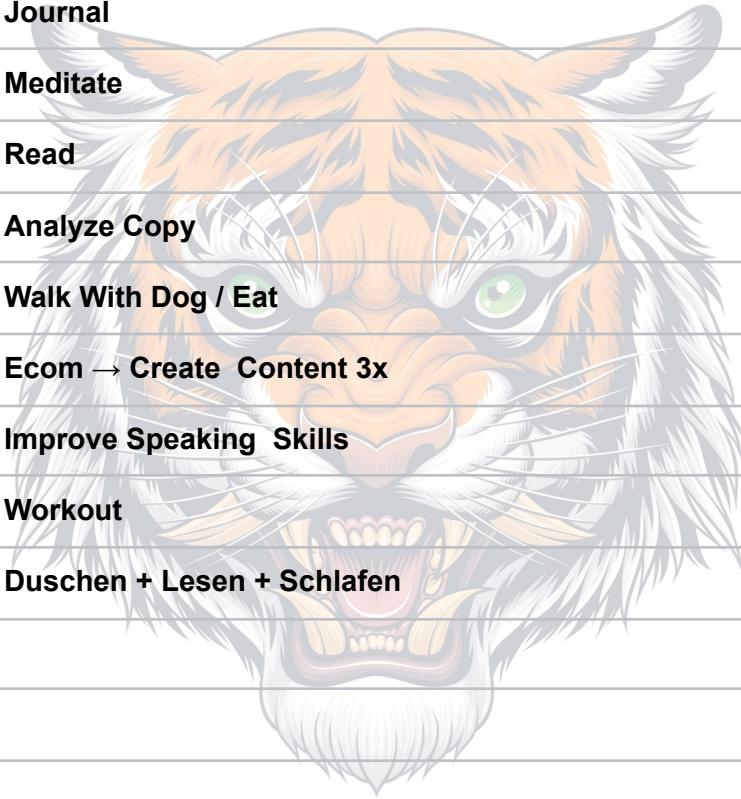


DAY 62

The Real War Mode Day Plan + Report.


	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓/	1	Push Ups
2. ✓/	1	Journal
3. ✓/	1	Meditate
4. ✓/	2	Read
5. ✓/	3	Analyze Copy
6. ✓/	2	Walk With Dog / Eat
7. ✓/	1	Ecom → Create Content 3x
8. ✓/	3	Improve Speaking Skills
9. ✓/	3	Workout
10. ✓/	3	Duschen + Lesen + Schlafen
11. ✓/✗	1	
12. ✓/✗	2	
13. ✓/✗	2	
14. ✓/✗	3	
15. ✓/✗	3	
16. ✓/✗	3	
17. ✓/✗	3	
18. ✓/✗	3	
19. ✓/✗	3	



Day Number: 59

Date: 17.06.2023

Start Of The Day - Time: 0600

	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	
2.	
3.	

[Track+Measure=Improve]

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

Ich handle ohne Einschränkungen meiner Fähigkeiten!

2. I Am Being All That I Can Be, Every Hour And Every Day!

Ich gebe alles, was ich kann, jede Stunde und jeden Tag!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

Jedes Wort, das ich sage, und jeder Gedanke, den ich denke, ist positiv!

4. I Am Being Enthusiastic About Completing Each Task!

Ich bin begeistert, jede Aufgabe abzuschließen!

5. I Am The Best Copywriter In The World!

The difference between a hero and an average person is that the

hero hangs in there, just 5 minutes longer.







So hang in there 5 minutes longer!







\$ 6 am: Task \$	30 Push Ups + Meditate + Read
🔔 Intention 🔔	Keep the Blood floating + calm my mind + collect knowledge
🖋 Reflection 🖋	







\$ 7 am: Task \$	Read + Analyze copy
🔔 Intention 🔔	Egal wie langweilig es auch sein mag. Tu es. Habe einen Skill, mit dem du Wert auf den Markt bringst.
🖋 Reflection 🖋	





\$ 8 am: Task \$	Analyze copy
🔔 Intention 🔔	Egal wie langweilig es auch sein mag. Tu es. Habe einen Skill, mit dem du Wert auf den Markt bringst.
🖋 Reflection 🖋	

\$ 9 am: Task \$	Walk with Dog 30 min + Eat 30 min
🔔 Intention 🔔	
🖋 Reflection 🖋	

 10 am: Task 	3x Ecom Content kreieren → TikTok
 Intention 	Konstant hochladen, das mein produkt viral geht
 Reflection 	

 11 am: Task 	Lesen
 Intention 	
 Reflection 	

 12 am: Task 	Lesen
 Intention 	
 Reflection 	

 1 pm: Task 	Improve Speaking Skills + Thinking Skills
 Intention 	<ul style="list-style-type: none"> - Learn Speaking - Learn Body Language - Geschichten erzählen und audio aufnehmen - 20 Fragen Übung von Arno - ...

 Reflection 	
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\$ 2 pm: Task \$	Marketing skills verbessern + essen
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 Intention 	
--	--

 Reflection 	
---	--

\$ 3 pm: Task \$	Perspektive gewinnen
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 Intention 	Journal Fragen schreiben Ziele aufschreiben Pläne aufschreiben
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 Reflection 	
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\$ 4 pm: Task \$	Workout
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 Intention 	
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 Reflection 	
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\$ 5 pm: Task \$	<ul style="list-style-type: none">- Workout /- Power Up Call /
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	- Eat
Intention	
Reflection	

\$ 6 pm: Task \$	Improve Marketing IQ
Intention	<ul style="list-style-type: none"> - Analyze Copy - TRW Videos
Reflection	



\$ 7 pm: Task \$	Improve Marketing IQ
Intention	<ul style="list-style-type: none"> - Analyze Copy - TRW Videos
Reflection	

\$ 8 pm: Task \$	Daily Notes + Braindump + War Mode Liste
Intention	
Reflection	

\$ 9 pm: Task \$	Duschen + Lesen + Schlafen
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 Intention 	
 Reflection 	



 **End-Of-The-Day Report:** 

 **What Did I Learn Today?** 

 **What Do I Plan To Do Differently Tomorrow?** 

 **What Do I Plan To Do The Same Tomorrow?** 

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

 **What Tasks Were Left Undone?** 

Brain Dump: