

Life Lesson Guide

for 4-6 years old

Hopekids Huddle Time (20 mins)

SCHOOL OF ROCK LESSON 1 - His Word ROCKS

Big Point: His Word Rocks

God's Word: Quiet Time (Psalms 1:1-3)

Memory Verse: Never stop reading this Book of the Law. Day and night you must think about what it says. Make sure you do everything written in it. Then things will go well with you. And you will have great success. (Joshua 1:8)

Life Question: How to make Quiet Time (spending time with God) our spiritual habit?

PURPOSE: To teach the application point of how to do QT and make it a habit.

Preacher: To focus on Psalm 1:1-3 → Try to expound on the WHAT AND WHY of Quiet Time → Make it a point to make it clear, 'WORD' in the big point refers to the bible

MATERIALS HIGHLIGHTED IN YELLOW ARE Prepared by Logistics and Prep Team
Huddle leaders prepare and ensure material in BLUE are ready
Preacher

BEFORE SESSION:

Logistics and Prep Team:	Huddle Leaders make sure all items are ready
1. Click here for Prep Sheet and Instructions	Items: 1. Physical Bible (Leaders' own) 2. Stationery 3. Character Printouts 4. Wooden Cross 5. Quiet Time Teaching Tool

Today's BIG POINT is? (Wait for kids) That's right, HIS WORD ROCKS! :D

And we are talking about the BIBLE (show physical bible), and today we are going to talk about this thing called QUIET TIMEEEEE. (Show Quiet time sign and give mysterious face!)

Okay, how many of you have a best friend?
Do you KNOW your best friend?

Can you say that you know and love your best friend if you only know ABOUT him/her?

NO! You can't!

You can only truly love your best friend if you KNOW him or her.

Let's take for example. I REALLY LIKE [SPIDERMAN/WONDERWOMAN](#).

But do I really know them? Do I have a real friendship with them?

No, I don't know them for real. I only know ABOUT them. Like Spiderman is actually a young man named Peter Parker who got bitten by a spider and became Spiderman. Wonder Woman is a superhuman princess named Diana. I read about that or watched that in the movies but I don't know them for real.

And how many of you know who is [David](#) who became King David? Yea, you hear his story in HopeKids, you watched videos about him, and how he defeated the Goliath as a boy with just a slingshot because he knew God was with him.

But you learnt ABOUT David, are you actually really friends with David?

No, David lived thousands of years ago.

Now, how about Jesus? Jesus lived thousands of years ago too. We learn a lot of things about Jesus, in HopeKids, at home... all of which are great, but are you having a **real friendship** with God?

Jesus is different from David because after he died on the cross did he stay dead? No! The cross we know is empty, because Jesus came back to life ([Show wooden cross](#)) He is alive and taken to heaven.

What we teach you in HopeKids is to help you know who Jesus is, but YOU need to know him yourself, like a friend.

But how to really know Jesus?

How many of you spend time with your best friend?

Yes, we all spend time with our best friend and it's the same with Jesus. We set aside time to spend with God EVERYDAY, and that is called QUIET TIME (USE QUIET TIME TEACHING TOOL- Show Page 1)

And this is how we do it!

Okay, quiet time is not a time to sleep or daydream (Show Page 2) , but it's a time when you do these things:

1. We pray, you talk to God (Show Page 3) make sure you already asked God to come into your heart.
2. BE QUIET TO LISTEN TO GOD, AND READ TO THE BIBLE (Show Page 4)– Most of us don't really hear God like how we hear from each other, but God owns the world and He can speak to us through ANYTHING, especially His Bible. The bible is not just any book, but it is a book written by the Holy

Spirit. God used obedient people who listened to the Holy Spirit and inspired them to write this book. The Bible is how God talks to us. He teaches, encourages, corrects and directs us in all of our days and the bible is one way He does that.

When we do that everyday, that's called QUIET TIME or DEVOTIONS. It's your own little time with God and you can do that anywhere (but of course not like during lesson time or when you are with your friend).

Do you think you will be good friends with Jesus if you only read His bible and pray once a year? No, right? You got to do your Quiet time EVERYDAY. It's a habit! Like how you talk to daddy or mummy everyday, how you brush your teeth and shower everyday.

Alright, let's pray! :D

Dear God, we thank You for Your Word, the BIBLE! We pray that we will learn to KNOW you more and more as a friend as we read the bible. Teach us YOUR love for people and teach us YOUR ways to live.. AMEN IN JESUS' NAME!

AFTER SESSION - Huddle Leaders To ensure:

1. Stationery is still available
 - a. Glue sticks/double sided tape
 - b. Colour pencils are sharpened
 - c. Sharpeners and scissors in working condition
 - d. Markers and pen have ink and still working
2. Pack all extra craft stuff neatly to be returned
3. Gather card cases and materials to be returned
4. Keep all Huddle Materials and place things to be returned in respective box file that's labelled "TO RETURN"