



Yonkers Uniformed Fire Officers Association
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Off-duty Yonkers fire officer saves overdose victim

(Yonkers, NY) – An off-duty Yonkers fire lieutenant answered the call to duty and saved a woman's life while he wasn't even supposed to be working on Friday morning.

Lieutenant Michael McCaffrey stopped by the quarters of Engine 303 on the city's southwest side around 9:45 a.m. to pick up his gear for a Fill The Boot charity event benefiting local children's hospitals. Before leaving the station, he was met by a person banging furiously on the door for help. The frantic person said there was an overdose victim near the station, gave an address, and ran off.

McCaffrey, a 14-year veteran of the Yonkers Fire Department, called for EMS crews to be dispatched, went inside to grab medical gloves and naloxone – commonly known as Narcan – and ran to the address since the fire engine was out of the station on an inspection. He soon realized he was given the wrong address, but was able to find the correct one and discovered a woman in her 30s suffering from an overdose. McCaffrey administered one dose of naloxone and began CPR on the unconscious woman. Police officers arrived about four to five minutes later and gave a second dose of the overdose-reversing medication while McCaffrey continued performing CPR. EMS crews arrived a short time later, and the woman quickly regained consciousness and began talking to the responders.

"It always feels great when our fire officers and firefighters can utilize their training to make a positive impact in the community, especially this time of year," said PJ Goldfeder, president of the Yonkers Uniformed Fire Officers Association. "We're fortunate that Lieutenant McCaffrey was at the right place at the right time."

About the Yonkers Uniformed Fire Officers Association

The Yonkers Uniformed Fire Officers Association is comprised of 131 chiefs, captains, and lieutenants who lead the Yonkers Fire Department administratively and from the front line. Our members are responsible for everything from planning and budgeting, to answering calls for service. Working alongside of our 322 firefighters, there is an officer on every apparatus in Yonkers ensuring the highest levels of professionalism and care possible with every task. Your Yonkers Fire Officers are the "first in and last out" on every call.