

## **Master of Life Coaching, Minor in Faith-Based Counseling and Mentoring**

HBI University

Course Duration: 2 years

Credit Hours: 69 (including minor)



### **Program Description**

The Master of Life Coaching with a Minor in Faith-Based Counseling and Mentoring is designed for individuals seeking to empower others through transformational coaching, personal development, and faith-integrated mentorship. This program prepares students to provide coaching services in a variety of settings, including faith-based organizations, corporate leadership, nonprofit sectors, and private coaching businesses.

Students will gain expertise in motivational strategies, goal-setting methodologies, behavior change techniques, and counseling principles rooted in spiritual values. The minor in faith-based counseling and mentoring equips students to integrate biblical wisdom with modern coaching techniques, helping clients navigate personal and professional challenges with faith-centered guidance.

Graduates of this program will be well-prepared for careers as life coaches, corporate trainers, leadership mentors, and faith-based counselors, assisting individuals in achieving their goals while aligning with their spiritual beliefs.

### **Admissions Requirements**

- Bachelor's degree in psychology, counseling, leadership, ministry, or a related field
- Minimum GPA of 3.0
- Two letters of recommendation from professional or faith-based mentors
- Statement of purpose outlining career goals in coaching and faith-based mentorship
- Interview with faculty admissions committee

## Practicum Requirement

Students must complete a 300-hour supervised practicum in a coaching organization, leadership training program, or faith-based mentoring initiative. This hands-on experience provides direct interaction with clients seeking guidance in personal and professional growth.

## Master's Thesis

A master's thesis is required, focusing on coaching methodologies, faith-based mentoring strategies, or personal development techniques.

The thesis should be between 60-100 pages, follow APA formatting, and present innovative coaching models that integrate spiritual and psychological principles.

## Program Outcomes

- Develop expertise in life coaching, personal development, and transformational leadership.
- Apply faith-based counseling and mentorship principles to coaching clients.
- Utilize effective goal-setting and behavior change strategies to facilitate client success.
- Integrate spiritual and psychological approaches in coaching and mentoring relationships.
- Prepare for leadership roles in personal coaching, corporate training, and faith-based mentorship programs.

## Foundational Courses (30 Credit Hours)

Course Code	Course Title	Credit Hours
LFC 6001	Foundations of Life Coaching and Personal Development	3
LFC 6002	Psychological Theories of Motivation and Behavior	3
LFC 6003	Faith-Based Approaches to Coaching and Mentoring	3
LFC 6004	Goal-Setting, Productivity, and Performance Strategies	3
LFC 6005	Coaching Ethics, Legal Issues, and Professionalism	3
LFC 6006	Spiritual Leadership and Transformational Coaching	3
LFC 6007	Communication Skills and Conflict Resolution in Coaching	3
LFC 6008	Coaching for Career and Business Success	3
LFC 6009	Research Methods in Coaching and Mentorship	3
LFC 6010	Mindset and Emotional Resilience Training	3

### Core Courses (24 Credit Hours)

Course Code	Course Title	Credit Hours
LFC 6101	Building a Successful Coaching Practice	3
LFC 6102	Leadership Coaching for Organizations and Teams	3
LFC 6103	Coaching for Mental and Emotional Well-Being	3
LFC 6104	Marketing and Branding for Coaching Businesses	3
LFC 6105	Advanced Strategies in Faith-Based Coaching	3
LFC 6106	Personal Development and Growth Coaching	3
LFC 6107	Supervised Practicum in Life Coaching	3
LFC 6108	Capstone Project in Life Coaching and Mentorship	3

### Faith-Based Counseling and Mentoring Minor (15 Credit Hours)

Course Code	Course Title	Credit Hours
FBC 6201	Biblical Counseling and Coaching Principles	3
FBC 6202	Spiritual Mentorship and Discipleship Coaching	3
FBC 6203	Ethical and Theological Issues in Faith-Based Counseling	3
FBC 6204	Developing Faith-Based Coaching Programs	3
FBC 6205	Integrating Prayer and Spiritual Growth in Coaching	3

### Career Outcomes and Potential Salary

- Certified Life Coach (Faith-Based or Corporate Settings) – \$50,000-\$120,000
- Executive and Leadership Coach – \$70,000-\$150,000
- Faith-Based Counselor and Mentor – \$55,000-\$110,000
- Corporate Trainer and Personal Development Specialist – \$65,000-\$140,000

### Advocacy and Professional Development

Students are encouraged to engage with coaching and faith-based mentorship organizations such as the International Coach Federation (ICF) and the Association for Christian Coaching (ACC) for continued professional development and networking opportunities.

### Additional Electives (9 Credit Hours)

Course Code	Course Title	Credit Hours
ELE 901	Coaching Strategies for Faith-Based Leadership	3
ELE 902	Integrating Theology into Life Coaching	3
ELE 903	Ethical and Legal Considerations in Coaching	3
ELE 904	Coaching for Personal and Spiritual Development	3
ELE 905	Counseling and Mentorship in Ministry	3