

Quiz Questions
Neglect & Trauma: The Lives of the Forgotten Children

1. What was the impact of emotional neglect and anxiety on the orphans?

- A) Excessive production of happy hormones
- B) Excessive production of stress hormones
- C) Increased creativity
- D) Enhanced emotional well-being

Correct answer: B) Excessive production of stress hormones

2. What was the impact of cognitive neglect on the orphans in Romanian institutions?

- A) Higher IQ scores
- B) Delayed language development
- C) Advanced cognitive thinking
- D) Enhanced creativity

Correct answer: B) Delayed language development

3. How did the supervisors control the orphans in the institutions?

- A) By giving them toys
- B) By providing them with basic nutrients
- C) By using violence
- D) By spending time with them

Correct answer: C) By using violence

4. What was the consequence of physical neglect and lack of basic nutrients on the orphans?

- A) Enhanced growth
- B) Stunted growth
- C) Physical fitness
- D) Healthy lifestyle

Correct answer: B) Stunted growth

5. What did the MRI scans of the Romanian orphans show?

- A) They had larger volumes of brain mass
- B) They had smaller volumes of brain mass
- C) They had no brain mass
- D) They had irregular brain mass

Correct answer: B) They had smaller volumes of brain mass

6. What theory explains the importance of establishing a loving relationship with at least one primary caregiver early in life?

- A) Attachment theory
- B) Cognitive theory
- C) Behavioral theory
- D) Learning theory

Correct answer: A) Attachment theory

7. What is the message for people who experienced neglect?

- A) It was their fault
- B) It was their parents' fault
- C) They should blame themselves
- D) It was not their fault

Correct answer: D) It was not their fault

8. Cognitive neglect can lead to delayed language development and lower IQ scores.

Correct answer: True

9. How did the experience of emotional neglect impact the children's understanding of love and human relationships?

- A) It has no impact
- B) It strengthens their understanding
- C) It distorts their understanding
- D) It creates a deeper sense of trust

Correct answer: C) It distorts their understanding

10. Neglect can cause the body to produce stress hormones that can be toxic for the developing brain.

Correct answer: True