

Transcript

00:00:06 Cassie

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00:00:18 Kendra

Each episode will dive into the lives of remarkable.

00:00:20 Kendra

People sharing their triumphs, challenges and unique perspectives.

00:00:23 Cassie

We'll also sit down with service providers, advocates and experts who are dedicated to creating a more inclusive and access.

00:00:29 Kendra

Visible world, so join us as we embark on a journey of empowerment, education and inclusion. Disability voices is more than just a podcast. It's a platform for connection and a testament to the incredible strength within the disability community.

00:00:41 Cassie

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00:00:52 Cassie

Hey, Kendra. Hey, Cassie. Welcome, everyone. You're tuned in to get connected. Where we sit down with service providers and resources from around Montana to help you get.

00:01:00 Cassie

Noted on today's episode, we are talking to Lindy Ballard and Amy Jamieson from Blind and Low Vision Services.

00:01:07 Kendra

Blind and low vision services are a part of vocational rehabilitation, but they offer a variety of services to people who are experiencing low vision and it doesn't have to be just related to your job. They can help you.

00:01:21 Kendra

Just learn how to navigate and orientate in your environment and whatever that looks like. This episode goes into way more detail about that, and then in following episodes we'll explain more about vocational rehabilitation. But.

00:01:34 Kendra

Today, stay tuned to learn more about how Lindy and Amy are helping people navigate the world.

00:01:42 Cassie

Hi everyone. We are here today talking with blind and low vision services. Thanks for being here.

00:01:48 Lindy

You're welcome.

00:01:49 Cassie

Would you mind taking some time to introduce yourself each of you, and we'll kind of get into.

00:01:54 Lindy

It after that. OK. Well, my name is Lindy Ballard. I am an orientation and mobility specialist for VOC rehab and blind services.

00:02:02 Lindy

And we also call ourselves blended low vision services and an orientation and mobility specialist.

00:02:08 Lindy

Just teaches people how to use the long white cane and be oriented in their environment.

00:02:15 Cassie

Love that.

00:02:16 Amy

And I'm Amy Jamieson, and I am the counselor supervisor for this Regent and I provide the vocational rehabilitation services for individuals who are blind or low vision and wanting to get back to work or maintain their current employment or advance in their employment.

00:02:32 Lindy

And then other people in our team are we have a vision rehab therapist who teaches people other independent living skills such as medication management, money management, adaptive cooking, kind of a whole laundry list of other things, including laundry.

00:02:52 Lindy

Other ways to live independently with low vision or blindness.

00:02:56 Cassie

That's a great program.

00:02:58 Lindy

Yeah, you will probably when you call the office, get an answer from an administrative.

00:03:03 Lindy

Assistant who can give you some information about our programs? Take down your information if you want a referral or pass a call on to.

00:03:10 Lindy

One of us.

00:03:11 Cassie

And that is to the orientation and mobility specialist and the.

00:03:14 Lindy

Or the vision rehab therapist or the Volk rehab counselor.

00:03:18 Cassie

OK, so that's a great team because that means you're kind of holistically surrounded based on not just your employment goal, but kind of who you are as a person and how you navigate the world.

00:03:27 Lindy

Yeah.

00:03:28 Cassie

You people can become blind at.

00:03:30 Lindy

Anytime. Yeah. And or be blown, born blind.

00:03:32 Cassie

A lot of.

00:03:34 Cassie

Or be born blind, right?

00:03:35 Kendra

So. So yeah, what is the definition of blindness that would qualify somebody to be able to access?

00:03:39 Lindy

These services, well, legal blindness, is a visual acuity of 20 / 200 in your best eye. With correction that can be corrected no further or a visual field loss of 20%. Low vision is.

00:03:55 Lindy

27.

00:03:57 Lindy

I can't really pull up the field loss on that one right now in my head, but we don't look at their doctor records and say ohh you're you know 20 / 60, you're not qualified if if vision is impacting a person's life then generally they're qualified especially for our older.

00:04:16 Lindy

Blind program.

00:04:17 Cassie

I love the older blind program, so I can't wait.

00:04:19 Amy

To talk about it. So for general VR, we also we don't use that definition that Social Security would use to determine somebody disabled due to blindness or low V.

00:04:29 Amy

However, what we look at is is their vision loss or their blindness impacting their ability to either get a job, maintain the job they have, or advance in a job. So that would look like somebody who maybe they're not able to get a job. Their vision loss is preventing them from utilizing aspects of technology to job or maybe they need to build new skills to get a job.

00:04:50 Amy

Maybe somebody has a job, but they want to advance in that job and they have to get new technology to use. They have to learn how to use like a program called Jaws that allows somebody to use a computer screen when they're completely.

00:05:00 Amy

Mind. So Volk rehab can come in, we can help pay for services, for technology, for different things to help them get those skills and either keep the job, get a job, or advance in the job.

00:05:11 Lindy

And then Andy, she's the A vision rehab therapist and I can work with a person on those orientation and mobility skills or those those adaptive living skills to help them be independent, whether it's in their communities or their jobs.

00:05:28 Kendra

And that's so interesting, I.

00:05:29 Kendra

Think.

00:05:30 Kendra

That's what I'm learning right now is that.

00:05:33 Kendra

They.

00:05:34 Kendra

Within the mobility and what do you call?

00:05:37 Kendra

Orientation and mobility and then the other one you said vision rehab therapist. So those two can be accessed by people who maybe don't have a goal of working or aren't trying to work.

They that's more just open to people to be able to interact better in their community, but not necessarily job related. Well, right now that's accessible to people.

00:05:41

Vision.

00:05:57 Lindy

55 and over through our our older blind program.

00:06:01 Lindy

So right now we we don't have funding to work with people that are under 55 and don't want to work. I can't speak for how that's going to change. There is a grant available for people to get orientation and mobility.

00:06:11 Amy

OK.

00:06:21 Lindy

If they don't fit into either of those programs, OK. And I know that can be accessed by summit independent living in Missoula, one of my former colleagues, who's since retired.

00:06:33 Lindy

Secured some grant funding to teach orientation and mobility specifically to people that are too young for older blind program, but also don't want to work but have low vision or blindness and need orientation and mobility.

00:06:49 Cassie

So there's options.

00:06:50 Lindy

Out there, there are some options out there. Yeah, and.

00:06:51 Cassie

That's good to know.

00:06:53 Lindy

There's also an upcoming summer orientation program put on by the Montana Association for the Blind.

00:06:59 Lindy

Yes.

00:07:00 Cassie

That program is incredible and is something that can help someone adjust to blindness right, like.

00:07:01 Lindy

It.

00:07:05 Cassie

If you.

00:07:06

Yeah.

00:07:06 Cassie

Absolutely. If you've now become visually impaired in some way, then somebody can go to this camp. It's basically a camp, isn't.

00:07:13 Lindy

It it's a month long program.

00:07:15 Cassie

Yeah. And you just go through kind of holistic life, like how do you live day-to-day?

00:07:20 Cassie

How do you cook? How do you, yes, navigate the world. Do not you go on walks and just figure out all the assistive technology that would be usable cell phones.

00:07:23 Lindy

Yes.

00:07:26 Lindy

Yep.

00:07:29 Lindy

Cell phones you can use an Android or an iPhone completely blind.

00:07:35 Lindy

Simply using a series of gestures and taps on your phone.

00:07:39 Cassie

OK. And I am so grateful that people that know how to do that, I accidentally turned the accessibility mode on someones phone once and it was not helpful and I could not figure out how to turn it off because it was so challenging. But I think what we can say about.

00:07:45 Lindy

MHM.

00:07:54 Cassie

The increase in technology is that it has probably benefited people who have disabilities and in particular people who are blind, have so much more access to the world than ever before. the IT was I was telling Kendra earlier I had my headphones in and I was listening to a book on tape and then my husband sent me a picture.

00:08:02 Lindy

Yes.

00:08:13 Cassie

And it I had it had never happened. It audio described the picture to me and I was like, Oh my gosh. So I didn't have to look at it. I thought that was so cool and I didn't turn a feature on for that to happen. Accessibility features are now just becoming mainstream for everyone to.

00:08:18 Lindy

Let's.

00:08:29 Kendra

Use and. That's the cool thing about accessibility features is that they were designed.

00:08:33 Kendra

Maybe for some specific people in mind, but that we all get to enjoy the.

00:08:37 Kendra

Benefits of that?

00:08:38 Kendra

Because those types of advances make just all of our lives better. And then it makes it more feel more holistic that it's not like I'm separate and I have to use these special things. It's that like we are all using the same.

00:08:39 Kendra

And so.

00:08:52 Kendra

Same the same devices. That's really.

00:08:54 Lindy

Cool. And also some of the the reading programs, software and technologies for people who are blind can also be helpful for people that have other print disability like dyslexia.

00:09:07 Amy

Right.

00:09:08 Kendra

Yeah, exactly. Yeah.

00:09:10 Lindy

So it makes it makes print accessible to everyone.

00:09:14 Cassie

When I'm thinking about like when people used to have.

00:09:17 Cassie

Order from the Talking Book Library. I don't even know if.

00:09:19 Cassie

That's still OK.

00:09:20 Lindy

It still exists and it's it's still going strong.

00:09:22 Cassie

Which is amazing because they offer a lot more than just books, right? It's magazines and newspapers and stuff, and it's it's all about creating access to those materials audibly, right?

00:09:32 Lindy

Yes, audible.

00:09:35 Lindy

Audibly, and they also offer Braille materials.

00:09:37 Cassie

OK, good to know. So the Montana Talking Book Library is still alive.

00:09:40 Lindy

And well, it's it's being.

00:09:43 Lindy

We're being served now by the Talking Book Library out of Salt Lake. OK, so unfortunately the library that was serving us in Helena.

00:09:54 Lindy

Was closed. It it happened after COVID.

00:09:57 Lindy

There's still one. There's still a person working and and helping to facilitate Montanans getting books so.

00:10:04 Cassie

So I guess all of this is to say that if you contacted blind and low vision services and you are finding a barrier to accessing parts of your life, that would be worth a call to you to just say, hey, I'm really struggling with XY or Z.

00:10:17 Cassie

Do you know what would be helpful to me? That is a question that could be answered.

00:10:21 Lindy

With a phone call, yes, and I definitely do get questions like that. And I have answered questions like that for people that don't really want older blind program or don't really want Volk rehab.

00:10:32 Lindy

Tab I try to give them as much information as possible.

00:10:36 Kendra

So maybe would be helpful. Now is do you want to breakdown what the three programs are within the umbrella of blind and low vision services and then you can kind of just describe how each one of those operate?

00:10:46 Amy

Yep. So we have vocational rehabilitation, which is my counselor role, and then we have the business enterprise program, which is a vendor program and we have the older blind program. I'll let Lindy speak to the older blind program and then we'll talk about the other two.

00:11:03 Lindy

So the older blind program is a free program for people 55 and over with vision loss.

00:11:10 Lindy

I do see a lot of macular degeneration. You just have to have vision loss in B-55 or over it doesn't. There's no income requirements.

00:11:19 Lindy

It doesn't matter if you have Medicare or Medicaid or insurance, no insurance requirements 55 or older with a vision.

00:11:28 Cassie

Loss. And does that vision loss have to be specific like you stated earlier?

00:11:32 Lindy

Nope, it doesn't like I just mentioned. I do see a lot of macular degeneration.

00:11:38 Lindy

That's a pretty big cause of vision loss for people 55 and over, but we definitely have people that would have diabetic retinopathy, glaucoma, other kinds of optic nerve damage or even cataracts, right?

00:11:53 Cassie

Right.

00:11:57 Cassie

I feel like it's always so refreshing, like if we get a call from ability Montana and we go out to their home and it's like.

00:12:04 Cassie

I don't have experience, you know, making sure that you're safe while you're cooking. But there is a program that can come to your house and help label things and make sure that you can find things easier in your kitchen or in your house to be safe and also keep your independence.

00:12:20 Amy

Yep. And then for Voke rehab, which we've talked a little bit about.

00:12:24 Amy

The blind and low vision side of that. Again, you don't have to meet those stringent definitions. If your blindness is impeding you from getting a job, keeping the job, or advancing, then we're here. There isn't an income guideline to, so to speak.

00:12:40 Amy

But if you are over a certain income limit, there may be some cost shares, but nothing too significant. We can help purchase a lot of things to the vote rehab. We also can help with college or other education and technology. A lot of different things. And again, there might be some cost share associated with that just depending on your income. What I find is that.

00:13:00 Amy

Most of the time, people don't have a cost share with our programs. The other program that we talked briefly about was the business enterprise program, which is a vending machine route program for individuals that.

00:13:12 Amy

Blind and I believe with that program they do. You have to meet that actual definition of the 20 / 200. The visual field loss and that program is pretty specific. And so the best thing people can do if they're interested in learning more about that would be to call us directly and and speak to us.

00:13:29 Amy

About that program and then in.

00:13:32 Lindy

With Volk, rehab and blind.

00:13:33 Lindy

Enterprise, they also have access to the orientation and mobility specialist and the vision rehab therapist.

00:13:39 Cassie

As well, that's really important. Probably it is.

00:13:42 Kendra

So then any age can access those two services as long as they're working with the.

00:13:46 Lindy

Volk rehab counselor. I guess I wouldn't say, like, maybe if you're 10 or 12. Like, if you're a child, right. But we do have, in addition to Volk. Rehab, there's pretty.

00:13:56 Lindy

Which is kind of another discussion, but that is for, what, 14?

00:13:59 Amy

Starts freshmen in high school, 14 year olds. If you're on an i.e. P or a 504 plan you can get access to the priests program.

00:13:59 Lindy

You're old.

00:14:08 Cassie

Let's just quickly say that pre ETS is pre employment transition services. For those that aren't familiar.

00:14:11 Lindy

Yeah, good point.

00:14:13 Amy

Yes, and yeah, I mean, the sooner if somebody's experiencing vision loss, I think sometimes there might be a tendency to wait until it's really severe to start accessing services. But we want to get people in as soon as possible because the sooner that like Lindy can start working on that orientation and mobility with someone or Andy can do her assessments.

00:14:32 Amy

For the vision rehab side.

00:14:34 Amy

The sooner that we can help people maintain gain or get to where they want to be.

00:14:39 Cassie

We love that because that's what our program aims to do too, is the sooner that we start working on goals than you know, the better outcomes we find. Would you talk a little bit about, you know, you have to go through an eligibility process to become eligible. What does that look like?

00:14:54 Amy

Yeah. So.

00:14:56 Amy

Eligibility is pretty it's a pretty simple eligibility process and in fact I'm working on all eligibility for the Butte area and it's rare that somebody's found ineligible and it really just consists of do you have a disability and you do not have to meet the Social Security guideline for that disability.

00:15:14 Cassie

I think that's really important to tell people, I think.

00:15:17 Cassie

Sometimes you know you're in the process of filing for disability and you don't know that you're also eligible for vocational rehabilitation and blind and low vision services.

00:15:24 Lindy

Exactly. And also Volk rehab also serves people that are have other disabilities such as autism or learning disability or.

00:15:35 Cassie

Deafness or any disability? Yeah. And we will have vocational rehabilitation on here in the near future as well, because we do. We know that you can't.

00:15:44 Cassie

A service if you don't know it exists.

00:15:46 Amy

Exactly. So that I mean the basics of the eligibility is do you have a disability?

00:15:52 Amy

And for the vote you have side, are you wanting to get a job or do you need to keep your job or do you want to advance in your job?

00:15:59 Amy

And then we do that, there's that income guideline piece we use, but again that doesn't hinder you from being able to access our services and our assistance.

00:16:08 Cassie

If part of getting a job is receiving a higher level of education, is that something that this program could help pay?

00:16:14 Amy

For we do help pay for education.

00:16:18 Amy

And and as well as training and training certificates. And we do help pay for technology too, which is great. So we can help purchase JAWS which is you know it's a fairly expensive software system, but the freedom and the ability it can give a person who's blind to be able to access that computer for school.

00:16:38 Amy

Our work is is enormous.

00:16:41 Cassie

What we're finding and are exceptionally excited about is that Google has great speech to text, so we bought a little tiny microphone. We hooked it up on our computers.

00:16:54 Cassie

It is following word for word what we're saying.

00:16:57 Lindy

Yeah. Those in favor, we're starting to improve.

00:16:57 Cassie

Very, I mean I we are just like this technology has improved every year like things are just getting better.

00:17:04 Kendra

Which means again, that just more accessibility within what we are able to offer in our programming like that we can have closed captioning like CART services just kind of a part of everything we do now, which used to be a really specific type of accommodation to provide somebody.

00:17:20 Cassie

But well, and even today I went to post something on our little Instagram page.

00:17:24 Cassie

And before I was doing like an image description down below when we posted this.

00:17:29 Cassie

And then today I went in to edit and in the bottom right corner it said Alt text description and so I went in there and that's where I now can paste the image description.

00:17:37 Cassie

That I've written.

00:17:38 Cassie

But just it's not amazing. And I'm just waiting for the technology now to just recognize what I did, cuz I know it's there. Like, based on listening to that.

00:17:46 Cassie

Photo be described to me in a second.

00:17:49 Cassie

It's getting so much closer for people with visual impairments, blind and low vision to to not have to worry about whether or not they can be part of social media.

00:17:59 Lindy

Well, and then there's also watching TV, some programs or stations, type channels, I believe I I don't, I haven't had cable forever, so.

00:18:09 Lindy

But I know there are some Netflix shows and Hulu shows that do audio descript.

00:18:14 Cassie

That's.

00:18:14 Cassie

And in the airplane now.

00:18:15 Lindy

So you can have an audio descript of what is happening on screen and be able to watch.

00:18:23 Lindy

TV.

00:18:24 Kendra

Well, and that's so, I mean it's cool that you guys are able to pay for some of these things that are needed. But I think it is again just called that it's now being just built into every day.

00:18:34 Kendra

Services and products that people are already paying for, like the iPhone, these things that are coming out with that are just.

00:18:35 Lindy

Yeah.

00:18:40 Kendra

Already on the phone when you buy it, you don't then have to pay for this separate program to make it accessible for you, so it's great that you guys are continuing to close that gap. That technology is closing it as well.

00:18:50 Cassie

Yeah. And it's creating equity and now I think all of our roles working in the disability field is helping people know that they can access it. So that's why this podcast we find to be really important. So if ever you find that there's some information that needs to come out, come back and tell us.

00:19:04 Cassie

Because you can't use something that you don't know exists, and if nobody helps you understand how to access it on your phone or load it or whatever, and especially if you can't see it, there's barriers to using technology.

00:19:17 Lindy

Well, and there can be some amazing low tech ways to.

00:19:23 Lindy

Solve some of the issues that arise with low vision, like putting a tactile button on the start button, a tactile sticker on the start button of your microwave for instance.

00:19:36 Cassie

And tactile means just kind of raised, yeah.

00:19:37 Lindy

Something you can feel, something that's raised that you can feel.

00:19:41 Lindy

And you know, they're. They're called bump dots that we can mark people's appliances with. And it's a couple of dollars a sheet for like, I don't know, 30-40 of them. So it's it's very inexpensive, low tech things that can even those low tech things can make a huge difference.

00:20:01 Cassie

And I feel like I remember before people were using like puff paint or something to just, like, get on there so.

00:20:04

M.

00:20:07 Cassie

I think what we know is that when you in your own House are faced with like how do I make this work? People come up with all these genius ways to do it, but also know that there's organizations that exist that you can call that will guide you through and help you really identify ways to make your world easier.

00:20:24 Kendra

So when you talked about the?

00:20:27 Kendra

Older blind program you mentioned that there's no need for insurance or any specific type of payment. Is that true for all services with under this umbrella or do any of them need a specific type of?

00:20:38 Amy

Insurance. You don't have to have any kind of insurance to qualify for VOC rehab.

00:20:44 Amy

And again, it just goes back to that that cost share thing potentially, but that doesn't come up a lot. So there's no insurance requirement. You are considered presumptive eligible if you're on disability of some type, whether it's SSI or SSDI. So that's important for people to know.

00:21:00 Cassie

So who are good candidates to participate?

00:21:03 Cassie

In any of these programs.

00:21:06 Lindy

Well, people that have vision loss and want to learn some skills to help them live independent lives.

00:21:16 Lindy

People 55 and over for older blind.

00:21:19 Lindy

People that.

00:21:21 Lindy

Are finding that their vision loss is maybe.

00:21:25 Lindy

Possibly going to make their they're keeping their jobs more difficult or advancing in their jobs more difficult.

00:21:33 Amy

Anytime their vision impairment is impacting their ability to work in any way, they definitely should get a hold of us and let us see if we can.

00:21:43 Amy

Help them.

00:21:43 Cassie

Out with some things, so this probably takes us back, but I I really just want to kind of acknowledge that when life happens to you and it changes, sometimes it can be hard.

00:21:53 Cassie

To reengage with your world. Do you find people?

00:21:57 Cassie

Who are experiencing blindness now hesitant to go out into the public, maybe or navigate the world. And So what would you say to those people?

00:22:02 Lindy

Absolutely.

00:22:06 Lindy

I would say that you're not alone.

00:22:09 Lindy

There, there are a lot of people who have lived with blindness and live.

00:22:17 Lindy

Full, happy lives.

00:22:19 Lindy

You're not alone. It's not embarrassing to be blind. It's not embarrassing to lose your vision.

00:22:25 Lindy

But I I understand it, it's hard because.

00:22:30 Lindy

I had to get a degree for this job and one of the things we had to talk about was the grief process that people go through when they lose vision. It's a loss, and you go through a grief process.

00:22:42 Lindy

So it's hard and one thing I can say is I can sit here as a professional and teach what I know and talk about what I know. But I have correctable vision loss. I I I'm quite myopic, nearsighted.

00:23:00 Lindy

But it's corrected with glasses, so I don't live with it. Sometimes getting together with other people that have vision loss can be really beneficial I love.

00:23:09 Kendra

That that's a big part of what we aim to do with independent living is provide those peer support connections because we've seen the value of that too. And you know, our movement has seen that.

00:23:10 Amy

And we.

00:23:20 Kendra

Value. But Cassie and I are always saying that that's the best part of our job is getting to.

00:23:25 Kendra

Connect people with similar experiences because the way they're able to help each other move through that is just way more valuable and more just whole than what we can do as professionals to help them through something. So it's great to know that specifically people who are losing vision if they contacted you, you would be able to help connect them to other people.

00:23:45 Kendra

At least know that you can validate that experience and how hard that must be. More than most other people probably understand.

00:23:52 Cassie

And I would just say the ability Montana has offices in Helena, Butte and Bozeman. I think any of us were are happy to be a landing spot for any groups that would want to meet. If we find that there are groups of people in different communities and.

00:24:06 Cassie

In other small towns, you know, we serve all of Montana, all all of us. We serve all of.

00:24:10 Cassie

Montana how do we get folks connected and so maybe that's through technology and we helped figure that out or maybe it is in person and I think that's where the the relationship between Centers for independent living and vocational rehabilitation and blind and low vision services come together.

00:24:25 Lindy

Yes. And and Speaking of serving all of Montana, there are.

00:24:31 Lindy

Several different Volk, rehab and plant services office offices. Not every volk. Rehab.

00:24:37 Lindy

Office has a blind and low vision service office, but you know at least right now speaking specifically to blind and low vision. All of Montana is covered. The whole state is covered whether you live in a town of 50 or you live in Bozeman or you live in Kalispell or Missoula or Butte. The whole state is covered.

00:24:55 Kendra

And so then how would somebody?

00:24:57 Amy

Access the services or talk to you guys if they think that this is something that would maybe be a fit for them. So we'll make sure we get you the information that you can put on the podcast for a number to call or you can visit the website.

00:25:12 Amy

Those are probably the best ways to access contact information, and then you'll be put in touch from that point on to somebody that's as close to you as possible. And again, we have 4, four blind and low vision regions in the state, so each of us are serving a pretty big area, but we also want to make sure we're accessing people in those smaller communities that may feel forgotten or left out.

00:25:33 Amy

Because we're here for all of them, I also want to speak really quick to Linda's point about the correctable vision. I don't think I said this with the eligibility criteria, but we are looking at this is when your vision can't be corrected. So if you can put on glasses and then your vision is no longer an impediment to employment.

00:25:50 Amy

Then you wouldn't qualify. So it's when you have that vision loss that isn't correctable.

00:25:55 Cassie

We love this program and we love the partnership. Yeah. And I I think just as a reminder to anyone listening that if you ever hear something and you are like, I don't know how to call that place or what is that service.

00:25:58 Lindy

We love you guys too.

00:26:09 Cassie

That you can always call the Centers for independent living for that connection, but I think likewise if they have a relationship with you already, you also refer out, so if you.

00:26:19 Cassie

You know that a service in the community would serve the people you're working with. You will also give that information, so you shouldn't hesitate to call the numbers you know to get in touch with the people that you know would help get you to the.

00:26:31 Cassie

Services you want to.

00:26:32 Kendra

Have and. We just love that the the spirit of what we're trying to do is within what you guys do as well and that we can work together.

00:26:40 Kendra

To make sure that people have everything they need to be able to live independently, that's I think, all of our goals and.

00:26:46 Lindy

I agree.

00:26:47 Kendra

We love that. So thanks for coming on today and.

00:26:49 Lindy

Thank you for having us.

00:26:51 Cassie

Yeah, we appreciate you so much.

00:26:52 Kendra

And that those numbers and that website will be down below in the show notes. And so you can give these guys a call down there.

00:26:59 Cassie

Thank you. Thank you. Thank you for joining us today to learn about blind and low vision services. The contact information for this program can be found in the.

00:27:10 Kendra

Show notes on the next episode. We will talk with Shanda Hermanson.

00:27:13 Kendra

From vocational rehab.

00:27:14 Kendra

Quotation. If you have questions for that episode, e-mail us at disability voices at abilitymt.org. You can also provide feedback about this episode and let us know what service providers you'd like to hear.

00:27:26 Cassie

From next until next time, take up space and let your voice be heard.

00:27:36 Cassie

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