

Anti-Oppression

[White Rage: The Unspoken Truth of Our Nation's Divide](#)

[5 Signs Your Idea of 'Intersectionality' Is Anti-Black Racism In Disguise](#)

[Race to Lead Revisited: Obstacles and Opportunities in Addressing the Nonprofit Racial Leadership Gap](#)

[Moving from Allyship to Solidarity Articles](#)

[Journalists of Color Racial Equity Articles](#)

[What to read, listen to and watch to learn about institutional racism](#)

[The Anti-Racist Starter Pack: 40 TV Series, Documentaries, Movies, TED Talks, and Books to Add to Your List](#)

[Accomplices Not Allies: Abolishing the Ally Industrial Complex](#)

[United State of Women Anti-Racism Resource Hub](#)

[4 Ways White People Can Process Their Emotions Without Hijacking the Conversation on Racial Justice](#)

[White People: Reconnect to Our Spirit and Our Humanity to End White Supremacy](#)

[Ibram X. Kendi's An Antiracist Reading List](#)

[Rewire News Anti-Racism Resources](#)

[Anti-Racism Resources List from Aces Connection](#)

[Understanding Racism and its Connection to Sexual and Domestic Violence](#)

[Expanding our Frame: Deepening our demands for safety and healing for Black survivors of sexual violence](#)

[Does Your Organization Unconsciously Operate with a White Supremacy Culture? 4 White Supremacy Culture Scenarios](#)

[Lisa Cooper on Why the Racism Roiling America Is a Public Health Issue](#)

[Racial Equity Tools Core Concepts](#)

[A Call to Men Racial Justice Resource List](#)

[Talking About Race](#)

[NJCASA At the Intersections](#)

[Race Forward Racial Justice Trainings](#)

[Speak Up: Responding to Everyday Bigotry](#)

[11 Things To Do Besides Say 'This Has To Stop' In The Wake Of Police Brutality](#)

[Confronting White Supremacy](#)

[Black History Month Library](#)

[Beyond the Hashtag: How to Take Anti-Racist Action in Your Life](#)

[Social and Cultural Literacy Resources for Classrooms](#)

[75 Things White People Can Do for Racial Justice](#)

[Anti Racism Resources for White People](#)

[Stop Asking People Of Color To Explain Racism—Pick Up One Of These Books Instead](#)

[How to Be an Activist When You're Unable to Attend Protests](#)

[Dear White People, This is What We Want You to Do](#)

[Here's Why White Allies Can Get So Overwhelmed and Confused About What To Do Next About Racism](#)

[Thinking About Racial Disparities in COVID-19 Impacts Through a Science-Informed, Early Childhood Lens](#)

[Readings and Resources on Abolition and Reproductive Justice](#)

[Racial Equity Tools](#)

[COVID-19 - Racial Equity & Social Justice Resources](#)

[Information on LGBTQ+ Homelessness](#)

[Indigenous Peoples History Webinar](#)

[Wisconsin Board for People with Developmental Disabilities](#)

[Rights for People with Disabilities During COVID-19](#)

- [o Best Practices](#)
- [o Plain Language](#)

[Creating Autism-Friendly Events: A Provider Guide](#)

[The Radical Work of Healing: Fania and Angela Davis on a New Kind of Civil Rights Activism](#)

[Disproportionate racial impacts of COVID](#)

[The enchanting music of sign language | Christine Sun Kim](#)

[Social Media posts/campaign for anti-stigma around COVID-19](#)

[Hmong Resources for COVID-19 Response](#)

[5 Anti-Racist Actions for White People to Take During COVID — 19](#)

[The Danger of a Single Story, Chimamanda Ngozi Adichie](#)

Project Implicit

National Indigenous Women's Resource Center

- <https://www.niwrc.org/resources/special-collection-cultural-competencyhumility-ally-building-indian-country>
- <https://www.niwrc.org/resources/tillie-black-bear-women-are-sacred-day-care-all-action-be-good-relative>
- <https://www.niwrc.org/resources/women-are-sacred-exploring-women's-spirituality-indigenous-perspective>

What's My Complicity? Talking White Fragility With Robin DiAngelo

Healing Boys and Men Curricula

Racial Justice Equity Tools

New Toolkit Wants to Make Talking About Race Easier

1619 Project

- Full Issue
- Curricula, including reading guide

Racial Equity Tools, Becoming an Anti-Racist White Ally: How a White Affinity Group Can Help

Black Women and Sexual Violence

Creative Action for Equality

Teaching Tolerance - Using Podcasts to Teach about Social Justice

When Non-Disabled People Get Accommodations, Who Benefits? Things to Think About as We Work Remotely

Our Sexuality, Our Health: A Disabled Advocate's Guide to Relationships, Romance, Sexuality and Sexual Health

[Sexual Health Education for Young People with Disabilities](#)

[CREATING SAFETY BY ASKING What Makes People Vulnerable?](#)

[Safe Zone Project](#)

[Toolbox to Promote Healthy LGBT Youth](#)

[Pronouns Matter](#)

[Sexual Violence in Communities of Color](#)

[Supporting Lesbian, Gay, Bisexual, Transgender, and Queer Rural Sexual Violence Survivors](#)

[Power and Privilege Packet](#)

[Intersections of Sexual Violence](#)

[Anti-Racism is Fundamental to Sexual Assault Services](#)

[Where We Call Home: LGBT People of Color in Rural America](#)

[Where We Call Home: Transgender People in Rural America](#)

[Where We Call Home: LGBT People in Rural America](#)

[Creating Online Spaces for LGBTQ+ Youth](#)

[Raceworks by Stanford University](#)

Anti-Sexual Violence Specific Resources

[Sexual Assault Advocacy Manual](#)

[Serving Teen Survivors: A Manual for Advocates](#)

[Interactive Version of the Risk and Protective Factors Infographic](#)

[Sexual Violence Indicators Guide and Database](#)

[Social Determinants of Health](#)

[Digital Services Toolkit](#)

[Wisconsin Human Trafficking Protocol & Resource Manual](#)

[Teaching Tolerance Lesson Plan Learning for Disrupting Rape Culture](#)

[PCAR-NSVRC Campus Online Learning Modules](#)

[Awareness to Action, Childhood Sexual Abuse Curriculum Review](#)

[Calling All Family and Friends of Families Experiencing Violence at Home](#)

Medical Advocacy

[Patient Rights for Victims of Sexual Assault - Victim Accompaniment and Access to Emergency Contraception](#)

[Reproductive Health Needs for SA Survivors \(WCASA, 2018\)](#)

[Reproductive Health and Partner Violence Guidelines](#)

[Center for Reproductive Rights Fact Sheets](#)

[Assessing Patients for Sexual Violence](#)

[Wisconsin Alliance for Women's Health \(WIAWH\): Compassionate Care for Rape Victims Information, Compassionate Care for Rape Victims \(CCRV\) Toolkit](#)

Legal

[Restraining Orders for Sexual Assault Victims](#)

Wisconsin Prosecutor's Sexual Assault Reference Book (2009)

Wisconsin Adult Sexual Assault Team Protocol (2011)

Prevention

Child Sexual Abuse Prevention Opportunities: Parenting, Programs, and the Reduction of Risk

What Educators of Kids With Disabilities Can Do to Reduce Their Risks of Maltreatment

Evidence-Based Strategies in Violence Prevention Efforts

Protective Capacities and Protective Factors: Common Ground for Protecting Children and Strengthening Families

Promoting Protective Factors for Victims of Child Abuse and Neglect: A Guide for Practitioners

2019/2020 Prevention Resource Guide by the Children's Bureau and its Office on Child Abuse and Neglect

10 Core Concepts for Child Sexual Abuse Prevention

Social Norms Toolkit

- Normalization of Violence
- Gender Socialization
- Objectification & Sexualization
- Unhealthy Sexuality

Bystander Intervention

- Engaging Bystanders in Prevention
- NSVRC Tip Sheet
- Engaging bystanders to prevent sexual assault
- Bystander Intervention Resources

Veto Violence Tools and Trainings

[Veto Violence Prevention Information](#)

Assessment & Evaluation

[Listening to Our Communities: Assessment Toolkit](#)

[Program Evaluation: Knowing is Half the Battle](#)

Books

[A History Book That Isn't: Finding A Way To Teach Racism To A New Generation](#) Ibram X. Kendi

[10 Books by Black Women to Read During Times of Uncertainty](#)

[Yes Means Yes! Visions of Female Sexual Power and a World Without Rape](#)
(entire book is free to read)

[Free Internet Archive Sign-Up](#)

[An Indigenous People's History in the United States](#), by Roxanne Dunbar-Ortiz

[Between the World and Me](#), by Ta-Nehisi Coates

[Black on Both Sides: A Racial History of Trans Identity](#), by C. Riley Snorton

[Bodyminds Reimagined: \(Dis\)ability, Race, and Gender in Black Women's Speculative Fiction](#), by Sami Schalk

[The Color of Law: A Forgotten History of How Our Government Segregated America](#), by Richard Rothstein

[Daughters of Suburbia: Growing Up White, Middle Class, and Female](#), by Lorraine Kenny

[Eloquent Rage: A Black Feminist Finds Her Superpower](#), by Brittany Cooper

[Have Black Lives Ever Mattered?](#), by Mumia Abu Jamal

[How to be Anti-Racist](#), by Ibram X. Kendi

[Killing Rage](#), by bell hooks

[The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#), by Michelle Alexander

[On Intersectionality: Essential Writings](#), by Kimberle Crenshaw

[Racecraft: The Soul of Inequality in American Life](#), by Karen E. Fields + Barbara J. Fields

[Sister Outsider](#), by Audre Lourde

[Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do](#), by Claude M. Steele

[White Rage: The Unspoken Truth of Our Racial Divide](#), by Carol Anderson

[White Fragility: Why It's So Hard for White Folks to Talk About Racism](#), by Robin DiAngelo

[Why Are the Black Kids Sitting Together in the Cafeteria?](#), by Beverly Daniel Tatum

Group Facilitation

[Training For Change](#)

[National Mentoring Partnership](#)

[IPSV Support Group Guide: A Guide to Psychoeducational Support Groups for Survivors of Intimate Partner Sexual Violence](#)

Part of the Solution: Gender-Integrated Sexual Assault Support Groups

University of Michigan Inclusive Teaching Resources

Internet/WiFi

AT&T – Open hotspots, unlimited data to existing companies and \$10/month plans to low-income families

Charter – Free internet for 60 days for new K-12 and college student households

Comcast – Free Wi-Fi for 60 days to low-income families, and all Xfinity hotspots are free to the public during this time

Spectrum – Free internet service for 60 days to new customers

Sprint – Unlimited data to existing customers and all handsets can enable hotspots for 60 days at no extra charge

T-Mobile – Unlimited data to existing customers and all handsets can enable hotspots for 60 days at no extra charge

Verizon – No special offers, but the company is following Federal Communications Commission (FCC) agreements by waiving late fees and not disconnecting existing service

Miscellaneous

Time sensitive free research journal access

Youth Risk Behavior Survey

- Summary

Online Learning

[Free online resources for learning from Share My Lesson](#)

[Human Rights Campaign Foundation's Welcoming Schools provide a book and related activity](#)

[National Child Traumatic Stress Network](#)

[Online Learning Institute](#)

[Coursera courses online](#)

[Mind Tools](#)

[Wide Open School](#)

[Virtual Field Trips and Websites](#)

Self-Care/Support

[Workout from Home: Options for People with Disability and Chronic Health Conditions](#)

[Self-Care Tips for Black People Who Are Struggling With This Very Painful Week](#)

[Coronavirus Anxiety Workbook](#)

[Staying Emotionally Close In The Time of COVID-19](#)

[Brene Brown Podcast: Unlocking Us](#)

[Four Habits to Train Your Brain to Stop Worrying](#)

[Free Audible Books \(during COVID\)](#)

[Finding Child Care in Emergencies](#)

[Free online events and activities for kids](#)

[Community Wisdom on Sleep](#)

[Free resources for cultivating mindfulness & restoring calm \(may have to register for a free account\)](#)

[Planet Fitness is streaming live workouts for free on their Facebook page](#)

[Wear Your Voice free coloring book](#)

[Free Yoga](#)

[Massive List of Museums, Zoos, and Theme Parks Offering Virtual Tours](#)

[List of online events](#)

[Room To Heal \(yoga & music\) Sponsored By Diverse & Resilient](#)

[Sexual Assault Demonstration Initiative: Self-Care and Trauma Work](#)

[TIC Take Five: Fingerholds Technique for managing overwhelming emotions and stress](#)

[Building Cultures of Care: A Guide for Sexual Assault Services Programs](#)

[La Cultura De La Atención Integral](#)

Sex Positive Resources

[Sex & COVID-19](#)

Streaming

[New Day streaming documentaries for a limited time once you sign up](#)

Trauma-Informed Care

Preventing and Mitigating the Effects of Adverse Childhood Experiences

Transforming Trauma Episode 005: The Blind Spots of Privilege and Complex Trauma in Marginalized Communities with Claude Cayemite

Key Ingredients for Successful Trauma-Informed Care Implementation

Trauma-Informed Toolkit

Aces Connection, Helping children from going limbic

10 Ways to Avoid ACEs During a Pandemic

Listening to Survivors- Essential Steps for the Intake Process

Throw Away the Menu

Webinars

WCASA's YouTube page with recorded webinars

Maryland Coalition Against Sexual Assault Online Learning Library

End Violence Against Women International Webinar Archive

Health Literacy Webinars

National Healthy Masculinity Series:

- <https://www.youtube.com/watch?v=33ITFkW4iuw>
- <https://www.youtube.com/watch?v=WWuKzIGkr3I>

Public Health Series on Crisis Management:

- <https://www.phlearningnavigator.org/training/dont-panic-principles-crisis-and-risk-communication-scenario?src=search>
- <https://www.phlearningnavigator.org/training/decision-making-emergency-preparedness?src=search>
- <https://www.phlearningnavigator.org/training/cultural-competency-program-disaster-preparedness-and-crisis-response?src=search>
- <https://www.phlearningnavigator.org/training/managing-change-emergency-preparedness?src=search>

Prevent Connect

Wisconsin Child Abuse Network

Building Community Resilience

Prevention: Collaborating Across an Entire State

Prevention

Wisconsin Department of Justice SANE Program Time: 45

Compassionate Care for Rape Victims (CCRV) Time: 45

Supporting Multilingual and Bicultural Rural Advocates Time: 1:17

Serving Sexual Violence Survivors with Disabilities Time: 1:22

Getting to Know the Whole Survivor: Orientation Strategies Time: 1:32

Part of the Solution: Gender-Integrated Sexual Assault Support Groups Time: 1:16

Creating and Maintaining a Support Group in a Rural Community Time: 1:15

List of Webinars Serving Survivors while Incarcerated Times: 1-1:30

Mapping It Out: Providing Victim Services for Incarcerated Survivors

Help is on the Line: Providing Hotline Services for Incarcerated Survivors
Who's in There? Demystifying Incarcerated Survivors
It Can Happen Anywhere: Responding to Sexual Abuse in Small, Rural Jails

Uniquely Rural: Creating Effective Campaigns about Sexual Assault Time: 1:30

Expanding Community Involvement in Rural Communities Time: 1:18

Meeting the Needs of Sexual Violence Survivors in Shelter Time: 1:30

Surviving & Thriving: Supporting Teens After Sexual Abuse Time: 1:26

Serving Our Whole Community: Welcoming Male Survivors Time: 1:25

One Size Does Not Fit All: Serving Culturally Diverse Survivors with Disabilities Time:
1:25

It's My Prerogative: Consent and Healthy Sexuality for People with Disabilities Time:
1:30

Rural Resilience: Addressing Sexual Abuse in Later Life Time: 1:17

NSVRC YouTube Channel

Teaching Tolerance On Demand Webinars

Preventing Adverse Childhood Experiences

Prevent Connect Webinars

PCAR & NSVRC Online Learning Modules: create a free account to access

Removing Barriers Following Sexual Assault: Sexual Assault Forensic Exams for
Survivors with Disabilities