

Go to File → Make A Copy to edit this worksheet

_____ 's Career Clarity Coaching Session Worksheet

****Please fill out this worksheet before our Clarity Coaching Session to get the most out of your session! Once you're done, **click "Share"** and send your filled out worksheet to me at **elizabeth@consciousfashion.co****

Sustainable Fashion Career Questionnaire

What is your situation right now?

E.g., Are you a student? Professional with 5 years experience? Business owner with 20 years of experience? Freelancer? Recent graduate? Are you working right now or taking a break/gap?

-

If you're currently employed, what is the position and organization?

-

Why do you want a career in the sustainable fashion industry?

-

What are the biggest challenges you're facing right now?

-

What types of jobs have you been applying for or work have you been pitching yourself for? What companies and organizations are you targeting?
(If none, you can leave blank.)

-

List out the top skills you have.

- 1.
- 2.
- 3.

What achievements are you most proud of?

- 1.
- 2.
- 3.

What is your educational background? (Degrees, courses, certificate programs, or anything else that comes to mind)

- 1.
- 2.

What do you enjoy doing? What lights you up? When do you feel like you're "in the flow"?

- 1.
- 2.

What activities do you NOT enjoy and do NOT want to do as part of your future sustainable fashion job?

For example: traveling for work, making cold calls, customer service, graphic design... whatever comes up for you!

- 1.
- 2.

What issues in the fashion industry bother you the most?

We know there are a LOT of issues in the fashion industry. But no single person is going to solve them all. While these issues all intersect, it will help you to have a focus area from which to start from, especially on a career search. Which issues are you most passionate about fixing? Exploitative labor conditions, low garment worker wages, unsafe factories, unfair buying practices, overproduction, overconsumption, textile waste during production, lack of authentic diversity and inclusion, cultural appropriation, toxic chemical use, fossil fuel dependence and climate impact, water and air pollution, animal cruelty, reliance on plastic fabrics, lack of traceability and transparency, greenwashing, size inclusion...

- 1.
- 2.
- 3.

What solutions are you most excited about for fixing those issues?

There are a lot of different approaches to fixing these issues. What solution(s) are you excited by? For example: resale and thrifting, circular design, post-consumer circularity strategies, labor legislation, responsible purchasing practices, blockchain technology, fair trade, regenerative farming practices, next-gen materials, slowing down consumption, pre-orders/made-to-order, slow fashion businesses, clothing care

- 1.
- 2.
- 3.

What would success look like to you?

-

If you could wave a magic wand, where would you want to be in 10 years in your career?

“Most people overestimate what they can achieve in a year and underestimate what they can achieve in ten years.”

-

What type of organization do you think you want to work for?

- ☐ NGO / Nonprofit (labor advocacy, environmental issues like textile waste and fashion's climate footprint)
- ☐ Sustainable fashion brand or retailer (includes secondhand)
- ☐ Manufacturer (next-gen materials, textile recycling, textile or garment production)
- ☐ Sustainability position at a traditional fashion brand, retailer, or manufacturing company
- ☐ Tech (secondhand sites and apps, Resale as a Service, other sustainable fashion apps)
- ☐ Consultancy (sustainable fashion-specific or at a general consultancy with a focus in sustainable fashion)
- ☐ I want to work independently for myself as a freelancer
- ☐ I want to build my own business and hire others

Where do you want to work? (You can name a location or write remote.)

-

Take a look at this Sustainable Fashion Job Title Examples list!

>> What roles stand out to you? Are there other roles outside of this list you might be interested in?

-

Fun Bonus (optional): [What's your Human Design?](#)

*You can also read how your human design [could play into your career here](#). Note: I always take these sorts of personality-related career guides with a grain of salt :) But I like how human design supports you in how you can succeed in your *approach* to work too.*