

James Brown

238 broadway

New York

NY

United States

To

The HR Manager

XYZ Company

354 F 63rd Street

New York

NY 10022

United States

Subject- Pilates instructor Cover Letter

Dear

I am applying for the position of Pilates Instructor at Goucher College, and my qualifications match the requirements in your posting.

I am a Pilates Method Alliance certified instructor, and I completely understand the complex techniques used in this type of training. I also spent over [mention the number of years of experience] year as an assistant teacher, where I gained firsthand experience teaching the techniques to clients.

I understand how different positions affect the joints, muscles, and bones in the body because I have knowledge of anatomy. This allows me to ensure that the clients are

performing all of the techniques correctly, lowering the risk of injuries occurring during training.

I can instruct individuals or groups, and I have the knowledge and training to teach complex Pilates positions on both mats and equipment. I am also familiar with the various types of Pilates machines and can determine which method of instruction would be most effective for individual clients.

My phone number is [mention the contact number of the sender], and I hope to meet with you soon to discuss this position in greater depth and to discuss what I can offer your company.

James Brown

[Handwriting signature]

[Mention the contact details]

[Mention here, if there is any post note to be given]