Asian Journal of Health Research Template

(The title page should include the following information: the title of the article that reflects the key elements of the research (maximum 20 words), bold, left-aligned, and 18-point Times New Roman)

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Abstract

The manuscript should be in MS word format (doc, Docx) written in Times New Roman number 12, justify 1,5 lines spacing on A4 (8.5" x 11") paper size with 3 cm margins, and should adhere to the ICMJE guidelines. The abstract should not exceed 250 words and be structured as follows: Introduction (Background and Objectives), Material and Methods, Results and Conclusion, and for Case Report use an unstructured abstract. Keywords provide 3-5 appropriate keywords. Those should be listed alphabetically and separated by a semicolon (;).

Introduction: Text for this section.
Materials and Methods: Text for this section.
Results: Text for this section.
Conclusion: Text for this section.

Keywords: sample; article; author

Introduction

The introduction should provide adequate background information on the paper's subject, explain the importance of the study, and state a specific study question or purpose. Avoid providing detailed descriptions of research procedures or a summary of the findings [1,2].

Material and Methods

The Material and Methods section should describe the study design and methods (including the study setting and dates, patients/participants with inclusion and exclusion criteria, or data sources and how they were selected for the study, patient samples or animal specimens used, explain the laboratory methods used, inclusion and exclusion criteria, and whether animals were sacrificed), dependent and independent variables, research instruments, as well as the statistical procedures used and the ethical statement in the research [2,3].

Results

The study results should be presented in a logical sequence that is clear and interpretative and supplemented by tables and/or figures. Only emphasize and summarize the primary outcome measures and outcomes. Do not repeat all of the data from tables and/or figures in the text. Manipulation of research data to create a false impression is not permitted (see an example of Fig.1).

(Tables should be submitted as editable text rather than images. Tables in the article are placed next to the relevant text. Tables should be numbered sequentially in order of appearance in the text. Tables should be self-explanatory and not duplicate text. All non-standard abbreviations used in each table should be explained in footnotes. Obtain permission for any fully borrowed, adapted, or modified tables and include a credit line in the footnote. The tables and their numbers should be cited in the text at the relevant place.)

Table 1. The Distribution of 27 Respondents Based on Age, Menopause, Obesity, and Lifestyles of Black-Eyed Pea Diet and Placebo

Variables	Black-eyed pea diet	Placebo
Age (average)	60 years and 25 days	60 years and 13 days
Menopause periods (average)	11 years	10 years, 8 months, 12 days
Obesity		
Yes	3	3
No	24	24
Physical activity		
Yes	4	5
No	23	22
Fat Diet		
High	8	9
Low	19	18

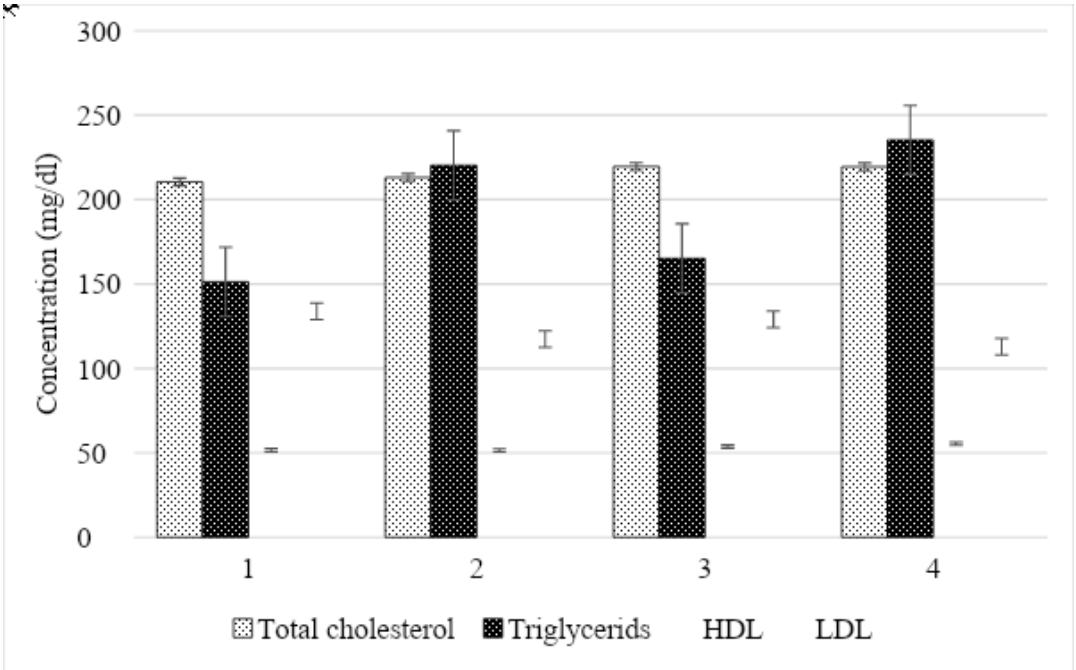


Figure 1. Lipid Profiles of Black-eyed Pea Diet and Placebo

(Number the illustrations in the order they appear in the text, up to a **maximum of three.** Each illustration should be submitted as a separate file. The legends for illustrations are where you will find titles and detailed explanations. Photographs and figures are removed to remove any extraneous areas. Individual photographs must be accompanied by written permission to use the photograph if they are used. If a figure has previously been published elsewhere, credit the source and obtain written permission from the copyright holder before reproducing the material. For such figures, a credit line should appear in the legend. Make sure the image has a minimum resolution of 600 dpi and is in JPG, PNG, or TIFF format.)

Discussion

The Discussion section should be used to highlight the novel and significant aspects of the study, as well as to contextualize the findings with the published literature, to discuss the implications of the findings, and to draw conclusions based on the study results. The results should be interpreted and related to existing knowledge in the field during the discussion (with relevant literature). Supporting information can be used if it helps to clarify the outcome.

Conclusion

Following the discussion of the results, authors should state their conclusions or the significance of their findings.

Acknowledgments

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Conflict of Interest

Each manuscript includes a statement describing any financial conflicts of interest if any exist. The corresponding author must provide this statement on behalf of all authors during the submission process.

References

References should adhere to the **Vancouver (brackets) citing** and referencing style using reference management software (e.g. Mendeley). References must be numbered consecutively according to the order of appearance in the text (not alphabetically). .

1. Sutrisno S, Andarini S, Wiyasa IWA, Kulsum U, Noerhamdani N, Suyuti H et al. The effect of implant origin differences on peritoneal endometriosis in an endometriosis mouse model. Int J Women's Heal Reprod Sci. 2019; 7(1):34–40. doi: https://doi.org/10.15296/ijwhr.2019.06 (Add DOI number in reference)
2. Taylor HS, Pal L, Sell E. Speroff's Clinical Gynecologic Endocrinology and Infertility. 9th edition. Philadelphia: Lippincott Williams & Wilkins; 2019
3. Chowra U, Awasthi JP, Saha B, et al. Facets of ROS Responses in Plant under Al3 + Stress. In: Research Trends in Life Sciences (Vol-1). AkiNik Publications; 2018. p. 61–86. doi : https://doi.org/10.22271/ed.book19a04 (Add DOI number in reference)