

Chicken & Salsa Crockpot Meal

Serves 6

Note: This feels like a recipe that would take well to improvising, so please use the quantities below as a guide.

For the crockpot:

- 2 to 3 lbs. boneless skinless chicken thighs or breasts
- 16 oz. jar salsa
- 1 oz. packet taco seasoning
- 15 oz. can black beans drained and rinsed
- 10 oz. bag frozen corn

For serving:

- Shredded Romaine lettuce
- Shredded cheese
- Guacamole
- Tortilla chips
- Other serving ideas: rice, sour cream, pickled onions, lime, cilantro

Instructions:

1. Place all of the crockpot ingredients into a slow cooker, and set the heat to low. Cook for 5-6 hours. Use a big spoon to stir everything together, and use two forks to shred the chicken. At this point, it should be done. You can leave the crockpot on low or switch it to warm.
2. To serve: place shredded lettuce in bowls. Top with the chicken-salsa mixture. Garnish with toppings to taste.