Master of Life Coaching, Minor in Faith-Based Counseling and Mentoring

HBI University
Course Duration: 2 years
Credit Hours: 69 (including minor)



Program Description

The Master of Life Coaching with a Minor in Faith-Based Counseling and Mentoring is designed for individuals seeking to empower others through transformational coaching, personal development, and faith-integrated mentorship. This program prepares students to provide coaching services in a variety of settings, including faith-based organizations, corporate leadership, nonprofit sectors, and private coaching businesses.

Students will gain expertise in motivational strategies, goal-setting methodologies, behavior change techniques, and counseling principles rooted in spiritual values. The minor in faith-based counseling and mentoring equips students to integrate biblical wisdom with modern coaching techniques, helping clients navigate personal and professional challenges with faith-centered guidance.

Graduates of this program will be well-prepared for careers as life coaches, corporate trainers, leadership mentors, and faith-based counselors, assisting individuals in achieving their goals while aligning with their spiritual beliefs.

Admissions Requirements

- Bachelor's degree in psychology, counseling, leadership, ministry, or a related field
- Minimum GPA of 3.0
- Two letters of recommendation from professional or faith-based mentors
- Statement of purpose outlining career goals in coaching and faith-based mentorship
- Interview with faculty admissions committee

Practicum Requirement

Students must complete a 300-hour supervised practicum in a coaching organization, leadership training program, or faith-based mentoring
initiative. This hands-on experience provides direct interaction with clients seeking guidance in personal and professional growth.

Master's Thesis

A master's thesis is required, focusing on coaching methodologies, faith-based mentoring strategies, or personal development techniques.
The thesis should be between 60-100 pages, follow APA formatting, and present innovative coaching models that integrate spiritual and psychological principles.

Program Outcomes

- Develop expertise in life coaching, personal development, and transformational leadership.
- Apply faith-based counseling and mentorship principles to coaching clients.
- Utilize effective goal-setting and behavior change strategies to facilitate client success.
- Integrate spiritual and psychological approaches in coaching and mentoring relationships.
- Prepare for leadership roles in personal coaching, corporate training, and faith-based mentorship programs.

Foundational Courses (30 Credit Hours)

Course Code	Course Title	Credit Hours
LFC 6001	Foundations of Life Coaching and Personal Development	3
LFC 6002	Psychological Theories of Motivation and Behavior	3
LFC 6003	Faith-Based Approaches to Coaching and Mentoring	3
LFC 6004	Goal-Setting, Productivity, and Performance Strategies	3
LFC 6005	Coaching Ethics, Legal Issues, and Professionalism	3
LFC 6006	Spiritual Leadership and Transformational Coaching	3
LFC 6007	Communication Skills and Conflict Resolution in Coaching	3
LFC 6008	Coaching for Career and Business Success	3
LFC 6009	Research Methods in Coaching and Mentorship	3
LFC 6010	Mindset and Emotional Resilience Training	3

Core Courses (24 Credit Hours)

Course Code	Course Title	Credit Hours
LFC 6101	Building a Successful Coaching Practice	3
LFC 6102	Leadership Coaching for Organizations and Teams	3
LFC 6103	Coaching for Mental and Emotional Well-Being	3
LFC 6104	Marketing and Branding for Coaching Businesses	3
LFC 6105	Advanced Strategies in Faith-Based Coaching	3
LFC 6106	Personal Development and Growth Coaching	3
LFC 6107	Supervised Practicum in Life Coaching	3
LFC 6108	Capstone Project in Life Coaching and Mentorship	3

Faith-Based Counseling and Mentoring Minor (15 Credit Hours)

Course Code	Course Title	Credit Hours
FBC 6201	Biblical Counseling and Coaching Principles	3
FBC 6202	Spiritual Mentorship and Discipleship Coaching	3
FBC 6203	Ethical and Theological Issues in Faith-Based Counseling	3
FBC 6204	Developing Faith-Based Coaching Programs	3
FBC 6205	Integrating Prayer and Spiritual Growth in Coaching	3

Career Outcomes and Potential Salary

- Certified Life Coach (Faith-Based or Corporate Settings) – $50,000-$120,000
- Executive and Leadership Coach – $70,000-$150,000
- Faith-Based Counselor and Mentor – $55,000-$110,000
- Corporate Trainer and Personal Development Specialist – $65,000-$140,000

Advocacy and Professional Development

Students are encouraged to engage with coaching and faith-based mentorship organizations such as the International Coach Federation (ICF)
and the Association for Christian Coaching (ACC) for continued professional development and networking opportunities.

Additional Electives (9 Credit Hours)

Course Code	Course Title	Credit Hours
ELE 901	Coaching Strategies for Faith-Based Leadership	3
ELE 902	Integrating Theology into Life Coaching	3
ELE 903	Ethical and Legal Considerations in Coaching	3
ELE 904	Coaching for Personal and Spiritual Development	3
ELE 905	Counseling and Mentorship in Ministry	3