

Southbridge Public Schools - Middle and High School Breakfast Menu

This institution is an equal opportunity provider

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE OF:	Hot ham & cheese sandwich Hash Brown Assorted Juices Assorted Fruit Assorted Cereal Bars Assorted Cold Cereal Assorted Baked Goods Benefit Bars Assorted Yogurt & string cheese Assorted Milk	French Toast w/ Pancake syrup Sausage Patty Hash Brown Assorted Juices Assorted Fruit Assorted Cereal Bars Assorted Cold Cereal Assorted Baked Goods Benefit Bar Assorted Yogurt & string cheese Assorted Milk	Croissant Egg Cheese & Bacon Sandwich Hash Brown Assorted Juices Assorted Fruit Assorted Cereal Bars Assorted Cold Cereal Assorted Baked Goods Assorted yogurt & string cheese Assorted Milk	Griddle Sandwich (pancakes, sausage & Cheese) Hash Browns Assorted Juices Assorted Fruit Assorted Cereal Bars Assorted Cold Cereal Assorted Baked Goods Assorted Yogurt & String cheese Assorted Milk	Croissant Egg Sausage & Cheese Hash Browns Assorted Juices Assorted Fruit Assorted Cereal Bars Assorted Cold Cereal Benefit Bars Assorted Baked Goods Assorted Yogurt & string cheese Assorted Milk

Southbridge Public Schools - Middle and High School Lunch Menu

This institution is an equal opportunity provider

November 18-22, 2019

This institution is an equal opportunity provider

	MONDAY, 11/18	TUESDAY, 11/19	WEDNESDAY, 11/20	THURSDAY, 11/21	FRIDAY, 11/22
HOT ENTREE	WG Chicken Strips Potato Smiles	Pasta with Meatballs WG Cheesy Breadstick	Turkey w/gravy Mashed Potatoes Cranberry Sauce WG Dinner Roll	Pernil/Arroz (Pork & Rice Cornbread	Pioneer Chicken Bowl Dinner Roll, WG
2nd choice	Hot Dog on a Roll Potato Smiles	Toasted Cheese Sandwich or Fish Sandwich	Stuffed Crust Pizza	Taco Snax Basket with Fries	Personal Round Pizza
VEGETABLE AND GRAINS	Salad Bar Chili Beans	Salad Bar Tomato Soup Green Beans	Salad Bar Mixed Vegetables	Salad Bar Carrots	Salad Bar Corn
DELI STATION	Made to Order	Made to order	Made to order	Made to order	Made to order
FRUITS	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits

WG = >51% Whole Grain

A variety of milk is served with all meals

Menu is subject to change without notice

Southbridge Public Schools - Middle and High School Lunch Menu

November 25-29, 2019

This institution is an equal opportunity provider

	MONDAY, 11/25	TUESDAY, 11/26	WEDNESDAY, 11/27	THURSDAY, 11/28	FRIDAY, 11/29
HOT ENTREE	Chili & Beans w/ Fritos Sour cream	Chicken Pizza Quesadilla Sour Cream Salsa	NO SCHOOL TODAY	NO SCHOOL TODAY	NO SCHOOL TODAY
2nd choice	WG Mozzarella Sticks Marinara Sauce	BBQ Pork Rib Pattie On a WG Roll			
VEGETABLE AND GRAINS	Salad Bar Carrots	Salad Bar Chili Beans			
DELI STATION	Made to Order	Made to order			
FRUITS	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits			

WG = >51% Whole Grain

A variety of milk is served with all meals

Menu is subject to change without notice

December 2-6, 2019

This institution is an equal opportunity provider

	MONDAY, 12/2	TUESDAY, 12/3	WEDNESDAY, 12/4	THURSDAY, 12/5	FRIDAY, 12/6
HOT ENTREE	WG Macaroni & Cheese	Breaded Drumstick, WG Baked Potato Sour Cream WG Dinner Roll	WG Lasagna Meatballs Garlic Knot	Hot Turkey Sandwich Mashed Potatoes	Chicken Wings Cornbread Margarine Cup
2nd choice	WG Chicken Nuggets	Stuffed Crust Pizza	Pulled Pork on a WG Roll	Mini Corn Dogs Mustard Tater Tots	Big Daddy Pizza
VEGETABLE AND GRAINS	Salad Bar Chili Beans	Salad Bar Honey Roasted Carrots	Salad Bar Butternut Squash	Salad Bar Green Beans	Salad Bar Corn
DELI STATION	Made to Order	Made to order	Made to order	Made to order	Made to order
FRUITS	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits

WG = >51% Whole Grain

A variety of milk is served with all meals

Menu is subject to change without notice

Southbridge Public Schools - Middle and High School Lunch Menu
December 6- 13, 2019

This institution is an equal opportunity provider

	MONDAY, 12/6	TUESDAY, 12/7	WEDNESDAY, 12/8	THURSDAY, 12/9	FRIDAY, 12/10
HOT ENTREE	Garlic Chicken Pasta Garlic Knot	Teriyaki Chicken Vegetable Egg Roll Minh Rice	Munchie Basket (WG chicken nuggets, WG Mozzarella sticks, tater tots)	Chicken Fajitas Salsa Sour Cream	Pizza Crunchers
2nd choice	BBQ Pork Rib Pattie On a Hamburger Roll	Ground Beef Nachos	No 2nd choice	Hamburger on a WG Bun	Chicken Patty or Buffalo Chicken Patty on a WG Bun
VEGETABLE AND GRAINS	Salad Bar Chili Beans	Salad Bar Green Beans	Salad Bar Tater tots	Salad Bar Carrots	Broccoli
DELI STATION	Made to order	Made to order	Made to order	Made to order	Made to order
FRUITS	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits

WG = >51% Whole Grain

A variety of milk is served with all meals

Menu is subject to change without notice

Southbridge Public Schools - Middle and High School Lunch Menu
December 16-20, 2019

This institution is an equal opportunity provider

	MONDAY, 12/16	TUESDAY, 12/17	WEDNESDAY, 12/18	THURSDAY, 12/19	FRIDAY, 12/20
HOT ENTREE	WG Chicken Strips	Pasta with meatballs Cheesy Breadstick	Turkey with Gravy Mashed Potato Cranberry Sauce Dinner Roll, WG	Pernil/ Arroz Cornbread	Pioneer Chicken Bowl WG Dinner Roll
2nd choice	Hot Dog on WG Roll	Toasted Cheese sandwich Fish Sandwich	Stuffed Crust Pizza	Taco Snack Basket/Fries	Personal Round Pizza
VEGETABLE AND GRAINS	Salad Bar Potato Smiles WG Dinner Roll	Salad Bar Tomato Soup Green Beans	Salad Bar Broccoli	Salad Bar Carrots	Salad Bar Corn
DELI STATION	Made to order	Made to order	Made to order	Made to order	Made to order
FRUITS	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits	Assorted Fresh & Canned Fruits

