

## Information on Insurance Company Enrollment

Accepting insurance in your practice is a personal preference and one that can change over time. You can opt to accept insurance, not accept insurance, accept certain insurances, and you also have the option to disenroll.

One option is to talk to colleagues about their experience with insurance companies. Here are some questions you might ask:

- a. Which are the health insurances you prefer to work with and why?
- b. How responsive is the company?
- c. How quickly does it reimburse once you submit your billing?
- d. Does a third party payer have free online claims submission? And how easy it is to use?

A partial list of some of the major health insurance plans and managed care companies is provided below. Some insurance companies manage their own BH contracting and coverage, while others use a separate company. Note that some plans have only commercial plans, some only public/MassHealth, and some both. For plans that offer both, providers can choose which to include in their contract.

**Go to the website for each company** that interests you and find the “Provider” link and instructions for enrolling. Be sure that you are clear that you are applying to become a provider for outpatient mental health services.

NOTE: This list was accurate at time of publication - but names, plans, and contact information can change periodically.

\*C = commercial

\*MH - MassHealth

Insurance Plan	C*	MH*	BH coverage	Website
Aetna	x		Aetna	<a href="http://www.aetna.com">www.aetna.com</a>
Blue Cross Blue Shield	x		BCBS-MA	<a href="http://www.bluecrossma.com">www.bluecrossma.com</a>
Cigna	x		Cigna	<a href="http://www.cigna.com">www.cigna.com</a>
Fallon	x	x	Carelon	<a href="http://www.carelonbehavioralhealth.com">www.carelonbehavioralhealth.com</a>
GIC Wellpoint	x		Carelon	<a href="http://www.carelonbehavioralhealth.com">www.carelonbehavioralhealth.com</a>
Harvard Pilgrim (HPHC)	x		HPHC/Point32Health	<a href="https://www.point32health.org">https://www.point32health.org</a>
Health New England	x	x	Health New England	<a href="http://www.healthnewengland.com">www.healthnewengland.com</a>
Mass General Brigham Health Plan	x	x	Optum	<a href="http://www.providerexpress.com/">www.providerexpress.com/</a>
MassHealth - secondary plans		x	MassHealth	<a href="https://www.mass.gov/masshealth-provider-enrollment-and-credentialing-pec">https://www.mass.gov/masshealth-provider-enrollment-and-credentialing-pec</a>
MBHP		x	Carelon	<a href="http://www.carelonbehavioralhealth.com">www.carelonbehavioralhealth.com</a>
Medicare			Medicare/CMS	<a href="http://www.cms.gov">www.cms.gov</a>
Tufts Health Plan	x	x	Tufts/Point32Health	<a href="https://www.point32health.org">https://www.point32health.org</a>
United Health Care/UBH	x		Optum	<a href="http://www.providerexpress.com/">www.providerexpress.com/</a>
WellSense	x	x	Carelon	<a href="http://www.carelonbehavioralhealth.com">www.carelonbehavioralhealth.com</a>