

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓/✗	1 ▾	Research + the free value for one prospect
2. ✓/✗	1 ▾	Follow up + others funnel
3. ✓/✗	1 ▾	Find at least 15 prospects
4. ✓/✗	1 ▾	Send outreaches
5. ✓/✗	1 ▾	Make the task list for the next day
6. ✓/✗	1 ▾	Keep calory deficit(2700Kcal)
7. ✓/✗	1 ▾	Don't eat till achieve something great
8. ✓/✗	2 ▾	Review others students copy
9. ✓/✗	2 ▾	Break down swip file
10. ✓/✗	2 ▾	Be positive
11. ✓/✗	1 ▾	OODA loop
12. ✓/✗	2 ▾	Try to reduce phone usage as much as possible
13. ✓/✗	1 ▾	gym
14. ✓/✗	3 ▾	chess
15. ✓/✗	1 ▾	Be the man of a God
16. ✓/✗	3 ▾	Take supplements + good hydration(over 2l)
17. ✓/✗	3 ▾	Walk
18. ✓/✗	2 ▾	develop my Website, Social media, and swipe file
19. ✓/✗	2 ▾	Run + shower
20. ✓/✗	3 ▾	

Day Number:4

Date:16/03

Start Of The Day - Time: 7:25

	 3 Things That I Am Excited To Have In The Future? 
1.	Be the man of “Arena”
2.	Pushing through my limits and reducing phone usage
3.	Be better than today

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Though I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 7:30: Task \$	Quick run + shower
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 8: Task \$	Research + the free value for one prospect
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 9: Task \$	Find at least 10 prospects + Create highly personalized outreaches
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 11 Task \$	Follow up + if someone hasn't seen the outreach, send it at other funnels
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 11:25 Task \$	Review others students copy Break down swipe file
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 12: Task \$	Walk + Trw Courses + develop my Website, Social media, and swipe file
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 13: Task \$	Make the task list for the next day OODA loop my work
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 13:45: Task	Get ready for practice
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 15: Task \$	Find additional 5 prospects and play at least 5 quick chess games
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 16: Task \$	Find out a new creative way to make outreach next day + do a copywriting challenge if any comes out/ if not develop Website, Social media, and swipe file
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 20: Task \$	gym
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 22: Task \$	Watch morning power up, eat, go to sleep
🔔 Intention 🔔	
✍️ Reflection ✍️	



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠
Family is very important, I should have some time in store

NEW What Do I Plan To Do Differently Tomorrow? NEW
Give a little more time for my sister + analyze the problem + work on the tool

NEW What Do I Plan To Do The Same Tomorrow? NEW

📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? ✉️
campus

📝 What Tasks Were Left Undone? 📝

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Brain Dump: