

## ***HOW TO STAY INFORMED***

- Website: [www.somerville.k12.ma.us/shs](http://www.somerville.k12.ma.us/shs)
- CCR Instagram: [somerville\\_collegecareer](https://www.instagram.com/somerville_collegecareer)
- Facebook: [www.facebook.com/SomervillePublicSchools](https://www.facebook.com/SomervillePublicSchools)
- Blackboard Connect5: District-wide voicemail/email messages
- Naviance
- Counseling, College and Career Newsletter



## ***COLLEGE AND CAREER READINESS at SHS***

SHS has three full time College & Career staff members who provide direct services to 11th and 12th grade students. The College & Career Readiness Team offers workshops, small group meetings, instructional videos, college admissions events, individual planning meetings and more. The CCR Team works very closely with the SHS School Counselors to provide maximum support for students.

## ***COMPREHENSIVE***

A comprehensive program specifically identifies what students should know and understand in order to enhance their academic, personal/social and career competencies.

## ***PREVENTATIVE***

School counseling programming seeks to identify predictable challenges and prepare students with the knowledge and skills necessary to navigate these challenges when they arise.

## ***DEVELOPMENTAL***

School counseling programming is designed and implemented with full awareness of the developmental needs of adolescence.

## **SOMERVILLE PUBLIC SCHOOLS NONDISCRIMINATION POLICY**

The Somerville Public Schools policy of nondiscrimination will extend to students, staff, the general public, and individuals with whom it does business; No person shall be excluded from or discriminated against in admission to a public school of any town or in obtaining the advantages, privileges, and courses of study of such public school on account of race, color, sex, gender identity, religion, national origin, sexual orientation or disability.

# **Somerville High School**

## ***School Counseling Department***



## ***What is counseling?***

*It is a professional relationship  
which empowers diverse individuals, families,  
and groups to accomplish mental health,  
wellness, education and career goals.*

*-American Counseling Association*

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## ***OUR SUPPORT SERVICES:***

Personal, Social & Emotional Support

Postsecondary Planning

Coordination of Services

Referrals to Community/School  
Resources

Crisis Intervention

Awards and Scholarships

Small and Large Group Meetings

Adjustment Counseling

The American School Counselors Association (ASCA) encourages school counselors to design and deliver a comprehensive school counseling program that promotes student achievement.

Academic Advising

Career Exploration

College Application Support

Collaboration and Consultation

Enrichment Opportunities

9th, 10th, 11th & 12<sup>th</sup> Grade  
Individual Meetings

Redirect/Bridge Programs

CCR Events

## ***OUR MISSION:***

*To facilitate the academic, personal/social and career development of all students through a School Counseling program that is comprehensive, preventative and developmentally appropriate.*

## ***CORE VALUES:***

Strengths-Based

Comprehensive

Developmental

Preventative

Proactive