

## Schedule of Volunteer Shifts at 2500 N Stone Ave [SIGNUP GENIUS LINK](#)

Updated APR 2025

### VOLUNTEER REGISTRATION FORM

MON	TUE	THU	SAT	SUN
<b>Wholesale receiving:</b> Time varies  <b>2:30 – 4:30 pm</b> <b>Keyholder: Nathan</b>  -bagging bulk goods -prepping food boxes for delivery -getting ready for distro*  <b>4:30 – 6:00 pm</b> <b>Keyholder: Vickie</b> -pre-distro & distro* -cleanup	<b>3:00 – 5:30 pm</b> <b>Keyholder: Brandon/Terri</b>  -prepping food boxes for delivery -bagging bulk goods  <b>6:00 – 7:30 pm</b> <b>Keyholder: David</b>  -cleanup & organizing  Delivery driving: <a href="#">Sign up</a> ahead for a route & starting time	<b>3:00 pm until distro prep is done.</b> <b>Keyholder: Vickie</b>  -bagging bulk goods -prepping food boxes for delivery -getting ready for distro*  <b>6:00 – 7:30 pm</b> <b>Keyholder: Bella/MJ/Sam</b>  -distro* -cleanup  Delivery driving: <a href="#">Sign up</a> ahead for a route & starting time on	<b>7:30 – 10:00 am</b> <b>Keyholder: Christina</b>  -distro* prep -distro* -prepping boxes for delivery -cleanup  Delivery driving: <a href="#">Sign up</a> ahead for a route & starting time	See <a href="#">Donation pickup sheet</a> for ways you can help on Sundays (Wed. & Fri. too!)

*OK to join for partial shifts!*

[Sign up here for any volunteer shift!](#) YOU ARE WELCOME to come and volunteer even if you haven't signed up, or to bring someone with you who hasn't signed up. [Signups are appreciated](#) because they help with planning and allow us to contact you about any changes. You can change your signup if you need to. And if you can't be there for the whole time please don't let that keep you away; it is totally fine to work a partial shift. There's always something to do :)

There are lots of other ways to get involved outside the times on this schedule. You can [fill out our volunteer form](#), or [email](#), call, or text us to get in touch!

*\*Distro is our distribution time when we are sharing free groceries with our neighbors! Anyone is welcome to come and pick up food. You may be welcoming folx, helping them find things or filling their bags with what they request, or bringing items out to others who are doing that. The format of distro is always evolving, and your input will be valued!*