How we respond to	disclosures when others share their
	r good fortune is actually a predictor of the
	of a relationship than how we respond to
disclosures.	<u> </u>
	ologist Shelly Gable, we can classify our responses to
disclos	ures based on dimensions.
The first is the	- destructive dimension.
A constructive resp	onse is and may include a few positive
	esponse is discouraging and perhaps even demeaning.
The second dimens dimension.	on of responding is the
Active responding s	hows and
resn	onding is detached and indifferent.
resp	onang is detached and mamerent.
Active destructive	
An active destructive person's	e way to respond puts a on the other
Passive destructive	
A de	structive response displays indifference. This could involve
	contact, seemingly what was said, or
the	
tric	abject.
Passive constructiv	<u>e</u>
A passive	response involves little enthusiasm or
	m of an acknowledging or a
Active constructive	
	siasm and questions. It's about showing rest.