

The Christian creation story (Genesis)	■ <i>First day:</i> Light is commanded to appear ("Let there be light!") The light is divided from the darkness, and they are named "day" and "night" ■ <i>Second day:</i> God makes a firmament ("Let a firmament be...!")—the second command—to divide the waters above from the waters below. The firmament is named "skies". ■ <i>Third day:</i> God commands the waters below to be gathered together in one place, and dry land to appear (the third command). "earth" and "sea" are named. God commands the earth to bring forth grass, plants, and fruit-bearing trees (the fourth command). ■ <i>Fourth day:</i> God puts lights in the firmament (the fifth command) to separate light from darkness and to mark days, seasons and years. Two great lights are made to appear (most likely the Sun and Moon, but not named), and the stars. ■ <i>Fifth day:</i> God commands the sea to "teem with living creatures", and birds to fly across the heavens (sixth command); he creates the "great sea creatures" and the creatures of the sea and the birds according to their kinds ■ <i>Sixth day:</i> God commands the land to bring forth living creatures (seventh command); He makes wild beasts, livestock and reptiles. He then creates humanity in His "image" and "likeness" (eighth command). They are commanded to "be fruitful, and multiply, and fill the earth, and subdue it." ■ <i>Seventh day:</i> "Thus the heavens and the earth were finished, and all the host of them." God, having completed the heavens and the earth, rests from His work, and blesses and sanctifies the seventh day.
Atman	Ultimate Reality manifesting as Self Conscientiousness (similar idea of "soul")
Samsara	Cycle of rebirth & continuity of our existence beyond death
Moksha	Liberation from the cycle of the cycle of rebirth.
Karma	It is a law of cause & effect on personal terms; "What you sow you reap; we have to bear the

	consequences of all our actions, if not immediately then in a later life
<u>The belief in the Buddha</u>	Buddhists do not believe in God. They look at the Buddha, who was human, as a role model
<u>the Enlightenment</u>	The attainment of spiritual knowledge or insight – Spiritual awakening
<u>Nirvana</u>	A transcendent state in which there is neither suffering, desire, nor sense of self, and the subject is released from the effects of karma and samsara. It represents the final goal of Buddhism
<u>The Four Noble Truths</u>	1.The truth of <i>dukkha</i> (suffering, anxiety, stress) – Life is full of suffering 2. The truth of the origin of <i>dukkha</i> – <i>The cause of suffering is this attachment, desire</i> 3. The truth of the cessation of <i>dukkha</i> – <i>There is a medicine to treat the cause of suffering</i> 4. The truth of the path leading to the cessation of <i>dukkha</i> – <i>The medicine is to follow the Eightfold Path</i>
<u>The Eightfold Path</u>	1.Right View - 2.Right Intention – 3.Right Speech – 4.Right Action – 5.Right Livelihood – 6. Right Effort – 7.Right Mindfulness – 8.Right Concentration
<u>Scientific Creation Theory (Big Bang)</u>	Most astronomers believe the Universe began in a Big Bang about 14 billion years ago. At that time, the entire Universe was inside a bubble that was thousands of times smaller than a pinhead. It was hotter and denser than anything we can imagine. Then it suddenly exploded. The Universe that we know was born. Time, space and matter all began with the Big Bang. In a fraction of a second, the Universe grew from smaller than a single atom to bigger than a galaxy. And it kept on growing at a fantastic rate. It is still expanding today. As the Universe expanded and cooled, energy changed into particles of matter and antimatter. These two opposite types of particles largely destroyed each other. But some matter survived. More stable particles called protons and neutrons started to form when the Universe was one second old. Over the next three minutes, the temperature dropped below 1 billion degrees Celsius. It was now cool enough for the protons and neutrons to come together, forming hydrogen and helium nuclei. After 300 000 years, the Universe had cooled to about 3000 degrees. Atomic nuclei could finally capture electrons to form atoms. The Universe filled with clouds of hydrogen and helium gas.