOUR CHILD DEVELOP IT.

BASIC RIGHTS

**FEB
06** AN INTRODUCTION TO SPECIAL EDUCATION LAWS AND PROCEDURES
WITH A FOCUS ON REFERRALS, EVALUATIONS AND THE PROCESS FOR
DETERMINING IF A STUDENT IS ELIGIBLE FOR SPECIAL EDUCATION.

NEW IEP

**FEB
11** UNDERSTAND THE CHANGES MADE TO THE IEP FORMULATION, KNOW
THE TIMELINES FOR IMPLEMENTATION, AND EXPLORE AREAS WHERE
STUDENTS AND PARENTS CAN PROVIDE INPUT.

ROUND TABLE

**FEB
13** JOIN THE ROUNDTABLE WITH ORGANIZATIONS SUCH AS THE DEPARTMENT
OF **PUBLIC HEALTH (DPH)**, **PARENT PROFESSIONAL ADVOCACY LEAGUE
(PPAL)**, **SOCIAL SECURITY AND ITS BENEFITS**, **DEPARTMENT OF
DEVELOPMENTAL SERVICES (DDS)** AND **MASSHEALTH** TO FIND OUT WHO
IS ELIGIBLE AND HOW TO APPLY.

PARENTS CONCERNS IEP

**FEB
25** LEARN TIPS ON HOW TO WRITE AN EFFECTIVE STATEMENT OF CONCERNS
FOR THE IEP FORM AND RECOGNIZE WHAT SHOULD BE INCLUDED IN THE
SECTIONS OF THE NEW IEP FORM.

CARE MAP

**FEB
27** LET'S HAVE A BRAINSTORMING MEETING TO IDENTIFY THE VARIOUS
SERVICES AND PROGRAMS IN WHICH WE PARTICIPATE AS CAREGIVERS OF
A CHILD WITH SPECIAL NEEDS.



SCAN OR [CLICK HERE TO
REGISTER](#)



ECHO Training on Supporting Families in Pediatrics: Promoting Emotional, Behavioral, and Relational Health in Young Children with a Racial Equity Lens
A Workshop Series for Pediatric Integrated Behavioral Health Staff

February 19, 2025- May 28, 2025 12-1 PM (see below for dates of 8 sessions)

The Massachusetts Department of Public Health is recruiting integrated pediatric behavioral health clinicians, family partners, and community health workers and other providers throughout the state of Massachusetts to join the Supporting Families in Pediatrics ECHO Training Series. This training series aims to increase participants' knowledge, skills, and self-efficacy to integrate family engagement strategies to promote emotional, behavioral, and relational health for children under 6 years old in their practice.

Participants will engage in the ECHO model™ (Extension for Community Healthcare Outcomes) a telementoring platform that leverages video conference technology to connect experts with primary care teams in local communities, fostering an "all teach, all learn" approach.

Contact hours for nursing and CEUs for social workers, licensed mental health clinicians, and community health workers have been applied for and will be available for free. Each session will award 1 CEU/ contact hour.

This ECHO Series will utilize materials from:

- The Pyramid Model Positive Solutions for Families—An evidence-based parent skills training to foster healthy relationships and provide concrete strategies for parents to encourage their child's growth and development
- DC: 0-5—An empirical evidence-based classification system for mental health and developmental disorders for children birth to age 5 with an emphasis on relational health between the child and caregiver
- The Racial Equity Roadmap and the Family Engagement Framework—Two Massachusetts-based best practice resources to promote health equity and reduce racial disparities and other systems of oppression.

ECHO "Hub" Team:

- **Marisa Matsudaira, LICSW**, is the Pediatric Mental Health Access Coordinator at the MA Department of Public Health. She brings her experience as a clinical social worker leader of outpatient mental health and integrated behavioral health settings with a focus on the experience of children and their families. She is an educator on anti-racist and anti-oppressive clinical practice in workplaces and higher education.
- **Roxanne Hoke-Chandler, MS**, is the Early Childhood Systems Coordinator for Family Engagement and Training at MA Department of Public Health. She is an experienced trainer of facilitators for parenting groups using the Pyramid's [Positive Solutions for Families](#), often using her own lived experience.
- **Sarah Patton, LICSW**, is an Early Childhood Mental Health Clinician, trainer, coach, consultant, and facilitator. She brings decades of experience working with children, families, childcare providers, and systems of care addressing early childhood mental health and Pyramid Model implementation.

From Exclusion to Inclusion

Effective strategies for early childhood leaders and practitioners to ensure all children are included!



Pyramid Model

Annual Summit
2025



This in-person event is **FREE** to attend but with limited space!

March 25th

9:00 am to 2:30 pm

Registration table opens
at 8:30 am.

Includes:

- Keynote by Erica Key
- Breakout Sessions
- Lunch for participants



COURTYARD BOSTON MARLBOROUGH
75 Felton Street | Marlborough, MA 01752

REGISTER HERE!

Questions?
Email Rob at
rob.corso@pyramidmodel.org



INTRODUCING: Pyramid Model Learning Communities (PMLC)

Discover the Pyramid Model approach and engage in regional discussions with peers to learn how it can improve your work with all young children.

**All levels of experience with the Pyramid Model welcome.
No registration necessary!**

Western Massachusetts - Marlene Robbins

Tuesday, February 4

Tuesday, March 4

Tuesday, April 8

10:00 - 11:00 a.m. ET

ATTEND HERE:

[https://us02web.zoom.us/j/81598757054?
pwd=oBMOawyxDRIIsVCmmSYHbLHNJjvDiy.1](https://us02web.zoom.us/j/81598757054?pwd=oBMOawyxDRIIsVCmmSYHbLHNJjvDiy.1)

Meeting ID: 815 9875 7054

Passcode: 353640

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Early Education and Care

